1 2 3	Activation of the aryl hydrocarbon receptor by a component of cigarette smoke reduces germ cell proliferation in the human fetal ovary
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34 35 36 37 38	Running title: AhR toxicants reduce human female germ cell proliferation Key words: Germ cell, smoking, fertility, follicle, oogenesis, ovary, aryl hydrocarbon receptor

40 Fetal life is a critical time for female fertility, when germ cells complete proliferation, 41 initate meiosis and ultimately form the lifetime stock of primordial follicles. Female 42 fertility may be reduced by *in utero* exposure to cigarette smoke, which contains 43 ligands for the aryl hydrocarbon receptor (AhR). The AhR is a critical regulator of 44 ovarian germ cell survival in mice, thus activation of this receptor in the ovaries of 45 fetuses exposed to maternal cigarette smoke in utero may provide a mechanism by 46 which female fertility is reduced in later life. We have therefore investigated AhR 47 expression in the human fetal ovary, and examined the effects of an AhR ligand 48 present in cigarette smoke, on germ cells in human fetal ovaries cultured in vitro. 49 AHR mRNA expression increased 2-fold between first and late second trimester 50 (p=0.008). AhR protein was confined to germ cells at all gestations, but varied from 51 expression in most germ cells during the first trimester, to only patchy expression by 52 clusters of germ cells at later gestations. Culture of human fetal ovaries with the AhR 53 ligand 9,10-dimethyl-1,2-benzanthracene-3,4-dihydrodiol (DMBA-DHD; а 54 component of cigarette smoke) did not affect germ cell number in vitro, but 55 significantly reduced the proportion of proliferating germ cells by 29% (as assessed 56 by phospho-histone H3 staining (p=0.04)). Germ cell apoptosis was not significantly 57 affected. These results reveal that germ cells in the human fetal ovary express AhR 58 from the proliferative stage of development through entry into meiosis and beyond, 59 and demonstrate that AhR ligands found in cigarette smoke have the capacity to 60 impair human fetal ovarian germ cell proliferation.

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62 Introduction

63 Germ cell development in the human fetal ovary results in the formation of the finite primordial follicle pool that is the ultimate determinant of female fertility and 64 65 reproductive lifespan (Maheshwari and Fowler, 2008; Tingen et al., 2009). Following 66 migration of primordial germ cells to the gonadal ridge, the key stages are germ cell 67 proliferation, entry into meiosis with subsequent meiotic arrest and association with 68 somatic cells to form primordial follicles (Byskov, 1986; Pepling and Spradling, 69 2001). The first germ cells enter meiosis in the third month of fetal development with 70 primordial follicles present from approximately 18 weeks gestation (equal to 16 71 weeks post conception) (Baker, 1963; Kurilo, 1981; Gondos et al., 1986; Sforza et al., 72 2003; Bendsen et al., 2006). In the human fetal ovary, germ cell proliferation 73 continues long after some cells have entered meiosis, such that during the second 74 trimester of pregnancy a developmental gradient is established across the ovary with 75 less mature and mitotic germ cells present around the periphery of the ovary, with 76 those at increasing stages of maturity towards the centre where the first primordial follicles are formed (Fulton et al., 2005; Stoop et al., 2005; Anderson et al., 2007; 77 78 Childs et al., 2012).

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As entry to meiosis precludes further expansion of the germ cell pool by mitosis, generating an adequate germ cell number prior to meiosis is a key step in establishing female fertility. In addition to intrinsic genetic variability, this process is potentially vulnerable to external influence, and there are increasing data regarding the adverse effects of a range of chemicals on ovarian development in humans as well as other species (Susiarjo *et al.*, 2007; Fowler *et al.*, 2008; Allard and Colaiacovo, 2010; Brieno-Enriquez *et al.*, 2011; Hunt *et al.*, 2012). Cigarette smoking is well recognised 87 to have a deleterious effect on the fertility of both men and women (Vine et al., 1994; 88 Ramlau-Hansen et al., 2007; Dechanet et al., 2011) and may also affect fetal androgen exposure (Fowler et al., 2011). Smoking advances the age of the 89 90 menopause (Gold et al., 2013), and in utero exposure of human female fetuses to 91 cigarette smoke has been associated with decreased numbers of germ cells and 92 somatic cells in the developing ovary (Lutterodt et al., 2009; Mamsen et al., 2010), 93 and reduced adult female fertility (Jensen et al., 1998; Jensen et al., 2006; Ye et al., 94 2010).

