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TITLE: Surgical management of impalement injuries to the trunk of dogs: a multicentre retrospective study

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1 **Structured summary**

2

3 **Objectives:** To review a large series of dogs referred for treatment of traumatic
4 impalement injuries to the thorax and/or abdomen and to report the aetiologies,
5 injury characteristics, management and long-term outcomes for these patients.

6

7 **Methods:** Retrospectively collected data of dogs surgically treated for impalement
8 injuries to the trunk at six veterinary specialist referral institutions in the UK over
9 an 11-year period were reviewed. Data collected were patient signalment,
10 physiologic variables, injury-specific variables, diagnostic imaging reports,
11 surgical procedures undertaken, duration of hospitalisation, antibiotic use,
12 complications and outcomes. Data were reported with summary statistics.

13

14 **Results:** Fifty-four dogs were included. Impalement occurred most frequently on
15 wooden objects (n=34) and the thoracic cavity was most commonly penetrated
16 (n=37). Computed tomography was sensitive and specific to identifying wooden
17 material in 64% and 88% of cases (n=11) respectively. Thoracotomy was
18 performed in 56%, coeliotomy in 20% and a foreign body or its fragments were
19 retrieved during surgery in 37% of the cases. Complications occurred in 19 dogs
20 (35%) and of these 68% were minor and 32% major. The survival rate for
21 thoracotomy cases was 93% (n=30). Overall long-term survival was 90%.

22

23 **Statement:** Despite the often dramatic presentation of impalement injuries the
24 majority of patients treated in the specialist referral setting can achieve excellent
25 outcomes. These injuries require thorough diagnostic imaging and interpretation

26 prior to adequate surgical exploration and management, augmented by
27 anaesthetic and critical care during the peri- and post-operative periods;
28 therefore stable patients should be referred to centres able to provide this type of
29 care.

30

31 **Keywords:** canine, dogs, impalement, injury, trunk

32

33 **Introduction**

34

35 Penetrating injuries are a well-recognised cause of morbidity in dogs, however
36 previous reports focus mainly on oropharyngeal foreign body penetrating injuries
37 (White & Lane 1988; Griffiths *et al.* 2000; Doran *et al.* 2008), gunshot wounds and
38 bite injuries from other animals (Risselada *et al.* 2008; Cabon *et al.* 2015). There
39 is therefore a paucity of information in the veterinary literature evaluating
40 penetrating injuries to the trunk in dogs caused by impalement on foreign bodies.
41 Current reports are limited to three individual case reports (Pelosi *et al.* 2008;
42 Menard & Schoeffler 2011; Appleby *et al.* 2015;) and a small case series evaluating
43 seven dogs with thoracic impalement injuries (Zitz *et al.* 2007).

44

45 Impalement by definition is piercing or transfixation with a sharp instrument
46 (Oxford English dictionary 2017). Some reports of impalement injuries in human
47 medicine state the penetrating object responsible for the injury to be left
48 protruding from, or attached to the victim (Morgan *et al.* 1988; Eachempati *et al.*
49 1999). An attempt has been made to classify impalement injuries into Type I
50 (impact between the patient body and an immobile object) and Type II
51 (intentional manipulation of a mobile object impacting a stationary patient)
52 (Eachempati *et al.* 1999).

53

54 Impalement wounds affecting dogs most commonly involve the head, neck, or
55 anterior thorax as the result of running onto a stationary pointed object (Type I)
56 (Pavletic 2011). Impalement injuries can be deceiving as what initially appears to
57 be a simple wound may actually conceal a more severe, even life-threatening

58 internal injury, and therefore wound exploration limited only to the entrance
59 point may underestimate the extent of the trauma (Pelosi *et al.* 2008; Menard &
60 Schoeffler 2011). Cross-sectional imaging and use of a combination of modalities
61 may be required to fully elucidate the extent of damage (Menard & Schoeffler
62 2011). Treatment recommendations are guided towards thorough surgical
63 exploration and debridement of the full path of the impalement injury based on
64 the entry wound and imaging findings (Zitz *et al.* 2007).

65

66 The purpose of this study was to review a large series of dogs that were referred
67 for specialist treatment having suffered traumatic impalement injuries to the
68 thorax and/or abdomen that were treated surgically and to report the aetiologies,
69 extent of injuries, surgical management, long-term outcomes and complications
70 encountered.

71

72 **Materials and methods**

73

74 This study was approved by the XXX

75

76 A cover letter calling for study participation was sent out to 17 UK veterinary
77 referral centres. Subsequently, a data collection form (supplemented) was sent to
78 participating institutions (n=6) and data were collected retrospectively from
79 clinical records and diagnostic imaging reports at the respective institutions.

