

This author's accepted manuscript may be used for non-commercial purposes in accordance with [Wiley Terms and Conditions for Self-Archiving](#).

The full details of the published version of the article are as follows:

TITLE: Epidemiology, clinical management, and outcomes of dogs involved in road traffic accidents in the United Kingdom (2009–2014)

AUTHORS: Harris, G. L., Brodbelt, D., Church, D. , Humm, K. , McGreevy, P. D., Thomson, P. C. and O'Neill, D.

JOURNAL: Journal of Veterinary Emergency and Critical Care

PUBLISHER: Wiley

PUBLICATION DATE: 6 March 2018 (online)

DOI: <https://doi.org/10.1111/vec.12704>

1 **Road Traffic Accidents (RTA) in dogs in the UK: epidemiology, clinical management**
2 **and outcomes**

3 **Authors:**

4 Georgina Harris*

5 BVetMed MRCVS

6 Department of Veterinary Sciences and Services

7 The Royal Veterinary College

8 Hawkshead Lane

9 North Mymms

10 Hatfield

11 AL97TA

12

13 Dr Dave Brodbelt

14 MA VetMB PhD DVA DipECVAA MRCVS

15 The Royal Veterinary College

16 Hawkshead Lane

17 North Mymms

18 Hatfield

19 Herts AL9 7TA

20

21 Professor David Church

22 BVSc PhD MACVSc MRCVS

23 Department of Veterinary Sciences and Services

24 The Royal Veterinary College

25 Hawkshead Lane

26 North Mymms

27 Hatfield

28 Herts AL9 7TA

29

30 Karen Humm
31 MA VetMB CertVA DACVECC DipECVECC FHEA MRCVS
32 Department of Veterinary Sciences and Services
33 The Royal Veterinary College
34 Hawkshead Lane
35 North Mymms
36 Hatfield
37 Herts AL9 7TA
38
39 Professor Paul D. McGreevy
40 BVSc PhD MACVSc MRCVS
41 R.M.C. Gunn Building (B19),
42 Faculty of Veterinary Science,
43 The University of Sydney, NSW 2006
44
45 Assoc. Professor Peter C. Thomson
46 BSc MSc MAppStat PhD
47 R.M.C. Gunn Building (B19),
48 Faculty of Veterinary Science,
49 The University of Sydney, NSW 2006
50
51
52 Dr Dan O'Neill*
53 MVB BSc(hons) GPCert(SAP) GPCert(FelP) GPCert(Derm) GPCert(B&PS) MSc(VetEpi)
54 PhD MRCVS
55 The Royal Veterinary College
56 Hawkshead Lane
57 North Mymms
58 Hatfield
59 Herts AL9 7TA

60 **Corresponding author address and email address:**

61 Georgina Harris,

62 The Stable House

63 London Colney

64 AL2 1BU

65 Gharris@rvc.ac.uk

66

67 **Disclosure Statement**

68

69 The authors declare no conflict of interest

70

71 **Key Words**

72 Trauma, Clinical Epidemiology, Small Animal Critical Care

73

74 **Abstract**

75

76 This study aims to estimate the prevalence and risk factors for road traffic accidents (RTA)

77 and describe the management and outcome of RTA's in dogs attending primary-care

78 veterinary practices in the UK.

79

80 Electronic-patient-records of dogs attending practices participating in

81 the VetCompass Programme were assessed against selection criteria used to define RTA

82 cases. The study population included 199,464 dogs attending 115 primary-care clinics across

83 England. RTA cases were identified and manually verified to calculate

84 prevalence. Univariable and multivariable logistic regression methods were used to evaluate

85 associations between risk factors and RTA.

86

87 RTA prevalence was 0.41%. Of the RTA cases, 615 (74.9%) were purebred, 322 (39.2%)

88 were female, and 285 (54.8%) were insured. The median age at RTA was 2.5 years. After

89 accounting for the effects of other factors, younger dogs had increased odds of an RTA

90 event: dogs aged under three years showed 2.9 times the odds and dogs aged between six

91 and nine years showed 1.8 times the odds of an RTA event compared with dogs aged over

92 14 years. Males had 1.4 times the odds of an RTA event compared with females. Overall,

93 22.9% of cases died from a cause associated with RTA. Of dogs with information available,

94 34.0% underwent diagnostic imaging, 29.4% received intravenous fluid-therapy, 71.1%

95 received pain relief, 46.0% were hospitalised and 15.6% had surgery performed under

96 general anaesthetic.

97

98 This study identified important demographic factors associated with RTA in dogs, notably

99 being young and male. This information can assist preventive action by highlighting dogs

100 most at risk

- 101 **Abbreviation list**
- 102
- 103 RTA – Road traffic accident
- 104 MVA - Motor vehicle accident
- 105 UK – United Kingdom
- 106 EPR - (electronic patient record)
- 107 PMS - practice management systems
- 108 SQL - structured query language
- 109 CI - confidence intervals
- 110 RTC – road traffic collision
- 111 IQR - interquartile range
- 112 NSAIDS – non-steroidal anti-inflammatory drugs
- 113
- 114

115 **Introduction**

116 Road traffic accident (RTA) also known as motor vehicle accident (MVA) is one of the most
117 common causes of blunt trauma in dogs ¹. Previous evidence has identified RTA as the fourth
118 most common cause of death in dogs under three years of age, with 12.7% of deaths in young
119 dogs occurring from RTA ². RTA has also been reported to be the cause of 55% of head trauma
120 cases in dogs ³. As well as the substantial welfare impact on affected animals, canine RTA
121 events can also impose large financial and emotional strain on owners ⁴. Despite this, the
122 prevalence of RTA in dogs in the UK is unknown and risk factors for involvement in RTAs, such
123 as breed and age, have not been described. Therefore, although epidemiologic information has
124 been shown to be important for prevention, diagnosis, and management in many other disease
125 processes, any potential in relation to RTA is unclear.

