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Dixon, J., Smith, K., Perkins, J., Sherlock, C., Mair, T. and Weller, R. (2016), COMPUTED TOMOGRAPHIC APPEARANCE OF MELANOMAS IN THE EQUINE HEAD: 13 CASES. Veterinary Radiology & Ultrasound. doi: 10.1111/vru.12345

which has been published in final form at http://dx.doi.org/10.1111/vru.12345.

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The full details of the published version of the article are as follows:

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AUTHORS: Dixon, J., Smith, K., Perkins, J., Sherlock, C., Mair, T. and Weller, R.

JOURNAL TITLE: Veterinary Radiology & Ultrasound

PUBLISHER: Wiley

PUBLICATION DATE: 22 January 2016 (online)

DOI: 10.1111/vru.12345



1 <u>COMPUTED TOMOGRAPHIC APPEARANCE OF MELANOMAS IN THE EQUINE</u>

2 <u>HEAD: 13 CASES</u>

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- 13
- 14 **Running Head:** CT appearance of equine melanomas
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- 16 **Funding Sources**: None
- 17
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20 Abstract

21 Melanomas are one of the most common neoplasms in the horse and are 22 frequently found in the head region. There is a genetic predisposition in horses 23 with a grey hair coat. Computed tomography (CT) is frequently used in referral 24 practice to evaluate the equine head but there are few reports describing the CT 25 appearance of melanomas in this location. The aim of this study was to describe a 26 retrospective, descriptive, case series of horses with this condition. Case records 27 from two referral hospitals were reviewed, and thirteen horses were identified 28 that had undergone CT of the head, with a diagnosis of melanoma based on 29 cytology, histopathology or visual assessment of black (melanotic) tissue. A 30 median of 11 melanomas was identified per horse (range 3-60), with a total of 31 216 masses. Melanomas were found most frequently in the parotid salivary 32 gland, guttural pouches, surrounding the larynx and pharynx and adjacent to the 33 hyoid apparatus. In non-contrast CT images, all melanomas were 34 hyperattenuating (median; 113.5 Hounsfield units (HU), IQR; 26 HU) compared 35 to masseter musculature (median; 69 HU, IQR; 5.5 HU). Fifty-six (25.9%) masses 36 were partially mineralized and forty-one (19.4%) included hypoattenuating 37 areas. Histopathological assessment of these melanomas suggests that the 38 hyperattenuation identified is most likely a result of abundant intracytoplasmic 39 melanin pigment. Melanomas of the equine head appear to have consistent 40 features on CT, which aids diagnosis of mass lesions and their distribution in this 41 area, although histopathological analysis or visual confirmation should still be 42 obtained for definitive diagnosis.

43

44 Introduction

45 Melanomas are one of the most frequently identified neoplasms in horses,

46 representing between 3 and 15% of tumours, with a known genetic

47 predisposition identified in the grey horse.¹ Melanomas are frequently identified

48 in the perineal region, the base of the tail, the lips and the prepuce.¹⁻³ However

49 they have also been frequently reported to affect the head and neck.⁴⁻⁶

50 In the head, melanomas have been described affecting the parotid salivary

51 glands, eye and eyelids, ears, guttural pouches, paranasal sinuses, lymph nodes

52 and other cutaneous sites.^{1, 5, 7-11} While some of these are visible on clinical

53 examination, some affect deeper structures which may only be identified via

54 endoscopy of the guttural pouches, computed tomography (CT) or magnetic

55 resonance (MR) imaging. There are several publications that describe the use of

56 CT for the evaluation of mass lesions in the head.¹²⁻¹⁴

57 Equine melanomas vary from being heavily pigmented to non-pigmented

58 (amelanotic). Most melanomas are pigmented and the dark brown to black

appearance of these masses is a result of abundant intracellular melanin

60 pigment.¹ Melanin is formed from the oxidation and subsequent polymerization

61 of the amino acid L-tyrosine which occurs within the melanocytes.¹⁵ Melanin has