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96 The chemicals in cigarette smoke include polycyclic aromatic hydrocarbons (PAHs), 97 which are ligands for the aryl hydrocarbon receptor (AhR); a transcription factor 98 which mediates the cellular response to a broad range of xenobiotic molecules with 99 adverse effects on female reproduction (Pocar et al., 2005; Hernandez-Ochoa et al., 100 2009). We have previously demonstrated that human germ cells in the male express 101 the AhR, and that its activation in vitro induces germ cell apoptosis (Coutts et al., 102 2007). In the fetal mouse ovary, AhR activation results in germ cell apoptosis 103 (Matikainen et al., 2002) and also results in the loss of more mature oocytes in both mouse and human (Matikainen et al., 2001). Consistent with this, Ahr-'- mice have 104 105 increased numbers of ovarian follicles in the early postnatal period (Benedict et al., 106 2000; Robles *et al.*, 2000). In the present study we have explored the expression of 107 the AhR in the human fetal ovary and investigated the effect of an AhR ligand on 108 germ cell proliferation and apoptosis, to explore a mechanism whereby cigarette 109 smoke PAHs might impact on female reproductive potential.

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111 Methods

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Human fetal ovaries were obtained following medical termination of pregnancy 114 115 during both the first and second trimesters (7 to 20 weeks gestational age). Women 116 gave consent according to national guidelines and the study was approved by the 117 Lothian Research Ethics Committee (REC 08/S1101/1). Termination of pregnancy 118 was induced by treatment with mifepristone (200 mg orally) followed 48 h later by 119 misoprostol (800µg) three hourly per vaginum. None of the terminations were for 120 reasons of fetal abnormality, and all fetuses appeared morphologically normal. 121 Gestational age was determined by ultrasound examination before termination and 122 confirmed by subsequent direct measurement of foot length. Sex of first trimester 123 specimens was determined by PCR genotyping for the SRY gene (primers: Fwd: 5'-124 ACAGTAAAGGCAACGTCCAG-3', Rev: 5'-ATCTGCGGGAAGCAAACTGC-3' 125 (Friel et al., 2002)). Ovaries were dissected and either snap frozen and stored at -126 70°C, fixed in Bouin's for 2 hours, followed by processing for immunohistochemistry 127 or immunofluorescence, or cultured in vitro as detailed below. Extra-ovarian tissue 128 was dissected from ovaries to be fixed or frozen, but the mesonephros was left 129 attached to samples used in culture experiments.

130

131 *Quantitative PCR*

For quantification of *AHR* and aryl hydrocarbon receptor nuclear translocator (*ARNT*) transcript levels, total RNA was extracted from frozen human fetal ovaries using the RNeasy Mini/Micro Kit (Qiagen, Crawley, UK) with on-column DNaseI digestion, and cDNA synthesised using the Superscript VILO cDNA synthesis kit (Applied Biosystems, Paisley, UK), with duplicate cDNA reactions in which the reverse 137 transcriptase enzyme was omitted prepared as no-template controls for qPCR. qPCR 138 was performed using an ABI HT7900 real-time PCR instrument (Applied 139 Biosystems) and Power SYBR Green PCR Master Mix (Applied Biosystems). 140 Calculations of mRNA concentrations were made relative to the housekeeping gene 141 RPL32, to allow comparisons between cDNAs. Sequences of the oligonucleotide 142 primers used in qPCR follows: AHR Fwd: 5'are as 143 ATACTGAAACAGAGCTGTGC-3', Rev: 5'- AAAGCAGGCGTGCATTAGAC-3' (Ikuta and Kawajiri, 2006); ARNT Fwd: 5'-GCTGCTGCCTACCCTAGTCTCA-3', 144 145 Rev: 5'-GCTGCTCGTGTCTGGAATTGT-3' (Ginis et al., 2004); RPL32 Fwd: 5'-146 CATCTCCTTCTCGGCATCA-3', Rev: 5'-AACCCTGTTGTCAATGCCTC-3'.

