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TITLE: Serum cardiac troponin I concentrations in dogs with generalised seizures

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1 **Word Count: 4,314**

2 **Key:**

3 ^a Troponin I Immulite® 1000 Siemens Medical Solutions.

4 ^b Accredited for analytical testing BS ISO/IEC 17025:2005.

5 ^c Access Systems AccuTnI® Assay, Beckman Coulter Inc, Fullerton, CA.

6 ^d Prism 7 for Windows version 7.02, Graphpad software inc.

7 ^e IBM SPSS Statistics Version 22.0.0.1

8 **SUMMARY**

9 **Objectives:** To determine if serum cardiac troponin I (cTnI) concentrations measured with both a first
10 generation assay (FG-cTnI) and a high-sensitivity assay (hs-cTnI) were greater in dogs with generalized
11 seizures than in controls and to identify any clinical variables associated with cTnI concentrations.

12 **Methods:** This prospective study investigated 30 dogs following generalized seizures and 30 healthy
13 controls. Serum cTnI concentrations were measured using two commercially available assays and the
14 correlation of clinical factors with concentrations was examined.

15 **Results:** Serum concentrations (median [range]) were higher in dogs after a seizure compared to
16 controls when measured by both assays (FG-cTnI (0.07, [0.02-3.05] vs 0.05 [0.02-0.13] ng/mL;
17 $p=0.014$) and hs-cTnI (0.03 [0.01-1.92] vs 0.02 [0.01-0.05] ng/mL; $p<0.001$)). The predictors most
18 significantly influencing cTnI were an increasing number of seizures ($p<0.001$) and increasing age
19 ($p<0.001$). Both predictors were positively associated with increasing concentrations of troponin I.

20 **Clinical significance:** Serum cTnI concentrations were significantly elevated in canine patients with
21 generalized seizures when compared to controls and concentrations were higher in dogs that
22 experienced more seizures. This association may indicate that generalized seizures are associated with
23 damage to the myocardium.

24 **Keywords:** epilepsy, death, biomarker, myocardial damage

25 **Introduction**

26 Seizures have a dramatic effect on the autonomic nervous system and people with epilepsy have an
27 increased risk of sudden unexpected death; termed “Sudden Unexpected Death in Epilepsy” or SUDEP
28 (Tigaran *et al.* 2003, Jansen & Lagae 2010). Seizures can lead to short-term alteration of cardiac rhythm,
29 intracardiac conduction, apnoea and cardiac ischaemia in people (Alehan *et al.* 2009, Velagapudi P *et*
30 *al.* 2012). It has been suggested that an increased number of generalized seizures leads to an increased
31 risk of SUDEP (Ryu *et al.* 2015, Scorza *et al.* 2016). In rats with experimentally induced seizures,
32 plasma cardiac troponin I (cTnI) concentrations are elevated following seizures (Metcalf *et al.* 2009,
33 Bealer *et al.* 2010). This was hypothesized to be a result of seizure-induced cardiac myofilament damage
34 and the authors suggested routinely measuring cTnI concentrations following seizure activity (Metcalf
35 *et al.* 2009). It has also been suggested that human epileptic patients at risk of SUDEP should have
36 serum troponin concentrations measured following a seizure (Dupuis *et al.* 2012). Known SUDEP risk
37 factors include an increased number and frequency of seizures, as well as an increased number of anti-
38 epileptic medications (Lhatoo *et al.* 2015, Ryu *et al.* 2015).

39 Seizure activity may lead to increased sympathetic nervous discharge, secretion of adrenaline and
40 noradrenaline, and reduced parasympathetic activity in human patients (Blumhardt *et al.* 1986, Tigaran
41 *et al.* 2003, Mayer *et al.* 2004, Velagapudi *et al.* 2012). It has been suggested that the resultant increase
42 in heart rate, blood pressure (BP) and myocardial contractility collectively increase myocardial oxygen
43 demand (Alehan *et al.* 2009). Therefore, it is possible that prolonged seizure activity might impose a
44 perfusion/demand mismatch of sufficient severity to produce sub-endocardial ischaemia (Tigaran *et al.*
45 2003). There is also evidence to suggest that direct neural connections to the heart can produce cardiac
46 necrosis lesions in dogs with neurological disease as catecholamines reaching the heart directly via
47 neural connections may be much more toxic than those reaching the heart via the bloodstream (Kolin
48 & Norris 1984, Samuels 2007).