80 Study inclusion criteria were as follows: impalement injuries to the trunk (thorax
81 and/or abdomen) in dogs that required surgical treatment, with complete medical
82 records available (initial history, clinical examination, diagnostic measures,
83 surgical findings, aftercare until discharge and follow-up re-examination).

84 Impalement injury was defined as a traumatic injury where the dog ran onto, or
85 was directly traumatised by a linear object and that caused deep penetration of
86 the skin, subcutaneous tissue +/- underlying body cavities. Impalement injuries
87 that occurred via the oropharynx were excluded.

88

89 Data collected for each case were; patient signalment, mental status, physiologic
90 variables, injury-specific variables, diagnostic imaging reports, procedure-related
91 variables, duration of hospitalisation, antibiotic use, complications and long-term
92 outcomes.

93

94 Complications were defined as minor (medically managed, requiring prolonged
95 hospitalisation or self limiting but not requiring additional surgical treatment) or
96 major (requiring additional surgical intervention, resulting in long-term loss of

97 function, death or euthanasia) and were grouped as intraoperative, early
98 postoperative (<14 days) and late postoperative (>14 days). Medium-term follow
99 up was obtained by post-operative reassessment at the referral institution. Long-
100 term follow up was obtained by telephone conversations with dog owners or
101 referring veterinarians.

102

103 All data were reported with summary statistics. Normality was assessed by the
104 D'Agostino & Pearson test and data were reported as mean (\pm SD) for normally
105 distributed data and median (range or interquartile range (IQR)) for data not
106 normally distributed.

107

108 **RESULTS**

109

110 Fifty-four cases were identified as meeting the inclusion criteria; they had
111 presented to the participating institutions between January 2005 and January
112 2016. This cohort comprised 31 male (7 intact, 24 castrated) and 23 female (7
113 intact, 16 spayed) dogs. An average of 1.25 case per year were presented to an
114 individual hospital participating in the study. Mean age was 48 (\pm 27) months with
115 a median bodyweight of 25 (IQR 17-33) kg. Breed distribution was as follows:
116 crossbreed (n=17), English springer spaniel (n=8), Labrador retriever (n=6),
117 greyhound (n=3), Rhodesian ridgeback (n=3), whippet (n=3), border collie (n=2),
118 English cocker spaniel (n=2), German shepherd (n=2), and one of each of the
119 following: American bulldog, fox terrier, German wire-haired pointer, Jack Russell
120 terrier, Neapolitan mastiff, rough collie, Staffordshire bullterrier and weimaraner.

121

122 Median time from injury to presentation at the referral institution was six hours
123 (range 1 hour to 15 days) with the majority of cases presenting within 10 hours
124 (n=36) but five cases (9%) presenting seven or more days after the initial injury.
125 Six dogs underwent initial surgical intervention at the primary care practice to
126 later (>24 hours) be referred due to complications a median of 5.5 (2 to 10) days
127 following injury. All of these dogs underwent further surgical management.

128

129 *Clinical presentation:*

130 On presentation at the referral institution, mental status was normal in 27 dogs
131 (50%), depressed in 23 dogs (43%) or stuporous in four dogs (7%). Fourteen dogs
132 were non-ambulatory (26%) and 40 ambulatory (74%). The impaling object was

133 still present *in situ* (penetrating into the wound) in 14 cases (26%) at presentation
134 (Figure 1).

135

136 Impalement occurred most frequently on wooden objects (stick, tree branch,
137 miscellaneous piece of wood) (n=34) (Figure 1), followed by unidentified objects
138 (n=8), metallic objects (spikes (n=2), stakes (n=2), knives (n=2), gate post (n=1))
139 (totalling n=7) and deer antlers (n=4).

140

141 Penetration entry sites in total were as follows: 15 to the lateral thoracic wall (one
142 case sustained injuries to both the left and right lateral thoracic wall), 14 to the
143 ventral thoracic wall (below the level of the shoulder joint), 10 to the axilla, eight
144 to the inguinal region, eight to the thoracic inlet, one cranial to the shoulder and
145 one to the caudal ventral neck. Three of these cases had multiple penetration sites.
146 These were caused in two cases by stag horn injuries (one to the right inguinal
147 area and right thoracic wall and one to both sides of the thoracic wall) and in one
148 case by an injury of unknown cause where the left thoracic wall and left inguinal
149 area were penetrated. Cases grouped by site of injury are listed in Table 1.

150

151 *Diagnostic imaging:*

152 Diagnostic imaging performed to investigate the extent of injury prior to surgical
153 exploration at the referral institution used a variety of modalities detailed in
154 Tables 1 and 3 (Table 3 is supplementary data).

155 Data allowing review and comparison of intraoperative findings of wooden
156 foreign material with preoperative imaging findings was available for 18 dogs.