126

127 By contrast, in cats, 12.2% of deaths in cats of all ages and 47.3% of deaths in cats aged under
128 5 years are reported as being due to trauma ⁵ and 60% of these trauma-related deaths are
129 reported to be from RTA.

130

131 A previous study examining cruciate disease proposed that younger dogs are more likely than
132 older dogs to be involved in an RTA ⁶, but this has not been investigated in a wider RTA patient
133 population. Similarly, dogs suffering from RTA-induced cruciate disease were more likely to be
134 male ⁷ but whether this was due to inherent differences in cruciate ligament between the sexes
135 or due to increased prevalence of males in RTAs is unknown. The authors are unaware of any
136 other previous literature on the effect of breed or sex on canine RTA prevalence.

137

138 Several previous canine trauma studies have been performed in referral hospital settings in the
139 USA, with reported survival proportions from 86 and 91.1% reported ^{1, 8}. One canine trauma
140 study based on referral data reported an 88% survival from blunt trauma and that RTA
141 represented 91.1% of trauma cases ¹. Two studies from the 1970s at the University of
142 Pennsylvania showed a fatality rate following an RTA between 12-12.5% ^{9, 10}. However, it is
143 unknown whether these survival data can be generalised to the UK dog population. On the
144 one hand, survival may be higher in animals attending referral centres due to greater financial

145 outlay by owners, and increased availability of equipment and resources (such as advanced
146 diagnostic imaging modalities), products (such as blood products) and specialist personnel but,
147 conversely, if only those cases with a more concerning presentation are referred, this could
148 lead to a lower survival rate of RTA in referral practices. To reduce these biases and
149 uncertainties, the current study uses clinical data from UK primary-care veterinary practices
150 participating in the VetCompass Programme, which should give results that are more
151 generalizable to the wider canine population.

152

153 The study aimed to report the prevalence of RTA and to evaluate purebred status, breed, sex,
154 bodyweight, age, and insurance status as risk factors for the occurrence of RTA and to describe
155 the clinical management and outcomes of affected dogs. It was hypothesized that younger dogs
156 and male dogs were at increased risk of RTA compared to older dogs and female dogs
157 respectively.^{12, 11.}

158

159

160

161 **Materials and methods**

162

163 Ethics approval for this study was granted by the RVC Ethics and Welfare Committee
164 (reference number 2014 0120H).

165

166 The VetCompass Programme collates de-identified EPR (electronic patient record) data from
167 primary-care veterinary practices in the UK for epidemiological research ^{6, 7 12}. Participating
168 practices can record summary diagnosis terms from an embedded standard nomenclature, the
169 VeNom codes ¹³ at episodes of clinical care. EPR data were extracted from the practice
170 management systems (PMS) using integrated clinical queries ¹⁴ and uploaded to a secure
171 structured query language (SQL) database. Information available to the study included patient
172 demographic (animal identification number, species, breed, date of birth, sex, neuter status,
173 insurance status, and bodyweight) and clinical information (free-form text clinical notes, VeNom
174 summary diagnosis terms and treatment, with relevant dates).

175

176 The study used a cross-sectional design on cohort data for risk estimation and risk factor
177 analysis. The study-sampling frame included all dogs with at least one EPR (summary
178 diagnosis term, clinical note, bodyweight or treatment) recorded within the VetCompass
179 database from September 1st, 2009 to August 31, 2014. Sample size calculations estimated
180 that a cross-sectional study would require 16,608 males and 16,608 females to identify an effect
181 with an odds ratio of 1.5 or greater, a confidence interval (CI) of 95%, and power 80% when
182 the ratio of exposed-to-unexposed was 1:1 and 0.5% of the unexposed animals were estimated
183 to have an RTA outcome ¹⁵.

184

185 The case definition for an RTA case required that the EPR recorded an occurrence of an RTA
186 event (or synonym) in a dog presenting to the practice. Potential RTA cases were identified
187 from the overall VetCompass database by searching the clinical free-text and VeNom Code
188 fields using multiple search terms: *hit by car, hit by a car, RTA, road traffic, ran over, run over,*
189 *knocked over, knocked by, motorcycle, motorbike, lorry, truck, bus, vehicle collision, RTC, road*
190 *traffic collision*. All potential cases identified from this preliminary search were aggregated and

191 manually evaluated against the RTA case definition. All dogs from the study dataset that were
192 not classified as RTA cases were included in the analyses as non-RTA animals.

193 The full clinical notes recorded during the study period for each confirmed RTA case dog were
194 manually reviewed to extract data on additional study questions of interest relating to the RTA
195 events. Further data extraction covered date of diagnosis, presented dead or alive, diagnostic
196 imaging, treatment given, hospitalisation, surgery, and referral for secondary-care treatment.
197 Data were also extracted on whether the patient died during the study and if so, the date of
198 death, the method of death, and whether the death was associated with the RTA event. No dog
199 in the study had more than one RTA event.

200 A binary *purebred* variable grouped all dogs recorded as a recognisable breed ¹⁶ as
201 'purebred' and all other dogs as 'crossbred'. A *breed* variable included any specific breeds
202 with 10 or more RTA cases, any remaining breeds from the 14 most common breeds in the
203 study overall, a grouped category of all remaining purebred dogs and a general grouping of
204 crossbred dogs. *Neuter* described the neuter status recorded at the final EPR. *Insurance*
205 described whether a dog was insured at any point during the study period. The age value
206 described the age at the date of the RTA event for cases and the age at the midpoint
207 between the dates of the first and final EPRs recorded during the study period for all other
208 dogs. Age (years) was categorized into six groups (< 3.0, 3.0-5.9, 6.0-8.9, 9.0-11.9, ≥ 12.0,
209 not recorded). *Actual bodyweight* (kilograms) described the maximum bodyweight recorded
210 during the study period for dogs older than nine months and was categorised into six groups
211 (0.0-9.9 kg, 10.0-19.9 kg, 20.0-29.9 kg, 30.0-39.9 kg, ≥ 40.0 kg, not recorded). The mean
212 bodyweight of dogs older than nine months was calculated for each breed in the study. Each
213 dog with a recorded bodyweight was then characterised as being either below or equal/above
214 the mean bodyweight for its breed. This *breed-relative bodyweight* variable allowed the effect
215 of variation of body weight within breeds to be assessed. The time contributed to the study for
216 each dog described during the period from the dates of the earliest to the latest EPR.