49 In dogs, measurement of cTnI concentrations can be used to detect myocardial cell injury caused by a
50 variety of causes, including cardiac disease such as mitral valve disease, dilated cardiomyopathy, sub-
51 aortic stenosis and pericardial disease (Oyama & Sisson 2004, Spratt *et al.* 2005), and noncardiac

52 disease such as pyometra (Hagman *et al* 2007), snake bites (Pelander *et al* 2010), renal failure (Sharkey
53 *et al* 2009), pancreatitis (Serra *et al* 2010), canine babesiosis (Lobetti *et al.* 2002), ehrlichiosis (Diniz
54 *et al.* 2008), immune-mediated haemolytic anaemia (Gow *et al.* 2011), parvoviral enteritis (Kocaturk *et*
55 *al.* 2012), leishmaniasis (Silvestrini *et al.* 2012), dirofilariosis (Carretón *et al.* 2014) and gastric dilation-
56 volvulus (Schober *et al* 2002). There is little published information on the association of serum cTnI
57 concentration and naturally occurring seizures in dogs, other than isolated case reports (Kent *et al.* 2010,
58 Snyder *et al.* 2010, Navarro-Cubas *et al.* 2011, Motta & Dutton 2013), an oral presentation describing
59 a series of cases (Kim *et al.* 2012) and one study (Dutton *et al.* 2016). It has been shown that cTnI
60 concentrations in patients with cardiogenic syncope are significantly increased as compared with
61 epileptic or vasovagal patients, however overlap in levels between groups decreases the discriminatory
62 power of the test for individual dogs (Dutton *et al.* 2016). No studies have evaluated cardiac troponin
63 concentrations in a population of dogs with seizures that have no evidence of underlying cardiac or
64 metabolic disease and compared them to a healthy control population of dogs. It is important to have
65 information concerning the response of cTnI concentrations following a seizure, to enable correct
66 interpretation of serum concentrations obtained from patients following a paroxysmal event (such as a
67 seizure or syncopal episode).

68 The primary aim of the current study was to compare serum cardiac troponin I concentrations in dogs
69 following generalized seizures to concentrations obtained from an age matched control population of
70 healthy dogs. Secondary aims of the study included identifying whether clinical variables, such as age
71 and seizure number, were associated with serum troponin concentrations and comparing troponin
72 concentrations obtained using different cardiac troponin assays. We hypothesized that dogs with
73 generalized seizures would have higher circulating serum cardiac troponin I concentrations, compared
74 to control dogs.

75 **Materials and Methods**

76 The study protocol was approved by the University of Cambridge ethical review committee.

77 Dogs with generalized seizures and healthy controls were prospectively and consecutively recruited at
78 two referral centres between February 2011 and May 2013. The dogs with seizures included newly
79 diagnosed dogs and those already receiving treatment. To be included as a case a dog must have
80 experienced a generalized seizure within seven days of presentation and undergone full cardiac
81 investigations, including BP measurement, electrocardiography (ECG) and echocardiography without
82 a cardiac abnormality being discovered. Dogs had to be free from other disease likely to lead to altered
83 serum troponin concentration such as pancreatitis, immune-mediated haemolytic anaemia and renal
84 insufficiency, based on history, clinical examination, USG measurement, complete blood count, serum
85 biochemistry and electrolytes. Dogs were excluded if they showed evidence of renal insufficiency
86 (based on elevated serum creatinine concentrations ($>150 \mu\text{mol/L}$) and low urine specific gravity (USG)
87 measurement (<1.030)), metabolic disorders that could have caused the seizures (hypocalcaemia or
88 hypoglycaemia), or had a history of recent trauma or intoxication.

89 Healthy control animals consisted of staff pets undergoing blood sampling for screening before
90 vaccination, blood donation or elective surgery. They had to have no abnormalities detected on full
91 clinical, including neurological, examination. They had no history of seizures and were free of any
92 disease likely to lead to elevated serum cTnI concentrations. They also had to be free of cardiac disease
93 based on clinical examination, BP, ECG and echocardiography.

94 Signalment (breed, age, sex, neutered status, bodyweight), history (including time since seizure, in
95 hours, until blood sampling) and current medication (yes/no) were recorded. For the patients with
96 seizures, the number of seizures during the seven days prior to presentation and seizure length in
97 minutes (if more than one seizure had occurred, then the average seizure length) were noted. Full
98 neurological examination was performed.