157 In cases where wooden foreign material was present in the surgical site, this was
158 preoperatively identified on computed tomography (CT) in 64% (7/11) and on
159 radiography in 43% (3/7) of these cases. In one case a thoracic foreign body was
160 suspected according to CT findings, however was not found on surgical
161 exploration. Foreign wooden material was retrieved from the surgical site without
162 being identified on diagnostic imaging (CT (n=1), CT + radiography (n=2), CT +
163 radiography + ultrasound (n=1)) prior to surgery in 36% (4/11) of cases.
164 Anatomical locations of penetration were different for these four cases and all of
165 the wooden objects were wooden sticks. Sensitivity and specificity of CT to detect
166 wooden objects was 64% and 88% respectively (data available for 11 cases).

167

168 *Surgery:*

169 Surgery was delayed for further cardio-vascular stabilisation of the patient by
170 means of intravenous fluid resuscitation upon admission in 12 cases (22%). Blood
171 products were administered perioperatively in five cases (9%).

172

173 Surgical wound exploration was performed in 51 cases (94%), in 14 it was the
174 only procedure performed. One wound exploration was done endoscopically
175 (axillary wound). Exploration revealed the thoracic cavity alone to be penetrated
176 in 30 cases (56%) (Figure 1) and the abdominal cavity alone in five cases (9%).
177 Both the thoracic and abdominal cavity were penetrated in seven cases (13%).
178 Neither body cavity was penetrated in 12 of the cases (22%).

179

180 Thoracotomy was performed in 30 dogs (table 2). In one dog thoracoscopic
181 exploration was performed in addition to an intercostal thoracotomy. Lung

182 lobectomies were performed in 10 dogs, four of which developed postoperative
183 complications (40%). Of these 10 dogs partial lung lobectomies were performed
184 in five, an entire lung lobe was removed in four cases and more than one lung lobe
185 was removed in one dog. Coeliotomy was performed in 11 cases. Two cases
186 suffered liver lobe injuries; two penetration of the right ventricle of the heart and
187 also two suffered intercostal artery lacerations. The following organs were injured
188 additionally in one case each: urinary bladder, omentum, pericardium, stomach,
189 small intestine, spleen and trachea. Injuries are detailed on a case-by-case basis in
190 Table 3 (supplementary material).

191

192 A wooden foreign body or its fragments were retrieved during surgery in 20 cases
193 (37%). Most of these were from dogs undergoing wound exploration with
194 thoracotomy (n=8), followed by wound exploration alone (n=7), combined wound
195 exploration / thoracotomy / coeliotomy (n=3), coeliotomy alone (n=1), and dorsal
196 laminectomy (n=1). An additional approach to retrieve the foreign body (other
197 than that for exploration) was required in six cases. This approach was made after
198 following the wooden foreign body (n=3) or its tract (n=3) at their respective
199 termination.

200

201 Seventy-five drains of various types were placed in 49 dogs and these were
202 maintained for a median of 48 hours (range 6 hours to 10 days). Of these drains
203 36 were thoracic drains (all closed suction systems with intermittent drainage),
204 38 were wound drains (28 closed suction drains, 10 Penrose drains) and one was
205 a closed suction abdominal drain. Two dogs required replacement of chest drains

206 two and four days respectively after removal because of continued pleural
207 effusion.

208

209 Median duration of anaesthesia was 190 (IQR 135 to 225) minutes and median
210 duration of surgery was 105 (IQR 70 to 131) minutes. The median duration of
211 anaesthesia in dogs that developed complications was 210 (IQR 150 to 320)
212 minutes, compared to 188 (IQR 134 to 221) minutes in dogs without development
213 of complications. Similarly, the median duration of surgery in dogs with
214 complications was 115 (IQR 101 to 159) minutes, compared to 100 (IQR 61 to
215 124) minutes for dogs without complication development.

216

217 Peri- and postoperative antibiotics were administered in all of the cases.
218 Antibiotics were administered for a median time of 10 days (range 6 to 42 days).
219 Samples for bacterial cultures were taken at the end of surgical exploration in 29
220 cases and were positive in nine of these cases (31%). Median time from the
221 traumatic event to presentation to the referral institution in cases with positive
222 bacterial cultures was 10 (2 to 336) hours compared to 6 (3 to 168) hours in dogs
223 with negative culture results. The most common pathogen isolated was *Esherichia*
224 *coli* (n=5), followed by *Staphylococcus species* (n=2), *Bacillus species* (n=2), and
225 single cases of *Enterobacter cloaceae*, *Enterococcus species* and *Pseudomonas*
226 *putida*. Samples from two cases cultured more than one bacterial isolate (*E. coli* /
227 *Bacillus sp.* and *E. coli* / *Bacillus sp.* / *Enterococcus sp.*). Seven out of nine (78%)
228 positive bacterial culture results were obtained from wounds caused by wooden
229 objects, in five out of which (71%) the object or fragments of it were present in
230 the wound at surgery. The remaining two cases with positive cultures were deer

231 attack wounds. Four of the positive bacterial cultures at time of surgery were
232 associated with complications (*E. coli* (n=2) – wound healing complications, *E. coli*
233 *and Bacillus sp.* (n=1) – death, *Enterobacter cloacae* (n=1) – wound breakdown,
234 abscessation and pneumothorax).