217

218 Study data were exported from the VetCompass database to a spreadsheet (Microsoft Office
219 Excel 2007, Microsoft Corp.) for checking and cleaning before further export to Stata Version

220 11.2 (Stata Corporation) for statistical analyses. Disorder prevalence values were estimated,
221 with 95% confidence intervals (CI) based on approximation to the normal distribution d
222 ¹⁷. Demographic results were reported separately for the RTA and the non-RTA dogs. Risk
223 factor analysis evaluated all demographic risk factors using univariable logistic regression;
224 factors with a P-value < 0.20 were further evaluated using multivariable logistic regression.
225 Because breed was a factor of primary interest for the study, *purebred* (collinear with breed)
226 and absolute bodyweight (a defining characteristic of individual breeds) were excluded from
227 multivariable modelling but univariable analysis results were reported. Model-building used
228 manual backwards elimination. All eliminated factors were re-evaluated for confounding
229 effects within the provisional-final model. Interactions between all final model variables were
230 assessed to identify biologically important pairwise interactions. Clustering in the final model
231 was evaluated using the clinic attended as a random effect ¹⁸. Model-fit diagnostics were
232 evaluated ¹⁹. The threshold for statistical significance was set at P = 0.05.

233 Results

234

235 The overall study population comprised 199,464 dogs attending 115 primary-care clinics across
236 central and south-eastern England. From these, 822 RTA cases were identified, yielding a
237 prevalence of 0.41% (95% confidence interval (CI): 0.38-0.44). The median time contributed to
238 the study per dog from the date of the earliest to the latest EPR was 0.6 years (interquartile
239 range (IQR): 0.0-2.2, range: 0.0-5.0). Data completion varied between the variables assessed:
240 breed 99.9%, sex 99.6%, neuter status 43.4%, insurance status 55.6%, age 99.9%, and
241 bodyweight 65.3%.

242

243 Of the RTA cases with information available, 615 (74.9%) were purebred, 322 (39.2%) were
244 female, 296 (83.4%) were neutered, and 285 (54.8%) were insured. The median bodyweight
245 was 17.0 (IQR: 9.1-26.9, range: 2.0-70.0) kg and the median age at diagnosis was 2.5 (IQR:
246 1.1-5.5, range: 0.0-17.0) years (Figure 1). The most common breeds recorded with an RTA
247 event were Staffordshire Bull Terrier (87, 10.6%), Labrador Retriever (74, 9.0%), Jack Russell
248 Terrier (66, 8.0%), and Cocker Spaniel (32, 3.9%), along with crossbreds (206, 25.1%). The
249 breeds with the highest inbreed prevalence of RTA were; Beagle (0.67%), Staffordshire Bull
250 Terrier (0.56%), and Grey Hounds (0.52%).

251 Of the non-RTA dogs, 154,519 (77.8%) were purebred, 94,741 (47.9%) were female, 70,721
252 (82.1%) were neutered, and 47,200 (42.7%) were insured. The median bodyweight was 17.8
253 (IQR: 9.2-28.8, range: 0.68-109.0) kg and the median age was 4.0 (IQR: 1.3-8.1, range: 0.0-
254 30.8) years. The most common breeds without a recorded RTA event were Labrador
255 Retriever (17,031, 8.6%), Staffordshire Bull Terrier (15,454, 7.8%), Jack Russell Terrier
256 (12,774, 6.4%), and Cocker Spaniel (7,368, 3.7%) along with crossbreds (44,000, 22.2%).

257 Information on clinical management was available on all 715 dogs that presented alive for
258 veterinary care. Of these, 279 (38.5%) underwent diagnostic imaging, 241 (33.7%) received
259 intravenous fluid therapy, 584 (80.6%) received therapeutic pain relief, 378 (52.9%) were
260 hospitalised, 128 (17.9%) had surgery performed under a general anaesthetic, and 55 (7.7%)
261 were referred for advanced clinical management (Table 3).

262 Overall, 188 of 821 (22.9%) RTA cases with information available died from a cause related to
263 the RTA event. Indeed, 106 (12.9%) dogs were dead at presentation. Of the 715 dogs
264 presented alive following RTA, 71 (9.9%) died during the study period from a cause
265 associated with the RTA event, with a median time to death of 0.0 days (IQR: 0.0-0.0, range:
266 0.0-5.0) from the date of the RTA event. Of these deaths, 48 (67.6%) were by euthanasia, 22
267 (31.0%) were unassisted and 1 (1.4%) did not have the mechanism of death recorded. Of
268 those animals that were referred follow up was available on survival and this was included in
269 the main statistical analysis. Of those dogs alive at clinical presentation, insurance status was
270 not significantly associated with the probability of death related to the RTA event ($P = 0.332$).

271 Univariable logistic regression modelling identified seven variables with liberally significant (P
272 < 0.20) association with an RTA event: purebred status, breed, actual bodyweight, breed-
273 relative bodyweight, age category, sex and insurance status (Table 2a and b). Following
274 evaluation using multivariable regression, the final model comprised four risk factors: breed,
275 age category, sex and insurance status. No biologically significant interactions were identified.
276 The final model was improved by inclusion of the clinic attended as a random effect ($P < 0.001$,
277 $\rho = 0.073$, indicating that the clinic attended accounted for 7.3% of variation). The final non-
278 clustered model showed acceptable discrimination (area under the ROC curve: 0.648). The
279 Hosmer-Lemeshow test did not indicate poor model fit ($P = 0.088$).