62 been noted to exhibit paramagnetic effects in MR images of both humans and

63 small animals.¹⁶⁻²⁰

64 Many different neoplasms and mass like lesions have been reported to affect the

equine head, including but not limited to; adenocarcinoma, lymphosarcoma,

66 haemangiosarcoma, squamous cell carcinoma, osteosarcoma, myxoma,

67 meningioma, ossifying fibroma, anaplastic sarcoma, spindle cell tumour

68 progressive ethmoidal haematoma and melanoma.^{5, 11, 13, 21-25} In one CT study, all

69	sinonasal neoplasms with the exception of the ossifying fibroma, were identified
70	to be iso- or hypoattenuating when compared to the masseter muscle. $^{\rm 13}$ In
71	another study, progressive ethmoidal haematomas were noted to be
72	hyperattenuating compared with masseter muscle and the hyperattenuation was
73	described most commonly as heterogeneous with a 'swirling' pattern. 16
74	Computed tomography attenuation values alone do not differentiate between
75	various neoplasms, normal soft tissue structure or even purulent material. ¹³
76	However, there are two cases within the reported literature describing CT
77	imaging findings in horses with melanoma, both of which demonstrated the
78	presence of a hyperattenuating mass. ^{10, 21}
79	The authors have identified melanomas in the head of horses using CT and these
80	masses were observed to be hyperattenuating to surrounding musculature, often
81	with a mineralized component. Our clinical experience matches case reports in
82	the human literature describing the CT features of melanoma in the head, in
83	particular the brain; frequently melanoma masses are hyperattenuating
84	compared to both brain parenchyma and adjacent musculature. ^{26, 27}
85	The aim of the present study was to describe the CT imaging features of
86	melanomas in the horse. The hypothesis is that melanomas will be consistently
87	hyperattenuating to surrounding masseter musculature on CT images.
88	
89	Methods

90 Cases records of horses that had standing CT at the Equine Referral Hospital, The

91 Royal Veterinary College (RVC) between April 2010 until April 2015 and at Bell

- 92 Equine Veterinary Clinic (BEVC) between April 2013 and April 2015 were
- 93 reviewed. Cases were only included if they had at least one mass lesion identified

94	on standing CT that was diagnosed as melanoma on the basis of cytological
95	examination of a fine needle aspirate, histopathological evaluation of an
96	incisional or excisional biopsy, or visual assessment of black tissue representing
97	the mass e.g. within the guttural pouch on endoscopy. The case history,
98	signalement, primary presenting complaint and clinical findings of all horses
99	included in this study were reviewed from the hospital records system, and
100	summarized for this study. Cases where either a complete CT studies or a
101	definitive diagnosis were not available were excluded from this study.
102	CT images were reviewed jointly by two authors, one ECVDI LA Associate (RW)
103	and one ECVDI LA track resident (JD) in a single sitting using a computer
104	workstation and DICOM viewing software (OsiriX 64 bit version 6.0.2, Pixmeo
105	SARL, Switzerland). Reviewers utilized multiplanar reconstructions (MPR) and
106	adjustments of the window width (WW) and window level (WL).
107	Reviewers recorded the number of masses identified, the anatomical location of
108	masses, the maximum mass dimensions, representative mean tissue attenuation
109	of each mass (Hounsfield unit, (HU)), comparative mean attenuation of the
110	masseter muscle, presence and attenuation values of hypoattenuating regions
111	within a mass, and the presence and attenuation values of any mineralization
112	within a mass. Representative attenuation values were obtained for each of the
113	variety of regions using the maximum possible round or oval shaped, hand
114	drawn region of interest (ROI) on a transverse image of each respective lesion.
115	Due to the variable size of lesions, ROI size could not be standardized. All CT
116	studies were reviewed by both the first and last authors to identify signs of
117	concurrent pathology. Abnormalities were recorded and significance determined
118	by presenting signs and the clinical experience of the reviewers.

119 Histopathological reports and retained specimens were retrospectively reviewed120 by a board certified veterinary pathologist (KS).