147

148 Immunofluorescence

149 Paraffin-embedded ovaries were cut into 5µm sections and mounted onto 150 electrostatically charged microscope slides (VWR, Poole, UK), dried overnight, and 151 then dewaxed and rehydrated using conventional methods. Endogenous peroxidases 152 were quenched in 3% hydrogen peroxide in methanol for 30 minutes (min) at room 153 temperature. After a wash in water, slides were transferred into phospho-buffered 154 saline (PBS) (Sigma-Aldrich, Poole, UK) for 5 min and blocked for 30 min in normal 155 serum (Diagnostics Scotland, Carluke, UK) diluted 1:4 in PBS containing 5% Bovine 156 Serum Albumin (BSA). Sections were blocked with avidin (0.01M; 15 min) and then 157 biotin (0.001M; 15min; both from Vector Laboratories, Peterborough, UK) with 158 washes in PBS in between. AHR antibody (Affinity BioReagents/Thermo Fisher 159 Scientific) Cramlington, UK) was diluted 1:150 and applied to sections at 4°C 160 overnight in a humidified chamber. AHR was visualised by tyramide-enhanced 161 fluorescein via an HRP conjugated goat anti-mouse secondary antibody diluted 1:200.

Sections were counterstained with propidium iodide 1:1000. Fluorescent images were captured using a LSM510 confocal microscope. Negative controls incubated with mouse IgG, omitting primary antisera, were included in all runs and showed no positive immunostaining.

166

167 *Culture of fetal ovaries*

168 Human fetal ovary-mesonephros complexes (8-9 weeks gestational age) were cultured 169 as previously described (Childs et al., 2010) on cell culture inserts (Greiner Bio-One, 170 Stonehouse, UK) in serum free medium (aMEM + GlutaMAX with 1X nonessential 171 amino acids (Applied Biosystems); 2 mM sodium pyruvate and 3 mg/ml BSA Fraction 172 V (both from Sigma-Aldrich); and penicillin/streptomycin/amphotericin B (Cambrex 173 Biosciences, MD, USA)) in the presence of a final concentration of 0.01% dimethyl 174 sulfoxde (DMSO; Sigma-Aldrich) or the AHR ligand 9,10-dimethyl-1,2benzanthracene-3,4-dihydrodiol (DMBA-DHD (an active metabolite of DMBA); 175 176 1µM in DMSO; NCI Chemical Carcinogen Reference Standards Repository, MO, 177 USA) for 7 days in a humidified incubator (37°C, 5% CO₂) to determine effects on PGC number, proliferation and apoptosis. Paired ovaries were used for control and 178 179 treatment. A complete medium change was performed every 48 hours. After culture, 180 tissues were fixed in Bouin's solution and processed into paraffin for histological 181 assessment.

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*Immunohistochemical determination of germ cell number, proliferation and apoptosis*Immunohistochemistry was performed to estimate total germ cell number (Activator
Protein-2gamma; AP-2γ), germ cell proliferation (phosphorylated histone-H3
(phospho-H3)) and apoptosis (cleaved caspase 3) on adjacent serial sections every 5th