280 Using a threshold for statistical significance set at $P = 0.05$, the univariable results did not
281 identify that purebred status was significantly associated with an RTA outcome ($P = 0.116$).
282 However, the univariable results did indicate that dogs weighing under 30 kg had higher odds
283 of RTA compared with dogs weighing over 40 kg. After multivariable analysis that accounted
284 for the effects of the other variables evaluated, no breeds showed increased odds of an RTA
285 compared with crossbred dogs but three breeds showed reduced odds: Golden Retriever (OR:
286 0.2, 95% confidence interval (CI) 0.1-0.7, $P = 0.006$), Shih-tzu (OR: 0.5, 95% CI 0.2-0.9, $P =$
287 0.030), and West Highland White Terrier (OR: 0.4, 95% CI 0.2-0.8, $P = 0.015$).

288 Younger dogs had increased odds of an RTA event: dogs aged under three years showed 2.9
289 (95% CI 2.1-4.2, $P < 0.001$) times the odds and dogs aged between six and nine years showed
290 1.8 (95% CI 1.2-2.7, $P = 0.002$) times the odds of an RTA event compared with dogs aged over

291 14 years. Males had 1.4 (95% CI 1.2-1.6, $P < 0.001$) times the odds of an RTA event compared
292 with females. Neuter status was not associated with the probability of an RTA event for either
293 females ($P = 0.364$) or males ($P = 0.701$).

294 Insured dogs had 1.5 (95% CI 1.2-1.8, $P < 0.001$) times the odds of an RTA event compared
295 with uninsured dogs (Table 4). Of those dogs alive at clinical presentation, insurance status
296 was not significantly associated with the probability of referral ($P = 0.053$).

297

298 Discussion

299

300 This study, the first major exploration of RTA in dogs attending primary-care veterinary
301 practices in England, reports a prevalence of 0.41%. It confirms that RTA is one of the major
302 disorders in dogs, having a similar prevalence to other common disorders such as epilepsy
303 (prevalence 0.62%),¹⁴ cranial cruciate disease (0.56%),²⁰ chronic kidney disease (0.37%),²¹
304 and diabetes mellitus (0.34%)²¹.

305

306 This study also identified age, sex, and insurance status as significant risk factors for RTA.
307 Although no breed was found to be predisposed to RTA, the study revealed that the Golden
308 Retriever, West Highland White Terrier, and Shih-Tzu were at lower risk of RTA when
309 compared with crossbreds. Breed predisposition has been reported for many disease
310 processes^{22, 23} and genetic influences are often hypothesised. The current finding could
311 suggest increased owner-compliance within these breeds, with the dogs possibly being more
312 responsive to owner control. In support of this theory, Golden Retrievers are reported to be
313 underrepresented for behavioural problems²⁴ and it is acknowledged that compliant dogs are
314 easier to recall from traffic²⁵. Alternatively, low risk breeds may even be more problematic to
315 train and owners may elect to keep them leashed in public. A third possibility is that the
316 protected breeds may be more likely to be owned by people who simply take fewer risks and
317 therefore keep them restrained, The low-risk breeds in the current study are not among those
318 breeds with a strong tendency to chase²⁶ so they may be easier to manage in public.

319

320 The breeds with the highest inbreed prevalence of RTA were; Beagle (0.67%), Staffordshire
321 Bull Terrier (0.56%), and Grey Hounds (0.52%). The breed predispositions reported here could
322 simply reflect the use of leashes. Leash use is likely to reflect a breed's inclination to depart
323 from the owner (because of distracting or enticing stimuli), tendency to remain with the owner
324 (because of attachment or trainability) or relative lack of excitability²⁵. So, some breeds (notably
325 the sighthounds) are predisposed to chase and others are excitable are therefore more likely
326 to be restrained in public while others (such as the retrievers) are more trainable and thus may
327 be easier to recall.²⁶

328

329 In support of the study hypothesis, the current study identified younger age as a risk factor for
330 RTA, with dogs aged under three years having 2.9 times the odds of an RTA event compared
331 with dogs aged over 14 years. This is consistent with data from previous studies in both dogs
332 and cats ^{2, 5, 9, 10}. Older dogs may be less vulnerable to RTA because they are less active, have
333 accumulated more training or perhaps have concurrent medical conditions resulting in reduced
334 athleticism. Also, younger dogs have been reported to show increased straying tendencies and
335 activity levels ²⁷. The mean age for presentation to a behaviourist for any cause has been
336 reported as 3.7 years ²⁴. These figures suggest that age as a risk factor for RTA may be due, at
337 least in part, to behavioral problems. Though the current data did not capture what the animal
338 was doing at the time of RTA, it would be useful if future studies could address this, as
339 concurrent behaviour may be a significant risk factor to RTA. The predisposition of younger
340 dogs to RTA events suggests the value of better road safety training and education for both
341 owners and dogs during the early lives of dogs.

342 As hypothesised, this study also identified that males had 1.4 times the odds of an RTA event
343 compared with females. Compared to 60.8% of males affected in the current study, a 2009
344 American referral study of 239 dogs involved in RTAs found that 53% were male but did not
345 assess this figure for statistical significance ⁸. The 2009 study did not compare the RTA dogs
346 to the general hospital population which in this study was found to be 52.1% male. Clearly, the
347 populations studied differ in terms of country (USA compared with UK in the current study) and
348 case numbers (239 dogs compared with 822 in the current study). Possible explanations for
349 male predisposition to RTA are unclear. Male dogs have been reported to be predisposed to
350 behavioural problems ²⁴ which may reflect poor training and recall, and this may lead to
351 increased RTA risk²⁸ in addition, it has also been reported that male dogs have a greater
352 tendency to stray ²⁷. However, the results of the current study showed that neutering did not
353 increase the probability of an RTA, suggesting limited hormonal influences on RTA risk.