235 Median hospital stay was five days (range 0 to 25 days). Dogs undergoing
236 thoracotomy alone stayed hospitalised for a median of five days (range 2 to 10
237 days), similarly to dogs undergoing coeliotomy alone (median 5 days, range 2 to 9
238 days). Dogs that underwent thoracotomy combined with coeliotomy stayed in
239 hospital longer (median 7.5 days, range 5 to 13 days). The shortest median
240 hospital stay was recorded for dogs undergoing wound exploration alone, with a
241 median of three days (range 0 to 6 days) compared to the overall median of five
242 days.

243

244 *Complications:*

245 Twenty-three complications occurred in 19 out of 54 dogs (35%) and were
246 classified as minor (n=13) in 13 cases (68%) and major (n=10) in six (32%), in
247 four of which they resulted in death or euthanasia.

248

249 One of the 13 minor complications was intraoperative and consisted of
250 supraventricular arrhythmia that resolved after volume resuscitation. Early
251 postoperative complications (<14 days) (n=14) were recorded in 12 dogs (22%)
252 and were considered minor (wound related complications (n=4), drain related
253 complications (n=2), anorexia requiring nasoesophageal tube placement (n=1))
254 and major (uroabdomen requiring partial cystectomy (n=1), tension
255 pneumothorax requiring second surgery (n=1), wound breakdown and

256 deterioration requiring second surgery (n=1) after which the dog further
257 deteriorated and was subsequently euthanased (n=1), pleural effusion and
258 pneumothorax requiring second surgery (n=1) followed by euthanasia of that dog
259 seven days post second operation (n=1), death (n=1)). Individual complications
260 are detailed in Table 3. Fifty-one dogs (94%) survived until hospital discharge.

261

262 Late postoperative complications (14 days – 3 months) (n=8) were recorded in
263 seven dogs (13%) and were considered minor in five and major in three cases.
264 Minor complications consisted of wound dehiscence requiring open wound
265 management (n=2), persistent cough with a bronchointerstitial radiographic lung
266 pattern (n=1), intermittent dyspnoea with seizure-like episodes and
267 supraventricular premature complexes (n=1) and an abscess lesion of the
268 interventricular septum that resolved after four weeks of antibiotic treatment
269 (n=1). Major late postoperative complications were: persistent neurological
270 dysfunction (n=1), lung abscessation requiring lung lobectomy (n=1) and
271 recurrent abscessation of a wound treated by open management after dehiscence
272 prompting euthanasia (n=1).

273

274 Four dogs (7%) died or were euthanased as a consequence of their injuries or
275 surgery. One dog suffered cardiorespiratory arrest in the hospital one day after
276 wound exploration and wooden stick removal from a lateral thoracic wall wound
277 previously managed at the referring practice. Post mortem examination revealed
278 fibronecrotic myositis of the dorsal paraxial muscles. *Escherichia coli* was cultured
279 from the wound and spleen consistent with haematogenous dissemination. One
280 dog was euthanased 11 days following initial surgery after sustaining a left

281 axillary injury where a wooden stick penetrated the thoracic wall, diaphragm and
282 stomach. A wound exploration, midline sternotomy and coeliotomy were
283 performed. Additional surgery was required nine days afterwards following
284 breakdown of the sternotomy wound. At repeat surgery a severely thickened
285 pericardium and lung cortications were found. The dog's clinical condition
286 deteriorated two days following revision surgery and he was euthanased. One dog
287 was euthanased 10 days following initial surgery after sustaining an unknown
288 penetrating injury to the right ventral thorax where the object penetrated the
289 thoracic wall and right ventricle of the heart. Three days after wound exploration,
290 midline sternotomy and ventricular repair further surgery was required. This
291 consisted of repeated midline sternotomy, ligation of internal thoracic and
292 intercostal arteries and subtotal pericardectomy. After the second surgery the
293 wound had dehisced, pneumothorax and pleural effusion developed and the dog
294 was euthanased. One dog was discharged two days following surgery to explore a
295 caudal ventral neck wound and tracheal repair after an unknown object
296 penetration. Three months postoperatively the dog was euthanased due to
297 persistent abscessation of an openly managed wound.