187 section as previously described (Martins da Silva et al., 2004; Childs et al., 2010). Slides were incubated in primary antibody (rabbit polyclonal antibodies to AP-2y; 188 189 Santa Cruz Biotechnology, CA, USA; #sc-8977), and cleaved caspase 3 (New England Biolabs, Hitchin, UK; #9601), both diluted 1:100 in Tris Buffered Saline 190 191 (TBS) supplemented with 20% normal goat serum (NGS) and 5% BSA, at 4°C 192 overnight. Primary antibodies were detected using a biotinylated goat anti-rabbit 193 secondary antibody (Dako, Cambridge, UK), diluted 1:500 in TBS/NGS/BSA and 194 incubated for 1 hour at room temperature. Staining was visualized using streptavidin-195 horseradish peroxidase (diluted 1:1000 in TBS) followed by 3,3'-diaminobenzidine 196 tetrahydrochloride (DAB; Dako). Immunohistochemical detection of phospho-H3 was 197 performed on an automated Bond Immunostaining Robot using a rabbit polyclonal to 198 phospho-H3 (Upstate Biotechnology, Milton Keynes, UK, #06-570) as the primary 199 antibody, with secondary antibody and detection as above. Images were captured 200 using an Olympus Provis microscope (Olympus, London, UK). PGC counts and 201 determination of areas were determined using a Zeiss Axio Imager A1 microscope 202 (Carl Zeiss) fitted with a camera and automatic stage (Prior Scientific Instruments 203 Ltd., Cambridge, UK) with Image Pro Plus software 4.5.1 with Stereologer Pro 5 204 software (Media Cybernetics, Workingham, UK). PGC numbers were counted using 205 the point-counting tool, and ovarian areas calculated using the freehand draw tool to 206 outline the edge of the tissue section.

207

208 Statistical analysis

Data are presented as mean±sem. Gene expression across gestation was analysed by
 ANOVA. Tissue culture experiments were analysed by paired t test or Wilcoxon tests

213

214 **Results**

215 *AHR* gene expression is upregulated during human fetal ovarian development

Expression of *AHR* mRNA was detected in human fetal ovaries at all gestations by
qPCR. *AHR* transcript levels increased with gestation, rising 2-fold between the first
trimester (8-9 weeks gestation) and late second trimester (17-20 weeks gestation;
p=0.008, n=5-6 per group; Figure 1A). Expression of *ARNT*, which encodes the Aryl
Hydrocarbon Nuclear Translocator required for AhR transcriptional activity, was
unchanged across this period (Figure 1B).

222

223 AhR protein is expressed exclusively by germ cells in the human fetal ovary

224 AhR was detected in human fetal ovaries in all specimens across the gestational range 225 examined. At all stages of development, AhR expression was exclusively confined to 226 germ cells. In the first trimester, AhR was expressed by all germ cells (Figure 2A), 227 whereas in the second trimester AhR was expressed by clusters of germ cells with 228 others not showing expression (Figure 2B and C). AhR-expressing germ cells were 229 predominantly around the periphery of the ovary (i.e. in less mature germ cells) but 230 scattered clusters of immunopositive germ cells were detected throughout the ovary 231 (Figure 2B). Oocytes within primordial follicles (Figure 2D) showed weak/no 232 immunostaining.

233

234 The AhR ligand DMBA-DHD reduces germ cell proliferation in the human fetal ovary
235 in vitro

236 To establish the effect of AhR activation on human fetal germ cell behaviour, first 237 trimester human fetal ovaries were maintained in vitro for seven days in the presence 238 of vehicle (0.01% DMSO) or the AhR agonist DMBA-DHD (1µM), before 239 histological assessment of germ cell number, proliferation and apoptosis. First 240 trimester samples were used for this part of the study since i) all germ cells expressed 241 AhR at this stage, ii) germ cells at this stage are less heterogeneous than at later stages 242 of development and iii) first trimester human fetal ovaries can be maintained in 243 culture for at least seven days, which we have previously demonstrated to be a 244 sufficient period to analyse changes in germ cell number, proliferation or apoptosis in 245 response to external stimuli (Childs et al., 2010). Ovarian tissue showed well 246 preserved morphology after 7 days in culture, with ongoing germ cell mitosis detected 247 (as determined by phospho-H3) immunostaining; Figure 3A). Germ cell number 248 (determined by quantifying the number of AP- 2γ -positive cells in the ovary (Childs *et* 249 al., 2010) was not affected by treatment with DMBA-DHD (1.01±0.08 in vehicle controls vs $1.25\pm0.09 \text{ x}10^{-4}/\text{um}^2$ in DMBA-DHD treated; Figure 3C), however 250 251 exposure to DMBA-DHD did reduce the proportion of proliferating (phospho-H3-252 positive) germ cells by ~30% (8.9±0.8% in controls vs 6.3±1.2% in DMBA-DHD 253 treated; p=0.04, n=4; Figure 3D). Apoptotic (cleaved caspase 3-positive) germ cells 254 were rare (Figure 3B), and the proportion of apoptotic germ cells was not affected by 255 exposure to DMBA-DHD (14.9±5.1% control vs 12.5±2.5% treated, ns; Figure 3E).