99 Fasted blood samples for measurement of creatinine concentration ($\mu\text{mol/L}$) were collected from all
100 dogs and analysed within 24 hours. Blood was collected into 1 mL serum gel tubes and separated by
101 centrifugation 30 minutes after being left to stand at room temperature. Serum was then chilled at 4°C
102 for up to 12 hours before transportation at ambient temperature to a commercial laboratory (Carmichael

103 Torrance Diagnostic Services (CTDS) Ltd, W Yorks) for analysis. Free catch urine samples were
104 obtained the same day as blood sampling and USG measured. Laboratories were blinded to patient
105 history.

106 Samples analysed using the first generation cardiac troponin I assay (FG-cTnI) were handled as
107 described for serum creatinine and analysed using a previously described chemiluminescent
108 immunoassay system^a (O'Brien *et al.* 2006). The cTnI was detected using an enzyme-conjugated
109 polyclonal anti-troponin I antibody following protein binding onto beads coated with murine anti-
110 troponin I antibody, using Immulite® Analyser. Both antibodies recognise epitopes between amino
111 acids 33 and 110 of cTnI. Sample handling for the high sensitivity cardiac Troponin I assay (hs-cTnI)
112 involved collecting blood into 1 mL plain tubes. Plain tube samples were separated by centrifugation
113 immediately after clotting. The serum was then stored for up to 12 hours at -18°C before transportation
114 in frozen cool packs to a commercial laboratory (IDEXX Laboratories^b, Wetherby). The high-sensitivity
115 assay (AccuTnI® assay) is a two-site sandwich immunoassay^c which detects free and complexed
116 troponin. The assay uses two mouse-derived monoclonal antibodies directed against 24-40 and 41-49
117 amino acid sequences of cTnI. This assay has been reported (Adin *et al.* 2006, Hezzell *et al.* 2012) and
118 validated (Oyama & Solter 2004) previously for canine samples. The laboratory reference range was
119 cTnI < 0.15 ng/mL for the FG-cTnI assay and ≤ 0.07 ng/mL for the hs-cTnI assay. The assays' lower
120 limits of detection (LOD) were 0.02 ng/mL (FG-cTnI) and 0.01 ng/mL (hs-cTnI). Samples for
121 measuring serum cTnI concentrations by both methods were taken from patients at presentation. For
122 patients with seizures, cardiac investigations occurred prior to general anaesthesia (GA), except any
123 difficult to control status epilepticus (SE) patients, which had cardiac investigations delayed until 24
124 hours following GA. Systolic BP (mmHg) using a Doppler device was measured according to an
125 established protocol (Brown *et al.* 2007). Five readings were taken and the mean calculated.
126 Electrocardiography used a routine six-lead ECG machine (Esaote P80 Power or Seca CT8000P), with
127 a period of acclimatisation beforehand. Six limb leads were recorded simultaneously for a minimum of
128 20 consecutive RR intervals, at a paper speed of 50 mm/second, gain of 10 mm/mV.

129 Patients underwent full 2D echocardiographic examination without sedation, according to published
130 recommendations (Thomas *et al.* 1993) using phased array probes (1.5-11 MHz) with harmonic imaging
131 (Esaote Piemedical MyLab 40 Vet or Vivid S6 echocardiography machines). An ECG was recorded
132 simultaneously. Full M-mode, colour and spectral Doppler studies were recorded and analysed. All
133 cardiac investigations were performed by the same resident in cardiology, working under the
134 supervision of a Royal College of Veterinary Surgeons (RCVS) specialist in veterinary cardiology.

135 Dogs with suspected seizures underwent appropriate imaging. Magnetic resonance imaging (MRI)
136 scans (0.25 T; Vet-MR Grande, Esaote) with gadolinium contrast were obtained in three planes of
137 orientation (dorsal, sagittal and transverse) under GA. Pre- and post-contrast T1-weighted and T2-
138 weighted images were acquired. In some cases, additional sequences (pre- and post-contrast FLAIR,
139 gradient echo T2* and STIR) were carried out to better define the underlying brain pathology.

140 Additional tests, such as Toxoplasma and Neospora serology, were performed by the attending clinician
141 depending on the individual case. All neurological examinations were performed by European College
142 of Veterinary Neurology board-certified neurologists or their residents. Definitive diagnosis of the
143 cause of seizures was made by evaluation of all contributing evidence with idiopathic epilepsy being a
144 diagnosis of exclusion (Berendt *et al.* 2015). Dogs with idiopathic epilepsy were younger than six years
145 at seizure onset, had recurrent seizures and were normal on inter-ictal neurological and laboratory
146 examination. They had no evidence of neurological disease, other than seizures during their lives up
147 until presentation. Dogs were grouped into healthy controls (group C) or those with generalized seizures
148 but no evidence of cardiac disease (group S).