298

299 When cases were grouped with respect to the type of surgery performed, the
300 highest occurrence of complications resulted from thoracotomy (37%) (n=11, 8
301 minor, 3 major), followed by wound exploration alone (36%) (n=5, 3 minor, 2
302 major), coeliotomy (18%) (n=2, 1 minor, 1 major) and dorsal laminectomy (n=1,
303 major). When focusing on dogs which had foreign bodies or their remnants
304 retained in the wound, complications occurred in 40% of associated cases,
305 compared to 32% in dogs where a foreign body was not present in the wound.

306

307 *Outcome:*

308 Outcome information was available for 49/54 dogs with a median follow-up time
309 of 27 months (range 3 to 145 months), as five dogs were lost to follow up (Dogs
310 No. 5, 15, 18, 21, 27). Survival at 12 months was 90% (44/49 dogs – this accounts
311 for four deaths in the postoperative period (Dogs No. 6, 30, 41, 49), and 1 dog who
312 made full recovery but died of an unknown cause at an unknown time (Dog No.
313 44)).

314 Postoperative outcome was excellent (full recovery) in 93% of cases (42/45 dogs
315 – this accounts for four deaths in the postoperative period and five dogs lost to
316 follow up). Dog No. 44 made a full recovery and died of causes unrelated to his
317 injury at an unknown date. Dog No. 36 died 20 months after surgery due to
318 progression of chronic kidney disease. It is unknown if the dog had kidney disease
319 before surgery which may have been exacerbated by general anaesthesia and/or
320 surgery. No. 10 died five years post surgery whilst having a seizure. This dog had
321 a diagnosis of epilepsy and developed occasional dyspnoeic episodes after
322 surgery. Dog No. 13 was receiving ongoing rehabilitation for neurological
323 dysfunction 30 months after surgery.

324

325 **Discussion**

326

327 Truncal impalement injuries are challenging cases which may involve injury to
328 multiple organs and body systems and require thorough exploration and multi-
329 disciplinary management. According to our results, excellent outcomes can be
330 achieved with a targeted approach in cases of impalement injuries of dogs.
331 Complications were encountered in 35% of the here presented cases, however
332 93% achieved excellent outcomes, with a long-term survival rate of 90%.

333

334 We report both Type I and Type II injuries. However, in most of our cases the
335 impaling object was not found visibly protruding from the dog at presentation.
336 The authors considered impalement trauma to be a definition of cause of injury,
337 rather than a definition of patient presentation. Based on our data impalement is
338 an uncommon cause of injury, with roughly just over one dog per year surgically
339 treated at each participating referral centre. Affected dogs were commonly of
340 working breeds and were almost exclusively medium and large breeds. Small
341 dogs may not be able to generate enough momentum to cause severe penetrating
342 injury by running onto an object (White & Lane 1988), and assumingly may also
343 be less inclined to behave in such a manner as to suffer impalement.

344

345 In previously published reports of penetrating oropharyngeal injuries, the
346 majority of cases (76-82%) presented as chronic cases (more than seven days post
347 injury) (White & Lane 1988; Griffiths *et al.* 2000). This differs from our study
348 population, where only 9% of cases presented more than seven days after the
349 traumatic event, highlighting the different characteristics between these two

350 types of penetrating injuries, indicating a higher severity of trauma, morbidity and
351 perhaps owner awareness of injuries associated with cases of impalement.

352

353 Previous reports of non-oropharyngeal impalement injuries are limited to 10
354 cases of thoracic and/or abdominal penetration (Zitz *et al.* 2007; Pelosi *et al.* 2008;
355 Menard & Schoeffler 2011; Appleby *et al.* 2015). Our report also includes 22% of
356 cases without body cavity penetration. Advanced diagnostic imaging and
357 subsequent thorough wound exploration are required to identify extent of injury,
358 cavitory penetration, injuries to internal organs or presence of foreign material in
359 the wound tract. Therefore, a suspected truncal impalement injury should be
360 assumed to be a penetrating injury until proven otherwise.

361

362 The most common entry site of body penetration in this study was the thoracic
363 wall and the pleural cavity was penetrated in more than half of the cases
364 presented, which correlates with the number of thoracotomies performed.
365 Bellenger *et al.* (1996) have previously reported a high survival rate (100%) for
366 thoracotomy associated with thoracic trauma. The conclusion in that study
367 however was based on one thoracic trauma case only (Bellenger *et al.* 1996). Here
368 we present a 93% survival rate for 30 thoracotomies – a more representative
369 finding. This compares favourably to the survival rates for thoracotomy for
370 thoracic bite wounds (82-89%) (Shamir *et al.* 2002; Scheepens *et al.* 2006). The
371 surgical approach for thoracic exploration in this study was dictated by diagnostic
372 imaging findings and surgeon preference. Lung lobectomy was the most
373 frequently performed intrathoracic procedure, being performed in one third of
374 the cases undergoing thoracotomy.