121 Data distribution was assessed by evaluating histograms; a Wilcoxon Signed

122 Rank test was consequently performed to assess the difference in Hounsfield

- 123 units between masses and the masseter muscle. P-values were set at 0.05 and
- analysis was performed in SPSS (IBM SPSS Statistics, version 21.0, IBM Corp,

125 Armonk, NY, USA). Analysis of data was performed by the first and last authors.

126

127 <u>Results</u>

128 Thirteen horses met the inclusion criteria for this study (7 from The RVC, and 6

129 from BEVC). Breeds were 6 Irish Sports Horses, 2 Irish Draft Horses, 2

130 Connemaras, 1 Thoroughbred, 1 Arabian cross and 1 pony. There were 4

131 geldings and 9 mares. Median age was 12 years (range 6-24 years). All horses

had a grey hair coat.

133 Computed tomographic images were obtained in the standing, sedated horse as

has been previously described,²⁸ using one of two multidetector CT scanners

135 (RVC: GE LightSpeed Pro 16, GE Healthcare, Buckinghamshire, UK and BEVC: GE

136 LightSpeed Plus, GE Healthcare, Buckinghamshire, UK), with typical scan

137 parameters of 1.25mm thick slices, 1.25mm interslice gap, tube rotation time of

138 0.5-0.8 seconds, kVp of 120 and mA of 200 and a variable pitch. CT scans were

typically performed from the junction between the first and second cervical

140 vertebrae rostrally to include the entire dental arcades to the level of the

141 diastema. Non-ionic iodinated contrast media (Iohexol, 300mg/ml, 0mnipaque,

- 142 GE Healthcare, UK) was administered in a single case at a dose of 300mgI/kg IV
- 143 using hand administration through bilateral 12 gauge jugular catheters followed

144 by repeated image acquisition at both 30 seconds and 90 seconds post injection.

145 Image reconstruction using both soft tissue and bone algorithms was routinely146 performed.

147 The primary presenting signs were; soft tissue swelling in the parotid salivary

148 gland region in 6 horses, dysphagia in 3, and mass at the base of the ear,

exophthalmos, mass over the temporomandibular joint and unilateral nasal

150 discharge each affecting one horse. One of the CT examinations was performed

as part of a pre-purchase examination due to the detection of mass lesions in the

152 parotid salivary gland region on clinical examination.

153 Diagnosis of melanoma was based on sampling a sub-section of masses (1-2 per

horse) using histopathology in 6 horses, cytology in 2 and visualization of a black

155 mass within one or both guttural pouches in 5.

156 A total of 216 soft tissue masses compatible with melanoma were identified in

the 13 horses (median 11; range 3-60). The location of the melanomas detected

158 in these cases are detailed in Table 1, with melanomas identified most frequently

159 in the region of the parotid salivary gland, guttural pouches, surrounding the

160 larynx and pharynx and adjacent to the hyoid apparatus. There was a wide

161 variability in the size of melanomas (identified on transverse CT images) with

162 the smallest identified being 3 x 3mm and the largest 136 x 104mm in the

163 transverse plane. Example images are given in Figure 1 A-D.

164 Masses generally appeared as well demarcated homogenous areas of

165 hyperattenuation compared with adjacent soft tissue, with some containing

166 hypoattenuating or mineral attenuating areas. Median representative

167 attenuation of the 216 masses was 113.5 HU (IQR; 26 HU). Median attenuation of

168 masseter muscle measured was 69 HU (IQR; 5.5 HU). When compared to each

individual horses' masseter musculature, all 216 of the identifiable melanoma
masses were observed to be hyperattenuating. There was a significant difference
in attenuation values between the melanoma masses and the masseter muscle
(P=0.01).