149 Data were analysed using commercially available software^{de}. Continuous variables were checked to see
150 whether they came from a normal distribution using a Shapiro-Wilk test. In descriptive statistics
151 continuous variables from a normal distribution are reported as mean (+/- SD) those not from a normal
152 distribution as median (range). Cardiac troponin I concentrations below the LOD of the assays used
153 were ascribed the value of the limit of detection; 0.01 ng/ml for the hs-cTnI assay, and 0.02 ng/ml for
154 the FG-cTnI assay.

155 Simple linear regression was performed with cTnI concentration as the dependent variable. The
156 following predictor variables were initially assessed individually for an association with the dependent
157 variable; presence of seizures (y/n), seizure number (during seven days prior to presentation), seizure
158 length (minutes), serum creatinine concentration ($\mu\text{mol/L}$), age (years), sex (male or female), neutered
159 status (neutered/entire), bodyweight (KG), time since seizure (hours), whether anti-convulsant
160 medication was being administered at presentation and systolic BP (mmHg). For dogs recorded as
161 having > 10 seizures within seven days of presentation, the seizure number was arbitrarily allocated to
162 11. This allowed dogs with frequent seizures, but where owners were not certain of the exact number
163 of seizures suffered, to be entered into the analysis. Those predictor variables demonstrating an
164 association with the dependent variable with $P < 0.2$ in the univariable analysis were taken forward to
165 the multivariable analysis. The multivariable linear regression analysis was performed with Log₁₀ of
166 cTnI concentrations obtained from all dogs (those with seizures and controls) as the dependent variable.
167 Two sets of analyses were performed, one using concentrations obtained with the FG-cTnI assay and
168 one using those from the hs-cTnI assay. The analysis was performed in a backward stepwise manner
169 with the variable showing the highest p value excluded from the model at each step until all remaining
170 variables had a p value less than 0.05. Final models were assessed for adequacy of fit using the adjusted
171 R-square. The residuals of the final models were checked to confirm that they adequately met the model
172 assumptions. Model assumptions were normality, linear relationship with an additive effect of the
173 predictors, homoscedasticity and independence of the errors. The first assumption was checked using
174 visual inspection of a histogram and normality tests of the residuals; to ensure the other assumptions
175 were met the plots of the residuals were examined against fitted values and against their order in the
176 dataset.

177 Concentrations of cTnI obtained using the two different assays were correlated using a Spearman's rank
178 correlation and compared using Wilcoxon signed rank test. The latter analysis was performed using all
179 values obtained from all dogs, including those with values ascribed at the limit of detection of the assay.
180 The comparison was then repeated including only those animals where concentrations measured using
181 both assays were above 0.02 ng/ml i.e. above the LOD of both assays. A Bland Altman plot of the

182 difference in concentration obtained between the two assays plotted against the average of the two
183 assays was made.

184 For all analyses P values of < 0.05 were accepted as statistically significant.

185 **Results**

186 Sixty dogs were enrolled, consisting of 30 dogs with seizures (group S) and 30 control dogs (group C).
187 One dog with seizures was excluded from all statistical analyses except the comparison of cTnI
188 concentrations obtained using the different assays as it had no BP, ECG and echocardiographic
189 examination and therefore did not fully meet the entry criteria. Signalment and other baseline
190 characteristics are summarised in Table 1. The distribution of breeds was different between groups
191 (Table 1). Group S comprised 26 dogs with primary (idiopathic) epilepsy, two with brain tumours
192 (suspected meningioma and suspected glioma), and one with necrotising meningoencephalitis. Three
193 dogs had SE during the 24 hours before presentation, one of which required GA for seizure control. The
194 median number of seizures in group S was two (range 1 – 11). The median seizure length was three
195 minutes (Table 1).

196 In group S, 17 dogs were taking anti-convulsants at presentation. Medications included phenobarbitone
197 (Epiphen; Vetoquinol), levetiracetam (Keppra; UCB), potassium bromide (Epilease; Vet Plus Ltd),
198 gabapentin (Neurontin; Pfizer) and diazepam (Diazepam Rectubes; Wockhardt UK). Other medications
199 included oral antibiotics (n=1) and injectable dexamethasone (n=1) (Dexadreson; Intervet UK Ltd). No
200 control dogs received medication. All but one of the dogs had normal ECGs and echocardiographic
201 examinations. An echocardiographic abnormality was detected in one case in group S (mild left
202 ventricular dilation) but this was attributed to the presence of sinus bradycardia (heart rate of 60 bpm).
203 Repeat echocardiography performed three weeks later when the patient was in normal sinus rhythm
204 (120 beats/minute) was unremarkable.