375

376 The most common cause of injury was penetration by a wooden object. Wood is
377 at risk of fragmentation and retention of pieces within the wound tract or
378 penetrated body cavity, with the potential for migration, abscessation and
379 draining tract formation (Scalf 2006). This characteristic differentiates wooden
380 objects from the other penetrating objects recorded in this case series. Most of the
381 positive bacterial cultures were from wounds caused by wooden objects and in
382 more than half of these, wood was present in the wound at surgery. Positive
383 cultures were also obtained from deer attack wounds indicating the potentially
384 high nature of contamination of these wounds. Deer attacks and knife stab wounds
385 (Type II impalement) have previously not been reported in the veterinary
386 literature and have also been included in this study, as they by character fit into
387 the category of similar velocity and mass of the object causing the penetration
388 alike stick or metallic object impalements, as opposed to gunshot or bite wound
389 injuries. All but one of the injuries in the “unknown cause” category were
390 presumed wooden stick impalements unwitnessed by the owner. The remaining
391 case was a presumed knife stab.

392

393 The impaling object was *in situ* in 26% of dogs at presentation. *In situ* objects
394 penetrating into the wound have previously only been reported in four out of 64
395 cases of oropharyngeal penetrations in one study (White & Lane 1988). According
396 to reports in human medicine it is essential not to manipulate an impaled object
397 before the patient is stable and prepared for surgery as this minimises blood loss
398 by maintaining tamponade of damaged vascular structures and avoids further
399 traumatic injury as a result of extraction (Kelly *et al.* 1995; Eachempati *et al.* 1999;

400 Thomson & Knight 2000). Despite the object not being present in the dog in nearly
401 three quarters of the cases, this largely did not influence the prognosis. This may
402 be due to the object not causing severe enough injury (i.e. only subcutaneous
403 penetration, small diameter of object, splintering of object) or rapid veterinary
404 intervention. The object may often also displace internal organs rather than
405 penetrating them (Thomson & Knight 2000). In cases where the object was not
406 found remaining in the penetrating wound, these injuries were classified as
407 impalements according to the history, clinical presentation, diagnostic imaging
408 and surgical findings. A wooden fragment(s) was retrieved in 37% of cases in this
409 study, which is comparable to findings from studies evaluating oropharyngeal
410 injuries where such fragments were retrieved in 34-38% of cases (Griffiths *et al.*
411 2000; Doran *et al.* 2008).

412

413 A variety of imaging modalities were used in this case series, the choice of which
414 was dictated by injury characteristics (clinical presentation, type of object,
415 location and suspicion of injury), clinician preference and costs. Computed
416 tomography has been recommended in cases suspicious of penetrating wooden
417 foreign bodies and has been reported successful in detecting wood in chronic
418 injuries in six dogs (Nicholson *et al.* 2008; Appleby *et al.* 2015). A recent study
419 evaluating sensitivity of diagnostic imaging modalities to identify foreign
420 materials in animal musculoskeletal specimens found difficulties in visualising
421 wood with both digital radiography and CT. Wood, with its low radiopacity is well
422 visualised on ultrasonography and MRI. Ultrasound is of limited value in
423 visualising objects inside air-filled cavities and objects located deeper (>3cm
424 depth) (Panigrahi *et al.* 2015), which would often be the case for impalement

425 injuries. Magnetic resonance imaging has been reported to be useful in diagnosing
426 chronic pharyngeal penetration injuries caused by wooden foreign bodies and
427 surgical planning (Dobromylskyj *et al.* 2008). However, MRI may be inconvenient
428 to use or contraindicated in the acute setting due to long image acquisition times,
429 particularly for thoracic imaging. Computed tomography detected wood in 64%
430 of the cases in this report with one false positive result. The low sensitivity and
431 specificity of diagnostic imaging in our case series clearly indicate the value of
432 direct exploration and visualisation of the wounds after initial patient stabilisation
433 in cases with a history or suspicion of impalement, as previously stated (Zitz *et al.*
434 2007). Depending on intraoperative findings, conversion from a limited wound
435 exploration to thoracic or abdominal cavity surgery may be indicated. Following
436 the here presented results, the authors recommend to limit the choice of
437 diagnostic imaging for a suspected impalement injury case to performing CT for
438 global screening of the extent of injury and intervention planning, and/or
439 ultrasound for specific evaluation of the nature of soft tissue injury and improved
440 chances of identification of foreign wooden material, depending on impalement
441 location.