173 Irregularly shaped but well-defined hypoattenuating regions were identified 174 within 19.4% (41/216) of the individual masses. The median attenuation of 175 these hypoattenuating regions was 45.1 HU (IQR; 29.5 HU). Of the 216 total masses identified, 25.9% (56/216) were found to have mineral content within 176 177 the mass, with a median attenuation of 326 HU (IQR; 163.75 HU). Concurrent abnormalities were identified in CT images of 6 horses. The most 178 179 frequently identified concurrent abnormalities included; two cases with 180 periapical infection of a cheek tooth (teeth 109 and 209), one of which had a 181 secondary sinusitis, two cases with temporohyoid articulation remodeling and 182 two cases with osteophytes affecting the temporomandibular joints. In 11/13183 cases the melanomas were considered the primary clinical problem, and the 184 reason for performing advanced imaging. In the two cases where melanomas 185 were not the primary clinical complaint, one case had dental disease and 186 secondary sinusitis, and one case presented for a laryngeal foreign body (metal 187 wire). The use of CT in each of these cases facilitated a greater understanding of 188 the number and extent of masses within the head region, often identifying a 189 significantly greater number of lesions than clinical examination alone revealed. 190 Post contrast CT images were obtained in one horse with a parotid melanoma. 191 This enabled detailed assessment of the local vasculature, which aided in surgical 192 planning. In this case, the masses showed moderate and relatively homogenous

193 enhancement following contrast administration (72HU pre-contrast, 110HU post194 contrast).

195

196 Histopathological evaluation

197 Specimens of melanomas from 3 horses were available for histological review. 198 On histological examination the typical appearance was that of an expansile to 199 infiltrative unencapsulated mass composed of small nests and short interwoven 200 bundles of polygonal to spindle-shaped cells with fine intracytoplasmic melanin 201 granules (neoplastic melanocytes) interspersed with aggregates of large round cells containing abundant coarsely granular intracytoplasmic melanin 202 203 (melanomacrophages). The neoplastic melanocytes demonstrated mild nuclear 204 atypia and scattered mitoses: average less than 1 per 10 high power field (Figure 205 2). Intralesional haemorrhage was rare. Some sections contained irregular 206 areas of ischaemic-type necrosis that was undergoing mineralization (dystrophic 207 calcification).

208

209 Discussion

210 A median of 11 melanoma mass lesions were identified on CT images acquired 211 standing in 13 horses. All masses showed a similar consistent appearance on CT 212 images, appearing as a well-defined, predominantly homogenous mass lesion 213 (median attenuation of 113.5 HU) that was hyperattenuating compared with 214 masseter musculature (median attenuation of 69 HU). This finding suggests a 215 means to distinguish melanomas from the surrounding normal musculature; 216 hence measurement of the attenuation value should be included when reviewing 217 CT images of horses with suspected melanoma.

Melanomas are one of the most frequently identified neoplasms in the horse.¹
Despite a large clinical CT caseload at the two hospitals in this study, there were
only 13 cases presented for computed tomographic evaluation with subsequent
lesion confirmation over the study period. It is likely that the low number of
horses identified with melanomas on CT is a result of lesions being identified and
treated within first opinion practice and the potential advantages of CT being
under-recognized.

In humans the hyperattenuating appearance of melanoma on CT has been 225 226 associated with intra-tumoural hemorrhage,²⁶ however this was rarely found on histopathological review of tissue sections in the present study. Hemorrhage on 227 228 CT can often be visualised as a hyperattenuating lesion due to the degree of 229 cellularity and subsequent breakdown products of a hematoma and therefore is 230 an important factor to consider.^{29, 30} In the absence of significant intralesional 231 haemorrhage we instead propose that the hyperattenuating appearance in the 232 lesions that we imaged to directly reflect the melanin content.^{18, 31} Melanin 233 pigment has been shown to have a high affinity for the binding of multiple metal 234 ions including iron, copper, manganese and zinc, and may demonstrate free 235 radical scavenging properties.¹⁷ Copper is utilized in the formation of melanin 236 pigment, being required for tyrosinase activity, and therefore may become 237 incorporated into the molecule. It is known that melanin pigment exhibits 238 paramagnetic effects when placed in an external magnetic field such as a clinical 239 MR imaging scanner, and it is possible that the paramagnetic effects are also a 240 direct result of this high metal ion binding affinity.¹⁶ The relatively high atomic 241 number of these metal ions explains the relatively high attenuation of melanincontaining melanomas in CT images. The melanomas identified in the presentstudy were melanin-containing (melanotic) melanomas.