205 Serum concentrations of cTnI (median [range]) were higher in dogs after a seizure compared to controls
206 when measured by both assays (FG-cTnI assay, dogs with seizures median 0.07 [0.02-3.05] vs control
207 dogs median 0.05 [0.02-0.13]ng/ml; $p=0.014$ (Figure 1) and hs-cTnI assay, dogs with seizures median

208 0.03 [0.01-1.92] vs control dogs 0.02 [0.01-0.05]ng/ml; $p < 0.001$. Seven dogs (1 with seizures and 6
209 control dogs) had troponin concentrations at or below the LOD of the FG assay. 17 dogs (3 with seizures
210 and 14 control dogs) had troponin concentrations at or below the LOD of the hs assay. As the
211 distribution of troponin concentrations was skewed, logarithmic transformation was required in order
212 to create a variable suitable for inclusion as the dependent variable in the univariable and multivariable
213 analyses. The results of the simple linear regression with a single predictor are reported (Table 2). The
214 final models of the multivariable linear regression analyses indicated that an increasing number of
215 seizures ($p < 0.001$) and increasing age ($p < 0.001$) were significantly associated with higher
216 concentrations of cTnI measured using both the FG-cTnI and hs-cTnI assays and both predictors had
217 positive regression coefficients (Table 3). The adjusted R-square value was greater for the model in
218 which concentrations obtained with FG-cTnI assay were used as the dependent variable (adjusted R-
219 square 0.48 with FG-cTnI assay and 0.44 with hs-cTnI assay). The residuals of the multiple regression
220 analysis were normally distributed for the final model using FG-cTnI as the dependent variable but not
221 for the final model using hs-cTnI. For these reasons the FG-cTnI model is the one for which the
222 associations are reported.

223 The troponin concentrations measured using the FG-cTnI assay correlated well with those values of the
224 hs-cTnI assay $r = 0.82$ ($p < 0.001$). However, the values obtained with the FG-cTnI assay were
225 significantly higher than those obtained using the hs-cTnI assay. This was the case when data from all
226 60 dogs was analysed and when only those 23 dogs for which values were greater than 0.02 ng/ml when
227 measured by both assays were compared ($P < 0.001$ for both comparisons). The Bland Altman plot
228 suggested that values obtained with the FG assay were consistently higher than those obtained with the
229 hs assay (Figure 2).

230 Discussion

231 Our data show that dogs with generalized seizures have higher circulating serum cTnI concentrations
232 compared with healthy control dogs. The results also indicate that the degree of troponin elevation is
233 independently associated with number of seizures experienced and the patient's age. These results are
234 similar to those from a study of human patients which demonstrated that cTnI concentration increased

235 with increased seizure number (Hajsadeghi *et al.* 2009). The presence of myocardial injury in the setting
236 of seizure activity could be expected given the apnoea, tachycardia, increased myocardial oxygen
237 consumption and excess catecholamine release associated with seizures which has been observed in
238 experimental rat models (Metcalf *et al.* 2009). It is important to know that dogs which have recently
239 experienced seizures may have elevated cTnI concentrations as seizures, which can be challenging to
240 differentiate from syncope, are another cause of elevated cTnI in dogs without primary cardiac disease.
241 A previous study suggested that serum cTnI is significantly higher in dogs following syncope compared
242 with epilepsy in the absence of cardiac disease, although significant overlap compromised the
243 diagnostic utility of cTnI for differentiation of these causes of episodic collapse (Dutton *et al.* 2016).
244 The present study demonstrated similar findings in the dogs following seizures and, in addition that
245 cTnI concentrations increase with increasing number of seizures and age. These findings suggest that
246 a diagnosis of cardiac syncope should not be based on cTnI alone and that further research is warranted
247 in finding diagnostic tests which could help differentiate cardiac syncope from epileptic seizures
248 (Dutton *et al.* 2016).

249 Elevated cTnI concentrations may also be due to cardiac necrosis caused by catecholamines released
250 directly into the myocardium via neural connections, as suggested by experimental models and studies
251 on human patients with intracranial lesions (Burch *et al.* 1969, Kolin & Norris 1984, Shivalkar *et al.*
252 1993). It is also possible that myocardial fibrosis, such as that shown to occur in human SUDEP patients,
253 may occur particularly following repetitive autonomic stimulation, i.e. with an increased number of
254 seizures (Earnest *et al.* 1992, Natelson *et al.* 1998). In humans, an increased number of seizures has
255 been shown to be a risk factor for SUDEP (Lhatoo *et al.* 2015). It is therefore possible that an increasing
256 number of seizures might be causative for increased myocardial injury, although further studies are
257 necessary to investigate this possibility. As well as relevance to SUDEP, this is an argument for
258 improved seizure control.