354 The current study revealed that insured animals had 1.5 times the odds of RTA compared with
355 uninsured animals. It is possible that insured animals are more likely to be presented for
356 veterinary care following an RTA event because of inherent differences between the owners of
357 insured and uninsured dogs or because the owners of insured dogs perceive fewer financial
358 constraints when considering veterinary treatment²⁹. However, the study design, which

359 considered any dog as having 'insurance status' if it had veterinary insurance at any point
360 during the study period. So, it is also possible that some RTA cases became insured following
361 their RTA event because owners were aware of the future risk of RTA to their animal and the
362 potential financial implications of this, or any other disease process requiring veterinary
363 treatment.

364 Of the dogs that presented alive analgesia was not administered to 47.1% of RTA dogs in this
365 study. This may be due to minimal trauma in these dogs. However, concerns that adequate
366 analgesia is not provided for dogs by veterinary surgeons have been raised in previous studies
367 ^{30, 31} and it is also well accepted that recognition of pain in dogs can be difficult ³². This has led
368 to the development of pain scoring systems, such as the short form Glasgow composite
369 measure pain scale³². Increased utilisation of these systems may be beneficial to improve case
370 management in canine RTA, although it is recognised that there can be significant variation
371 between assessors³³. In addition, when analgesia was provided, NSAID administration was
372 common. Cardiovascular instability due to blood loss can be seen in trauma patients, and this
373 may not be readily apparent initially. Therefore, NSAID use may be best avoided in these
374 patients on presentation. It is unknown in the study at what point these drugs were admitted,
375 but given the high percentage of patients that were not hospitalised, it is likely many dogs were
376 given NSAIDs very soon after RTA.

377 Diagnostic imaging was utilised in 38.5% of RTA cases that presented alive in this study, with
378 radiography being the predominant modality. In human medicine, ultrasonography is the
379 method of choice for abdominal blunt trauma but, despite its usefulness being shown for RTA-
380 affected dogs³⁴, it was used to assess only 8.6% of cases in the current study. This low level
381 of use may reflect lack of access to ultrasonography machines or limited confidence by
382 clinicians in the interpretation of their output. The focussed assessment with sonography for
383 trauma (FAST) method for canine trauma patients has been described and is claimed to be
384 highly sensitive and specific for the detection of peritoneal, pleural, and pericardial fluid, as well
385 as pneumothorax by veterinary surgeons with little ultrasonographic experience³⁵. This non-
386 invasive test may aid clinical decision-making in the early stages of the case-management
387 process.

388 Human trauma survival rates vary depending on the trauma type, but a bimodal pattern of
389 survival has been reported showing two peaks in mortality; the first is field-based immediately
390 following the trauma event with a second hospital-based peak soon after admission³⁶. In the
391 current study, 22.9% of the overall RTA cases died due to their RTA event, i.e. the overall
392 survival rate was 77.1%. However, for dogs presented alive to the veterinary practice, the
393 survival rate was 90.1%. Those dogs that died after presentation, generally died very quickly,
394 whether due to euthanasia or unassisted death, with the median time to death of 0 days being
395 consistent with findings in human trauma patients³⁶. Similar survival rates after trauma have
396 been reported in other studies from veterinary referral hospitals^{8, 11}.

397 As with all retrospective analyses, there were some limitations to this study. Data were lacking
398 in some areas due to incomplete records but the high number of cases in the study allowed
399 strong statistical findings to be identified. Inclusion in this study relied on an RTA being
400 witnessed or strongly suspected, which meant that some cases may have been unrecognised
401 or conversely may have been falsely recorded as RTA. In addition, some minor RTA events
402 which the owner deemed were unworthy of veterinary attention or some fatal RTA events may
403 not have been reported to their veterinary practice and therefore not recorded on the veterinary
404 PMS.

405 When considering the survival rate of dogs involved in RTAs, it is important to note that two-
406 thirds of the dogs that initially presented alive but later died were euthanized and that the
407 decision-making process for these assisted deaths was not evaluated in the current study.
408 Although poor prognosis was likely a major factor in these decisions, it is also likely that other
409 considerations such as ethical, financial and welfare factors and the concept of animal suffering
410 would also contributed to the final decision.

411 Due to the limitations of the study and anonymous nature of data collection information such
412 as postcode was not available. This information would be useful when looking at demographics
413 such as urban and rural populations and how this affects odds of an RTA event.

414 This study is the first to report the prevalence of canine RTA in primary-care veterinary practices
415 in the UK and revealed RTA to be a relatively common presentation. Younger animals and
416 male dogs were predisposed to RTA and certain breeds were protected from an RTA event.

417 Diagnostic imaging, and particularly ultrasonography, may be under-utilised in this population
418 and administration of analgesia was lower than might be expected. These findings can be used
419 by clinicians to benchmark case management and possibly to inform better preventive and
420 clinical management strategies.

421

422 .

423

424 **Acknowledgments**

425

426 Thanks to Peter Dron (RVC) for VetCompass database development and Noel Kennedy (RVC)
427 for software and programming development. We acknowledge the Medivet Veterinary
428 Partnership, Vets4Pets, Blythwood Vets, Vets Now and the other UK practices who collaborate
429 in VetCompass. We are grateful to The Kennel Club, The Kennel Club Charitable Trust and
430 Dogs Trust for supporting VetCompass.