244 In one horse in the present series, which had 4 masses, attenuation values of the 245 melanoma lesions were in the range of 69-77HU. Although still hyperattenuating 246 compared to the masseter muscle in this individual (67HU), these values were 247 lower than those of the other twelve horses. The melanomas in this individual 248 were small and poorly delineated from the surrounding parotid salivary gland parenchyma, hence the measured attenuation values may underestimate the true 249 250 attenuation because of partial volume effects. The authors chose to include this 251 case despite these challenges, as the subtlety of the masses identified represents 252 a real-life clinical problem that must be recognized when evaluating for the 253 presence of lesions on CT images. 254 Mineralization of the melanoma masses was observed commonly in this series 255 (25.9% of masses), with this often seen in association with adjacent 256 hypoattenuating regions. This corresponds to the histological finding of 257 melanomas with areas of necrosis adjacent to secondary areas of dystrophic 258 mineralization. This secondary change is rarely observed in melanomas in other 259 species.³²⁻³⁵ 260 Post-contrast CT of standing horses is not a widely established technique and 261 was used for only one horse in this series therefore the potential benefit of 262 acquiring post-contrast images cannot be assessed on the basis of a single case.

263 The results of this study suggest that melanomas are readily visible on non-

264 contrast CT images when the CT images are viewed on an appropriate WW and

265 WL. This point reinforces the importance of using both a bone (WW; 3000, WL;

266 700) and a soft tissue (WW; 350, WL; 50) window when evaluating the head of267 the horse.

268 It is beyond the scope of this article to review in depth the treatment options for 269 melanomas of the head and this information is largely available elsewhere.¹ A 270 range of treatment options was utilized in the patients within this study, and this 271 reflects clinician preferences, lesion location, the number and extent of the 272 lesions, the clinical consequences of the lesions and use of the horse. In some cases, a greater number of masses were identified on the CT images than were 273 274 clinically suspected, with 60 masses identified in one patient. It therefore seems 275 appropriate to consider that some superficial lesions identified on clinical 276 examination may well represent only 'the tip of the iceberg' in regards to the true 277 number of masses present and diagnostic imaging is recommended to enable 278 individual equine patients to be accurately staged to permit informed decision 279 making about case management.

280 When examining lesions of this nature on CT images, other differential diagnoses 281 are that of alternative neoplasms. Several other neoplastic lesions including; 282 osteoma, ossifying fibroma, osteosarcoma and others have been reported to 283 contain mineral material and therefore may have a hyperattenuating appearance 284 on CT images.^{11, 13, 24} Predominantly heterogenous hyperattenuating progressive 285 ethmoidal haematomas are less likely differential diagnoses; as, these are 286 generally located in the sinuses or ethmoidal regions rather than within the soft 287 tissue.¹⁶

288 With respect to limitations of this study, one challenging finding was to

accurately identify each individual mass, particularly in cases where abundant

290 masses were present in close proximity to one another. Additionally, when

291 performing attenuation measurements, rather than a using a predefined sized 292 ROI, varying sized ROI's were used in this study to evaluate the attenuation 293 values of the masses, masseter muscle and the hyper- and hypo- attenuating 294 areas within the masses. The largest ROI possible was used to reflect the 295 attenuation of the homogenous portion of the tissue of interest only, whilst 296 maximizing the sampling size in each location. Using too large a ROI may have 297 sampled perilesional tissues, and too small a ROI may not have incorporated enough image information, either of which may have decreased the accuracy of 298 299 the measurements.³⁶ In conclusion, melanomas in the equine head appear to have a consistent 300 301 appearance on CT images. This consistent appearance may aid differentiation of 302 melanomas from other soft tissue masses within the head and therefore aid 303 radiologists to identify such lesions. Melanomas in the equine head are

304 commonly numerous and appear hyperattenuating compared to masseter

305 muscle with a median attenuation of 113.5 HU. Melanomas may contain

306 hypoattenuating areas consistent with necrosis or mineral attenuating areas

307 consistent with dystrophic mineralization. Although histopathological

308 characterization of masses remains the gold standard, the authors suggest that

309 the imaging features identified may aid in forming appropriate differential

310 diagnoses when evaluating sinonasal and other head mass lesions.