259 In the population we describe, circulating cTnI concentrations increased with age consistent with
260 previous canine studies (Oyama & Sisson 2004, Ljungvall *et al.* 2010, Hezzell *et al.* 2012). One possible
261 cause is that in the aged heart, even in the absence of demonstrable cardiovascular disease, there is

262 gradual loss of cardiac myocytes. The presence of troponin in the circulation may therefore represent
263 myocyte death, or turnover, which may be a normal consequence of ageing (Oyama & Sisson 2004).
264 Another possibility is decreasing renal clearance of troponin with increasing age. However, in this
265 study, patients with chronic kidney disease (creatinine concentrations $>150 \mu\text{mol/L}$ and USG <1.030)
266 were excluded and no association between cTnI concentrations and creatinine was observed. Further
267 studies are required to investigate why troponin concentrations are positively associated with age in the
268 absence of renal dysfunction. Multivariable analysis adjusts the analysis for the effect of age and
269 therefore the effect of seizure number is independent of the effect of age.

270 We measured serum troponin I concentrations using two different assays generating similar results in
271 the multivariable analyses. The FG-cTnI assay was able to detect cTnI in the serum of a greater
272 proportion of the dogs with fewer results below the LOD of the assay, despite the assay having a higher
273 limit of detection. The LOD reported for the FG-cTnI assay used in the current study was 0.02 ng/ml ;
274 this is lower than the LOD previously reported for this assay (Spratt *et al.* 2005). This was the LOD
275 reported by the commercial laboratory that ran the analyses and chosen on the basis of good dilutional
276 linearity of the assay down to concentration below 0.02 ng/ml demonstrated by the laboratory's own
277 validation studies (personal communication).

278 The FG-cTnI assay demonstrated less clustering of values than those obtained with the hs-cTnI assay.
279 Perhaps as a result of this the data obtained using the FG-cTnI assay resulted in a slightly higher R-
280 squared value for the final model using this as the dependent variable. Values obtained with the FG-
281 cTnI assay were significantly higher than the hs-cTnI values for the same patients. Explanations for
282 higher cTnI values include different target amino acids for each analyser and differences in antibody
283 specificity for free and complexed troponin (James *et al.* 2006). In human patients, various troponin
284 assays have been compared and some were shown to be superior to others (James *et al.* 2006). Our
285 study confirms that, despite close correlation, the two troponin assays cannot be used interchangeably.
286 This has been shown in a previous veterinary study (Adin *et al.* 2006). The R-squared value indicates
287 the proportion of the variance in the dependent variable that is predicted by the independent variables
288 included in the model. In general, the higher the R-squared value, the better the model fits the data. The

289 data obtained with the FG-cTnI assay resulted in a slightly higher R-squared value for the final model.
290 It also better fulfilled the assumptions of the analysis with normally distributed residuals.
291 In this study, a control population was included and patient numbers were higher than in a previously
292 reported study on serum cTnI with seizures (Kim *et al.* 2012). A more homogenous population of dogs
293 was included here, the majority suffering from primary (idiopathic) epilepsy. The other dogs included
294 were also free of significant metabolic disease. The advantage of this being that the effect of variables
295 such as seizure number and length can be analysed without underlying disease processes confounding
296 the results. The disadvantage is that the effect of different types of underlying disease upon troponin
297 concentration cannot be compared. As troponin concentrations can change with noncardiac disease,
298 eliminating chronic kidney disease, immune-mediated haemolytic anaemia, sepsis, pyometra,
299 respiratory disease and pancreatitis on history, clinical examination and blood tests was an important
300 component of this study.