431 **Tables**

Breed	No. dogs in study	No. RTA cases	Prevalence %	95% CI*
Crossbred	44203	206	0.47	0.40-0.53
Labrador Retriever	17105	74	0.43	0.34-0.54
Staffordshire Bull Terrier	15541	87	0.56	0.45-0.69
Jack Russell Terrier	12840	66	0.51	0.40-0.65
Cocker Spaniel	7400	32	0.43	0.30-0.61
German Shepherd Dog	6851	21	0.31	0.19-0.47
Yorkshire Terrier	6578	22	0.33	0.21-0.51
Border Collie	5226	21	0.40	0.25-0.61
West Highland White Terrier	5037	9	0.18	0.09-0.34
Chihuahua	4376	13	0.30	0.16-0.51
Cavalier King Charles Spaniel	4223	16	0.38	0.22-0.61
English Springer Spaniel	4062	10	0.25	0.12-0.45
Shih-tzu	3948	9	0.23	0.12-0.43
Golden Retriever	3573	4	0.11	0.04-0.29
Boxer	2796	6	0.21	0.10-0.47
Bichon	2686	13	0.48	0.26-0.83
Greyhound	2133	11	0.52	0.26-0.92

Beagle	1497	10	0.67	0.32-1.23
Other breeds	49389	192	0.39	0.34-0.45

432 *CI confidence interval

433 Table 1: Prevalence of road traffic accidents in commonly affected dog breeds attending primary-care veterinary practices in
434 England.

435 Table 2a

Variable	Category	RTA No. (%)	Non-RTA No. (%)	Odds ratio	95% CI ^a	P- Value	Overall I P- Value
Purebred status	Crossbred	206 (25.1)	44,000 (22.2)	Base			0.116
	Purebred	615 (74.8)	154,519 (77.8)	0.9	0.7- 1.0	0.044	
	Unknown	1 (0.1)	123 (0.1)	1.7	0.2- 12.5	0.583	
Common breeds	Crossbred	206 (25.1)	43,997 (22.2)	Base			< 0.001
	Labrador Retriever	74 (9.0)	17,031 (8.6)	0.9	0.7- 1.2	0.582	
	Staffordshire Bull Terrier	87 (10.6)	15,454 (7.8)	1.2	0.9- 1.5	0.151	
	Jack Russell Terrier	66 (8.0)	12,774 (6.4)	1.1	0.8- 1.5	0.487	
	Cocker Spaniel	32 (3.9)	7,368 (3.7)	0.9	0.6- 1.3	0.693	
	German Shepherd Dog	21 (2.5)	6,830 (3.4)	0.7	0.4- 1.0	0.067	

	Yorkshire Terrier	22 (2.7)	6,556 (3.3)	0.7	0.5- 1.0	0.138	
	Border Collie	21 (2.6)	5,205 (2.6)	0.9	0.5- 1.4	0.517	
	West Highland White Terrier	9 (1.1)	5,028 (2.5)	0.4	0.2- 0.7	0.005	
	Chihuahua	13 (1.6)	4,363 (2.2)	0.6	0.4- 1.1	0.115	
	Cavalier King Charles Spaniel	16 (2.0)	4,207 (2.1)	0.8	0.5- 1.4	0.424	
	English Springer Spaniel	10 (1.2)	4,052 (2.0)	0.5	0.3- 1.0	0.048	
	Shih-tzu	9 (1.1)	3,939 (2.0)	0.5	0.3- 1.0	0.035	
	Golden Retriever	4 (0.5)	3,569 (1.8)	0.2	0.1- 0.6	0.005	
	Boxer	6 (0.7)	2,790 (1.4)	0.5	0.2- 1.0	0.061	
	Bichon	13 (1.6)	2,673 (1.4)	1.0	0.6- 1.8	0.895	
	Greyhound	11 (1.3)	2,122 (1.1)	1.1	0.6- 2.0	0.743	
	Beagle	10 (1.2)	1,487 (0.8)	1.4	0.8- 2.7	0.265	
	Other breeds	192 (23.4)	49,197 (24.8)	0.8	0.7- 1.0	0.070	

437 Table 2b

Actual bodyweight (kg)	< 10.0	157 (19.1)	36,893 (18.6)	1.5	1.0- 2.3	0.046	0.009
	10.0-19.9	176 (21.4)	34,539 (17.4)	1.8	1.2- 2.7	0.004	
	20.0-20.9	126 (15.3)	28,640 (14.4)	1.6	1.0- 2.4	0.035	
	30.0-30.9	80 (9.7)	20,041 (10.1)	1.4	0.9- 2.2	0.115	
	≥ 40.0	27 (3.3)	9,615 (4.8)	Base			
	Not recorded	256 (31.1)	68,914 (34.7)	1.3	0.9- 2.0	0.167	
Breed- relative bodyweight ^b	Lower	325 (39.5)	71,059 (35.8)	Base			0.044
	Equal/Higher	241 (29.3)	58,669 (29.5)	0.9	0.8- 1.1	0.207	
	Not recorded	256 (31.1)	68,914 (34.7)	0.8	0.7- 1.0	0.013	
Age category	< 3.0	436 (53.0)	82,661 (41.6)	3.0	2.1- 4.2	< 0.001	< 0.001
	3.0 - 5.9	188 (22.9)	41,286 (20.8)	2.6	1.8- 3.7	< 0.001	
	6.0 - 8.9	102 (12.4)	31,239 (15.7)	1.8	1.3- 2.7	0.002	
	9.0 - 11.9	57 (6.9)	23,065 (11.6)	1.4	0.9- 2.1	0.125	

	≥ 12.0	36 (4.4)	20,203 (10.2)	Base			
	Not recorded	3 (0.4)	188 (0.09)	9.0	2.7- 29.3	< 0.001	
Sex	Female	322 (39.2)	94,741 (47.9)	Base			< 0.001
	Male	499 (60.7)	103,099 (51.9)	1.4	1.2- 1.6	< 0.001	
	Not recorded	1 (0.1)	802 (0.4)	0.4	0.1- 2.6	0.317	
Neuter status	Entire	59 (7.2)	15,426 (7.8)	Base			0.812
	Neutered	296 (36.0)	70,721 (35.6)	1.1	0.8- 1.4	0.528	
	Not recorded	467 (56.8)	112,495 (56.6)	1.1	0.8- 1.4	0.554	
Insurance status	Non-insured	235 (28.6)	63,233 (31.8)	Base			< 0.001
	Insured	285 (34.7)	47,200 (23.8)	1.6	1.4- 1.9	< 0.001	
	Not recorded	302 (36.7)	88,209 (44.4)	0.9	0.8- 1.1	0.346	

438 Table 2a and b: Descriptive and univariable logistic regression results for risk factors associated with road traffic accident (RTA) events in dogs

439 attending primary-care veterinary practices in England.