442

443 Endoscopic wound exploration was performed in two cases. Rigid endoscopy has
444 been described as an effective method for assessment and treatment of
445 oropharyngeal stick injuries in nine dogs (Robinson *et al.* 2014). This may help
446 avoid more invasive surgical wound exploration including thoracotomy or
447 coeliotomy in selected cases, and therefore reduce tissue trauma and recovery
448 times (Robinson *et al.* 2014), or indeed precede more extensive wound
449 exploration where warranted. Rigid endoscopy could be indicated in stable

450 patients as a screening tool to identify the extent of injury, especially that of solid
451 organs. Advanced procedures and user experience could be factors limiting the
452 use and usefulness of this modality. Future comparison of endoscopic and
453 maximally invasive penetrating tract exploration for truncal injuries is required
454 before specific recommendations can be made.

455

456 Limitations of this study relate largely to its retrospective nature, including the
457 reliance on accurate historical data recording, as well as the involvement of
458 multiple clinicians at a number of different referral institutions. There was wide
459 variability between individual cases making grouping difficult. Also, the
460 population of dogs was likely skewed as the worst affected may not have survived
461 to the point of referral to a specialist institution. Similarly some minor impalement
462 injuries may have been managed by first opinion practices.

463

464 In conclusion, despite the often dramatic presentation of dogs suffering
465 impalement injuries the majority of patients which are stable enough for
466 transport to a referral centre for specialist care can achieve successful outcomes.
467 Impalement injuries require thorough diagnostic imaging and interpretation prior
468 to thorough surgical exploration and management, augmented by anaesthetic and
469 critical care during the peri- and post-operative periods.

470

471 Conflict of interest:

472 No conflicts of interest have been declared.

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541

Table 1. Cases treated for impalement injuries grouped by impalement site. § wound exploration was in one case done endoscopically, one case had both left and right thoracic wall penetrations, ¹ additional diaphragmatic myotomy was performed in one case for abdominal exploration.

Entry Point	Number of cases	Single modality imaging			Multimodality imaging				Penetrated body cavity				Surgery Performed		
		RAD	CT	US	RAD/US	RAD/CT	RAD/US/CT	CT/MRI	Thoracic	Abdominal	Both	None	Wound exploration	Thoracotomy	Coeliotomy
Axilla	10	3	2			3	1		7		2	1	10	5MS, 2ICT	2
Lateral thorax	12	7	1			3			8		3	1	12	3MS, 6ICT	2
Ventral thorax	14	7	4		1	1	1		11		1	2	14	6MS, 3ICT	1
Thoracic inlet	8	2	2		1	1	1	1	4			4	8	3MS, 1ICT	
Caudal neck	1											1	1		
Cranial to shoulder	1	1										1	1		
Inguinal area	6	1	1	1	2		1			5		1	3		5
Inguinal area and lateral thoracic wall	2	1			1						1	1	2	1MS	1
Total	54	38	23	10					37	12		12	51	18 MS, 12 ICT	11

Legend for Table 1. ICT – intercostal thoracotomy, CT – computed tomography, MRI – magnetic resonance imaging, MS – median sternotomy, RAD – radiography, US – ultrasound

542 **Table 2.** Cases treated for impalement injuries that underwent thoracotomy.

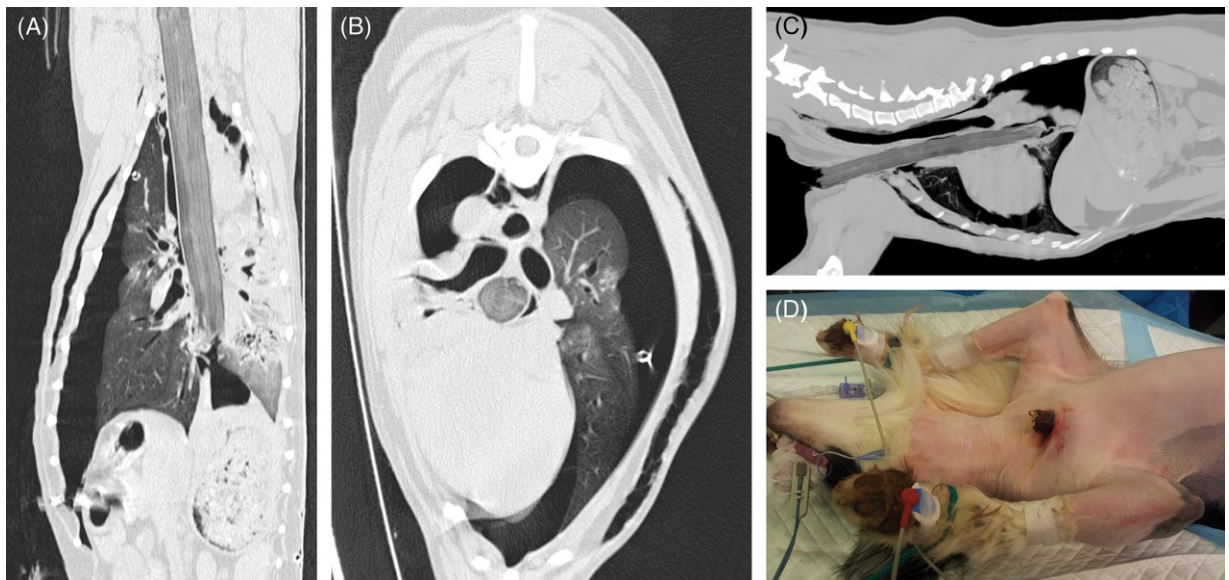
	Median sternotomy	Intercostal thoracotomy	Total
Total number	18	12	30
Complications	33%	42%	37%
Lung lobectomy	28%	42%	33%
Mean surgery time in minutes (interquartile range)	125,5 (101 to 131)	127,5 (85 to 174)	126 (100 to 135)
Median surgery time in minutes (range)	115 (70 to 280)	115 (65 to 225)	115 (65 to 280)
Median hospital stay in days (range)	5 (2–13)	5 (2 to 9)	5 (2 to 13)
Additional coeliotomy	4	2	6
Additional diaphragmatic myotomy	–	1	1
Survival	89%	100%	93%