301 This study has a number of limitations. None of the patients had myocardial biopsies, coronary
302 angiography or post-mortem examinations to confirm myocardial cellular damage and rule out other
303 possible causes of cTnI release. The cases presented here represent a referral population, which may
304 differ from the population of dogs seen in general practice. The breed distribution of the control and
305 seizure groups were different and the effect of breed on cTnI concentrations was not examined. This is
306 unlikely to have had an effect on the overall findings but is a potential confounder. The results of the
307 study only apply to the two troponin analysers used and the results cannot be used interchangeably. The
308 effect of GA on troponin concentration was not assessed in this study, although only one patient required
309 GA for seizure control, therefore had cTnI sampling delayed until 24 hours following GA. This same
310 patient had the highest serum cTnI concentration in group S and had sinus bradycardia at 60 bpm. It is
311 unclear whether the changes detected were a result of anti-epileptic medications, GA or a direct result
312 of the high number of seizures. It is possible that the GA affected serum cTnI concentrations, resulting
313 in elevated levels. However, two other epileptic patients also had elevated cTnI concentrations
314 (according to the laboratory reference range) and yet did not require GA for seizure control.
315 Interestingly, both patients suffered a high (> 10) number of seizures prior to blood sampling. Excluding

316 the data of the one patient that underwent anaesthesia from the multivariable analysis did not
317 substantially alter the results obtained. Further studies involving larger numbers of patients with
318 seizures, pre- and post-GA, would be required to further investigate this association with serum cTnI
319 concentrations. Finally, it is possible that in three dogs (two with brain tumours and one with necrotising
320 meningoencephalitis) suffering seizures, that the underlying disease process may have had an effect on
321 the serum troponin concentrations, rather than the seizures themselves affecting the results. Larger
322 studies would be required to study the effects of individual disease processes on troponin concentrations
323 as, so far, only individual case reports are available (Snyder *et al* 2010, Navarro-Cubas *et al* 2011).
324 In conclusion, our results suggest that serum troponin concentrations are elevated in dogs with seizures
325 when compared to healthy controls. The elevation is independently associated with number of seizures,
326 when adjusted for the influence of age. The identification of elevated cTnI concentrations is important
327 as it suggests that myocardial injury might occur secondary to seizure activity, which could have clinical
328 implications for epileptic patients. In addition, the positive relationship between seizure number and
329 serum cTnI concentration is likely to further reduce the diagnostic utility of serum cTnI for
330 differentiation of syncope and seizure activity (Dutton *et al.* 2016).

331

332 No conflicts of interest have been declared.

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Table 1. Baseline characteristics from both groups of dogs.		
	S (Seizure) n= 29	N (normal controls) n=30
Age (years).	4.0 (0.3-10.5)	4.4 (0.6-15.0)
Male	16 (55%)	12 (40%)
Neutered	18 (62%)	23 (77%)
Bodyweight (KG).	14.9 (5.5-49.2)	14.4 (3.2-40.8)
Serum Creatinine (umol/L).	82 (48-153)	90 (63-140)
Systolic BP (mmHg).	144 (100-178)	134 (100-180)
Breed Categories.		
Other pure breed	15 (52%)	5 (17%)
Cross breed	1 (3.4%)	8 (27%)
Labrador retriever	5 (17%)	4 (13%)
Jack Russell terrier	1 (3.4%)	7 (23%)
Staffordshire bull terrier	3 (10%)	1 (3.3%)
Cavalier King Charles spaniel	2 (6.9%)	1 (3.3%)
Border collie	2 (6.9%)	1 (3.3%)
Springer spaniel	0 (0%)	3 (10%)
Number of seizures	2 (1-11)	NA
Duration of seizures (minutes)	3 (0.5-30)	NA
Interval between last seizure and sample collection (hours)	36 (0-168)	NA
Receiving anticonvulsant medication	17 (59%)	0 (0%)

Table 2. Results of Simple Linear Regression Analysis for log(FG-cTnI) (n=59).

Variable (unit of measurement or comparator category)	Coefficients B	P - value	95 % Confidence Interval for B	
			Lower	Upper
Seizure (no)	-0.299	0.004	-0.499	-0.099
Seizure number during 7 days prior to presentation	0.086	< 0.001	0.056	0.116
Seizure duration (minutes)	0.018	0.006	0.005	0.030
Creatinine concentration ($\mu\text{mol/L}$)	-0.002	0.449	-0.007	0.003
Age (years)	0.049	0.003	0.018	0.079
Sex (male)	-0.051	0.640	-0.266	0.165
Neuter (entire)	0.065	0.580	-0.168	0.298
Weight (kg)	0.000	0.950	-0.010	0.009
Time since last seizure (hours)	-0.002	0.293	-0.005	0.002
Medication (yes)	0.356	0.002	0.138	0.574
Blood pressure (mmHg)	0.005	0.064	0.000	0.010

Table 3. Results of Linear Regression Models for log(FG-cTnI) (n=59).