440 ^a 95% confidence interval

441 ^b bodyweight relative to breed mean

442

443 Table 3

Case management	Categories	Freq.	Percent
-----------------	------------	-------	---------

Diagnostic imaging	No imaging performed	436	61.0
	Radiography only	218	30.5
	Ultrasonography only	19	2.7
	Radiology and Ultrasonography	42	5.9
Intravenous fluid therapy (IVFT)	IVFT used	241	33.7
	IVFT not used	474	66.3
Pain relief	No drug administered	131	18.3
	NSAIDS only	181	25.3
	Opioids only	114	15.9
	NSAIDS and opioids	289	40.4
Hospitalisation	Not hospitalised	337	47.1
	Hospitalised	378	52.9
Surgery under general anaesthetic	No surgery	587	82.1
	Surgery	128	17.9
Referred for advanced management	Not referred	660	92.3
	Referred	55	7.7

444 Table 2: Clinical management of road traffic accident events recorded in 725 dogs presented alive to primary-care veterinary practices in

445 England.

446

447 Table 4

Variable	Category	Odds ratio	95% CI ^a	P-Value
Breed	Crossbreed	Base		
	Other breeds	0.8	0.6-0.9	0.011
	Beagle	1.2	0.7-2.3	0.523
	Bichon	0.9	0.5-1.6	0.687
	Boxer	0.5	0.2-1.0	0.059
	Chihuahua	0.6	0.3-1.0	0.051
	Border Collie	1.0	0.7-1.6	0.867
	Greyhound	1.5	0.8-2.8	0.191
	Golden Retriever	0.2	0.1-0.7	0.006
	Labrador Retriever	0.9	0.7-1.2	0.677
	German Shepherd Dog	0.7	0.4-1.1	0.119
	Shih-tzu	0.5	0.2-0.9	0.030
	Cavalier King Charles Spaniel	0.8	0.5-1.3	0.320
	Cocker Spaniel	0.9	0.6-1.3	0.574
	English Springer Spaniel	0.6	0.3-1.1	0.108
	Jack Russell Terrier	1.2	0.9-1.6	0.183
	Staffordshire Bull Terrier	1.2	0.9-1.5	0.242
	West Highland White Terrier	0.4	0.2-0.8	0.015
	Yorkshire Terrier	0.7	0.5-1.1	0.138

Age category (years)	<3.0 years	2.9	2.1-4.2	< 0.001
	3.0 - <6.0 years	2.5	1.7-3.5	< 0.001
	6.0 - <9.0 years	1.8	1.2-2.7	0.002
	9.0 - <12.0 years	1.4	0.9-2.1	0.118
	≥ 14.0 years	Base		
	Not recorded	10.5	3.1-35.2	< 0.001
Sex	Female	Base		
	Male	1.4	1.2-1.6	< 0.001
	Not recorded	0.3	0.0-2.3	0.258
Insurance status	Not insured	Base		
	Insured	1.5	1.2-1.8	< 0.001
	Not recorded	0.8	0.7-1.0	0.071

448 Table 3: Final multivariable logistic regression model for risk factors associated with a Road Traffic Accident (RTA) event in dogs attending

449 primary-care veterinary practices in England.