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544

545 **Figure headings:**

546 **Figure 1:** Dorsal (A), transverse (B) and 3D curved multiplanar (C)
547 reconstruction images of computed tomography data of dog No. 25. A wooden
548 stick is entering the axilla and can be traced into the thorax. Photograph of the
549 same dog in dorsal recumbency being prepared for surgery (D). Wound
550 exploration and median sternotomy were performed to retrieve the wooden
551 stick. No internal organs were injured; outcome was excellent.



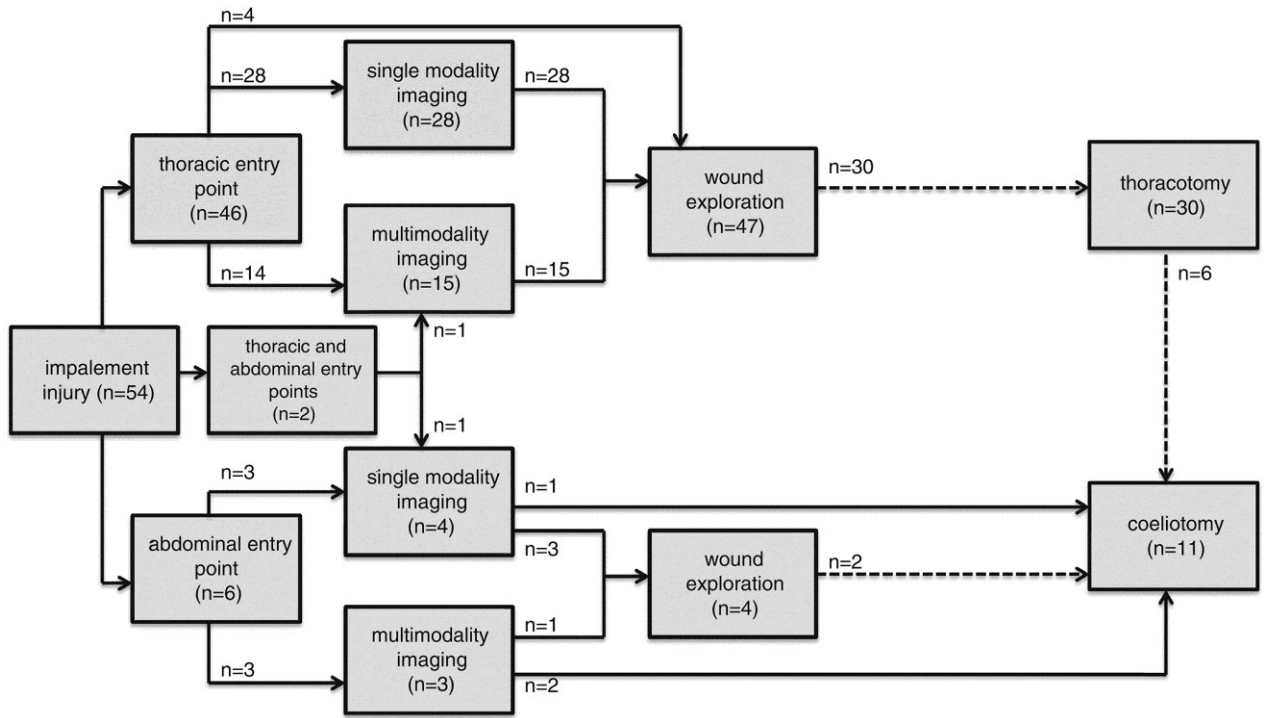
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554 **Flow chart:** Flow chart navigating through cases from presentation to surgery.

555 Dashed lines signify that not all dogs from the respective group went on to have

556 the indicated procedure.



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