311 Acknowledgments

- 312 The authors thank Christopher R Lamb and Tommaso Gregori for their advice
- 313 and contributions to this study.

314

315

316 **<u>References</u>**

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403

404 <u>Tables</u>

Case	Age in years	Breed	Sex	Presenting complaint	Lesion locations	Number of masses identified	Median attenuation of masses (HU)	Maximum mass dimension in the transverse plane (mm)	Mineralization of masses present (Y/N)	Hypoattenuating areas present (Y/N)
1	12	Pony	FE	Parotid soft tissue swelling	PX, LX, GP, EA, TMJ	32	109	136 x 104	Y	Y
2	14	Connemara	FE	Right retrobulbar mass	T, RB, MM, HY, TMJ	11	120.4	80 x 33	Y	Y
3	10	ISH	FE	Soft tissue mass left TMJ	TMJ, MR	3	127.2	37 x 32	Y	Ν
4	24	ТВ	FE	Unilateral left nasal discharge	PSG, LX, EA, MR	8	97.7	79 x 47	Y	Ν
5	8	Connemara	FE	Parotid soft tissue masses	PSG	4	71.8	27 x 35	Y	Ν
6	15	Irish Draft	MN	Dysphagia and weight loss	T, GP, C1, MR, HY, EA, PSG	19	109.4	83 x 57	Y	Y
7	11	ISH	MN	Dysphagia and quidding	TMJ, MM	3	90.8	37 x 18	Y	Ν
8	11	ISH	FE	Soft tissue masses PSG	GP, PSG, LX, C1	10	107	32 x 26	Ν	Y
9	16	Arabian Cross	FE	Retropharyngeal swelling and persistent neck extension	LX, C1, PSG, HY, GP	26	117	42 x 26	Y	Y
10	6	ISH	MN	Parotid region masses	TMJ, GP, PSG	19	103	20 x 20	N	Y
11	14	ISH	FE	Parotid mass lesion and around the base of the ears	GP, C1, TMJ, LX, EA, PX, PSG	60	124.5	73 x 52	Y	Y
12	8	Irish Draft	FE	Parotid mass lesions identified at PPE	PSG	3	95	19 x 11	Y	Ν
13	18	ISH	MN	Parotid soft tissue masses and behavioral changes	PSG, TMJ, EA, MR	18	100.5	52 x 36	Y	Y

405 Table 1: Summary of signalement, presenting complaints and melanoma measurements obtained from 13 horses.

406

407 Abbreviations: Y/N; Yes/No, FE; female entire, MN; male neutered, TB; Thoroughbred, ISH; Irish Sports Horse, HU; Hounsfield Unit, PX;

408 Pharynx, LX; Larynx, GP; Guttural Pouches, EA; Base of ears, TMJ; Temporomandibular joint, T; Tongue, RB; Retrobulbar space, MM;

409 Masseter muscle, HY; Surrounding the hyoid apparatus, MR; Medial to the mandibular ramus, PSG; Parotid salivary gland region, C1;

410 Surrounding the first cervical vertebra, PPE; Pre-purchase examination

411 Figure Legends

- 412 Figure 1: Transverse CT images displayed on a soft tissue WW/WL obtained
- 413 from four horses included, depicting a selection of the hyperattenuating
- 414 melanomas identified, with or without mineralization and/or hypoattenuating
- 415 foci. A; CT image at the level of the occipital bone from horse 11, B; CT image
- 416 from horse 1 at the level of the guttural pouches, C; CT image from horse 3 at the
- 417 level of the vertical ramus of the mandible, D; CT image from horse 6 at the level

418 of the cheek teeth (white * indicates lesion within the tongue).



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Figure 2: Photomicrographs of equine melanoma. A; Unbleached section stained
with H&E. Note short interwoven bundles and closely packed nests of
pigmented melanocytes (arrow head) interspersed with coarsely granular
melanophages (large arrow). Original magnification x100. B; Bleached section
stained with H&E. Note mild to moderate nuclear atypia exhibited by neoplastic
melanocytes (arrow head) versus melanophages (large arrow). Original
magnification x200.