450 ^a 95% confidence interval

451 ^b bodyweight relative to breed mean

452 **References**

- 453
- 454 1. Simpson SA, Syring R, Otto CM. Severe blunt trauma in dogs: 235 cases (1997-2003).
455 *Journal of Veterinary Emergency and Critical Care*. 2009; **19**(6): 588-602.
- 456 2. O'Neill DG, Church DB, McGreevy PD, et al. Longevity and mortality of owned dogs in
457 England. *Vet J*. 2013; **198**(3): 638-643.
- 458 3. Sharma D, Holowaychuk MK. Retrospective evaluation of prognostic indicators in dogs
459 with head trauma: 72 cases (January-March 2011). *Journal of Veterinary Emergency and*
460 *Critical Care*. 2015; **25**(5): 631-639.
- 461 4. Rochlitz I. The effects of road traffic accidents on domestic cats and their owners.
462 *Animal Welfare*. 2004; **13**(1): 51-55.
- 463 5. O'Neill DG, Church DB, McGreevy PD, et al. Longevity and mortality of cats attending
464 primary care veterinary practices in England. *Journal of Feline Medicine and Surgery*. 2015;
465 **17**(2): 125-133.
- 466 6. Hayashi K, Manley PA, Muir P. Cranial cruciate ligament pathophysiology in dogs with
467 cruciate disease: a review. *Journal of American Animal Hospital Association* 2004; **40**(5): 385-
468 390.
- 469 7. Guthrie JW, Keeley BJ, Maddock E, et al. Effect of signalment on the presentation of
470 canine patients suffering from cranial cruciate ligament disease. *Journal of Small Animal*
471 *Practice*. 2012; **53**(5): 273-277.
- 472 8. Streeter EM, Rozanski EA, Laforcade-Buress A, et al. Evaluation of vehicular trauma
473 in dogs: 239 cases (January-December 2001). *Journal of the American Veterinary Medical*
474 *Association*. 2009; **235**(4): 405-408.
- 475 9. Kolata RJ, Johnston DE. Motor vehicle accidents in urban dogs: a study of 600 cases.
476 *Journal of the American Veterinary Medical Association*. 1975; **167**(10): 938-941.
- 477 10. Kolata RJ, Kraut NH, Johnston DE. Patterns of Trauma in Urban Dogs and Cats - Study
478 of 1,000 Cases. *Journal of the American Veterinary Medical Association*. 1974; **164**(5): 499-
479 502.
- 480 11. Hall KE, Holowaychuk MK, Sharp CR, Reineke E. Multicenter prospective evaluation
481 of dogs with trauma. *Journal of the American Veterinary Medical Association*. 2014; **244**(3):
482 300-308.
- 483 12. VetCompass. VetCompass: Health surveillance for UK companion animals. London:
484 RVC Electronic Media Unit; 2015.
- 485 13. The VeNom Coding Group. VeNom Veterinary Nomenclature. VeNom Coding Group;
486 2015.
- 487 14. Kearsley-Fleet L, O'Neill DG, Volk HA, et al. Prevalence and risk factors for canine
488 epilepsy of unknown origin in the UK. *Veterinary Record*. 2013; **172**(13): 338.
- 489 15. Epi Info 7 CDC. Centers for Disease Control and Prevention (US): Introducing Epi Info
490 7. Atlanta, Georgia: CDC; 2015.
- 491 16. Irion DN, Schaffer AL, Famula TR, et al. Analysis of genetic variation in 28 dog breed
492 populations with 100 microsatellite markers. *Journal of Heredity*. 2003; **94**(1): 81-87.
- 493 17. Kirkwood BR, Sterne JAC. Essential Medical Statistics. 2nd ed. Oxford, Blackwell
494 Science; 2003.
- 495 18. Dohoo I, Martin W, Stryhn H. Veterinary Epidemiologic Research. 2nd ed.
496 Charlottetown, Canada, VER Inc; 2009.
- 497 19. Hosmer DW, Lemeshow S, Sturdivant RX. Applied logistic regression. 3rd ed. ed.
498 Hoboken, Wiley; 2013.
- 499 20. Taylor-Brown FE, Meeson RL, Brodbelt DC, et al. Epidemiology of Cranial Cruciate
500 Ligament Disease Diagnosis in Dogs Attending Primary-Care Veterinary Practices in England.
501 *Veterinary Surgery*. 2015; **44**(6): 777-783.
- 502 21. Mattin M, O'Neill D, Church D, et al. An epidemiological study of diabetes mellitus in
503 dogs attending first opinion practice in the UK. *Veterinary Record*. 2014; **174**(14): 349.
- 504 22. Bellumori TP, Famula TR, Bannasch DL, et al. Prevalence of inherited disorders
505 among mixed-breed and purebred dogs: 27,254 cases (1995-2010). *Journal of the American*
506 *Veterinary Medical Association*. 2013; **242**(11): 1549-1555.
- 507 23. O'Neill DG, Church DB, McGreevy PD, et al. Prevalence of disorders recorded in dogs
508 attending primary-care veterinary practices in England. *PLoS ONE*. 2014; **9**(3): 1-16.
- 509 24. Bamberger M, Houpt KA. Signalment factors, comorbidity, and trends in behavior
510 diagnoses in dogs: 1,644 cases (1991-2001). *Journal of the American Veterinary Medical*
511 *Association*. 2006; **229**(10): 1591-1601.

- 512 25. McGreevy PD. *A Modern Dog's Life*. Sydney, UNSW Press; 2009.
- 513 26. McGreevy PD, Georgevsky D, Carrasco J, et al. Dog behavior co-varies with height,
514 bodyweight and skull shape. *PLoS One*. 2013; **8**(12): e80529.
- 515 27. Wells DL, Hepper PG. Prevalence of behaviour problems reported by owners of dogs
516 purchased from an animal rescue shelter. *Applied Animal Behaviour Science*. 2000; **69**(1): 55-
517 65.
- 518 28. McGreevy PD, Boakes RA. *Carrots and Sticks: Principles of Animal Training*. ISBN-13
519 978-0-521-68691-4 paperback ed. United states, Cambridge University Press; 2007.
- 520 29. Egenvall A, Nodtvedt A, Penell J, et al. Insurance data for research in companion
521 animals: benefits and limitations. *Acta Veterinaria Scandinavica*. 2009; **51**: 42.
- 522 30. Capner CA, Lascelles BD, Waterman-Pearson AE. Current British veterinary attitudes
523 to perioperative analgesia for dogs. *Veterinary Record*. 1999; **145**(4): 95-99.
- 524 31. Hugonnard M, Leblond A, Keroack S, et al. Attitudes and concerns of French
525 veterinarians towards pain and analgesia in dogs and cats. *Veterinary Anaesthesia and*
526 *Analgesia*. 2004; **31**(3): 154-163.
- 527 32. Reid J, AMHughes, JMLLascelles, DPawson, PScott, EM. Development of the short-
528 form Glasgow Composite Measure Pain Scale (CMPS-SF) and derivation of an analgesic
529 intervention score. Universities Federation of Animal Welfare; 2007; pp. 97-104.
- 530 33. Barletta M, Young CN, Quandt JE, Hofmeister EH. Agreement between veterinary
531 students and anesthesiologists regarding postoperative pain assessment in dogs. *Veterinary*
532 *Anaesthesia and Analgesia*. 2015.
- 533 34. Singh G, Arya N, Safaya R, et al. Role of ultrasonography in blunt abdominal trauma.
534 *Injury*. 1997; **28**(9-10): 667-670.
- 535 35. Boysen SR, Rozanski EA, Tidwell AS, et al. Evaluation of a focused assessment with
536 sonography for trauma protocol to detect free abdominal fluid in dogs involved in motor vehicle
537 accidents. *Journal of the American Veterinary Medical Association*. 2004; **225**(8): 1198-1204.
- 538 36. Evans JA, van Wessem KJP, McDougall D, et al. Epidemiology of Traumatic Deaths:
539 Comprehensive Population-Based Assessment. *World Journal of Surgery*. 2010; **34**(1): 158-
540 163.
- 541
- 542