		Confidence Intervals			
		Coefficient	Lower 95%	Upper 95%	P - value
log(FG-cTnI)	Number of Seizures	0.084	.057	.110	<0.001
Adjusted R-square = 0.48	Age (Years)	0.046	.022	.070	<0.001
	Constant	-1.507	-1.646	-1.367	<0.001

Figure Legend

Figure 1. Box and whiskers plot showing serum cardiac Troponin I concentrations measured using the first generation assay in the dogs that had experienced seizures (n=29) and control dogs (n=30). The whiskers indicate the range of values obtained, the box extends from the 25th to the 75th percentile, the horizontal bar in the box represents the median. Concentrations were significantly higher (Mann-Whitney; P = 0.014) in the dogs that had recently experienced seizures. Note the vertical axis is plotted on a logarithmic scale.

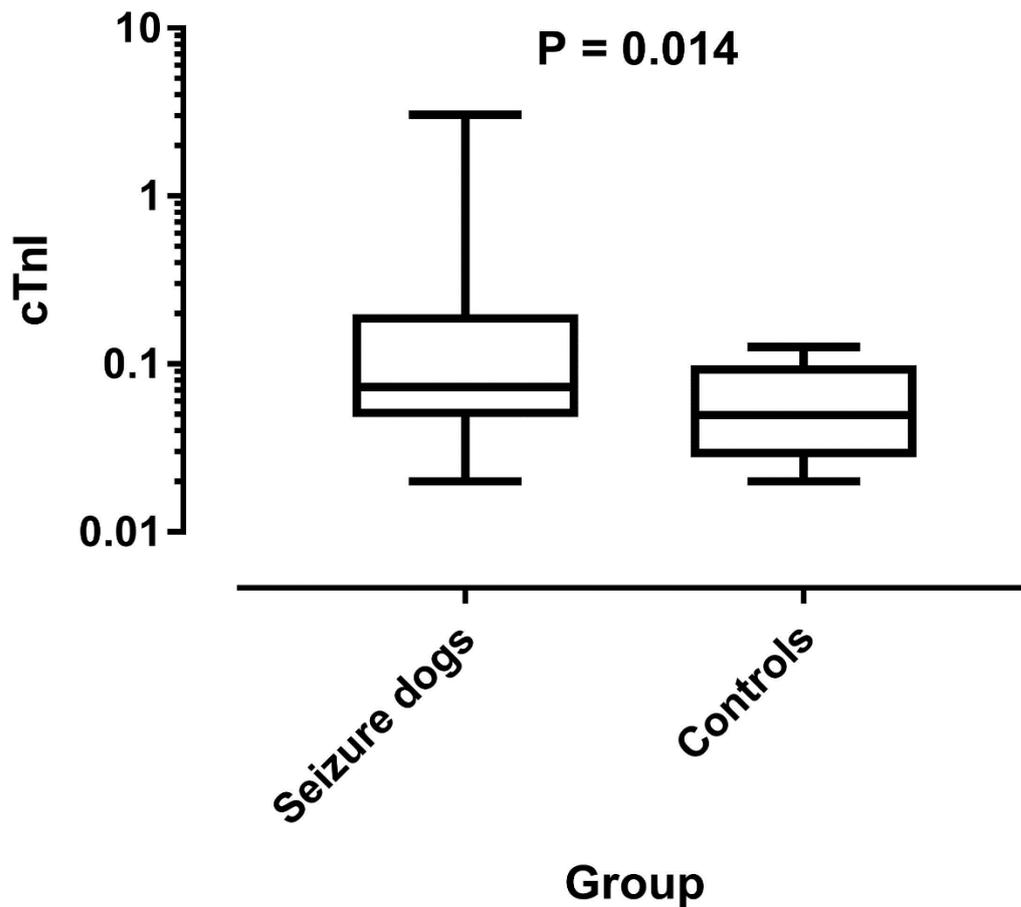


Figure 2. A Bland-Altman plot comparing concentrations of cardiac troponin I obtained by the two assays. The difference in concentration obtained by subtracting the concentration obtained using the high-sensitivity (hs) assay from the concentration obtained using the first generation (FG) assay is plotted (on the vertical axis) against the average of the two concentrations obtained (on the horizontal axis). The plot illustrates a consistently positive difference which appears to increase in a near linear fashion suggesting that the concentrations obtained by the FG assay are always higher and by a consistent factor. Note the horizontal axis is discontinuous in order to include one data point with high concentrations. Bias has been shown as a horizontal dashed line. The upper and lower 95% limits of agreement are shown as dotted lines.