256

257 Discussion

These data demonstrate that germ cells in the human fetal ovary are a site of expression of the AhR, and that expression of the AhR is developmentally regulated at the gene, protein and cellular level. In the first trimester the great majority of germ 261 cells express the AhR, whereas in the second trimester, after the onset of meiosis, 262 AhR expression was more restricted, with AhR detected in clusters of germ cells, while others showed no expression. There was a modest increase in AHR mRNA 263 expression with increasing gestation, interpretation of which is complicated by the 264 265 changing cellular constituents of the ovary. There was no change in the expression of ARNT, which encodes the Aryl Hydrocarbon Translocator, an AhR co-factor. 266 267 Importantly, we have shown for the first time that functional activation of the AhR by 268 a polycyclic aromatic hydrocarbon (PAH) found in cigarette smoke reduced germ cell proliferation in the first trimester human fetal ovary, but did not affect germ cell 269 270 apoptosis. Collectively, these data provide a mechanism whereby *in utero* exposure 271 to AhR ligands, as found for example in cigarette smoke and other products of 272 combustion, may influence germ cell proliferation in the ovary and potentially impact 273 on later female reproductive function. This may therefore at least in part contribute to 274 the observed reduced fertility in women exposed to cigarettes prenatally (Jensen et al., 275 1998; Ye et al., 2010).

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277 The AhR was expressed in germ cells, but not in other cell types in the fetal ovary 278 across the gestational range examined. This pattern of expression is similar to that we 279 previously reported in the fetal testes (Coutts et al., 2007), as is the finding that AhR 280 expression becomes restricted to specific populations of germ cells in the fetal ovary 281 with increasing developmental age. The progressive restriction of AhR expression to 282 a subset of germ cells in the second trimester human fetal ovary implies only a certain 283 stage or stages of germ cell development are associated with AhR expression, 284 following the initiation of meiosis from 11 weeks gestation onwards. The functional 285 significance of this is unclear, but it may be of relevance that the AhR has been 286 associated with regulation of the cell cycle (Denison and Heath-Pagliuso, 1998). In 287 keeping with this, our functional data indicate that treatment of first trimester fetal ovary with a specific AhR ligand significantly reduced germ cell proliferation, as 288 289 detected by expression of phosphorylated histone H3. The importance of germ cell 290 proliferation prior to meiotic entry is indicated by the phenotype of mice deficient for 291 Pin1; a regulator of the rate of mitosis, the absence of which results in markedly 292 reduced primordial follicle numbers (Atchison et al., 2003). We were unable to detect 293 a significant reduction in the number of germ cells in the fetal ovary in response to 294 DMBA-DHD. The doubling time of the human fetal ovarian germ cell population has 295 been estimated at approximately 6 days (Bendsen *et al.*, 2006), thus it is likely that the 296 reduction in germ cell proliferation observed here is too small to effect a change in 297 germ cell number of sufficient magnitude to be detected within the short (seven day) 298 period of culture, although this method was able to detect changes in germ cell 299 number associated with increased apoptosis (Childs et al., 2010). Fetuses in utero are 300 likely to be exposed chronically to cigarette smoke over a period of weeks or months, 301 which may be long enough for an effect on germ cell proliferation to become manifest 302 as a reduction in germ cell number, and thus reduced adult fertility.

303

There was no change in the proportion of germ cells undergoing apoptosis, as indicated by detection of cleaved caspase 3. This result therefore differs from our findings in the fetal testes where AhR activation resulted in an increase in germ cell apoptosis (Coutts *et al.*, 2007). Human embryonic stem cells induced to differentiate towards the germ cell lineage also express the AhR, and are sensitive to PAHs (Kee *et al.*, 2010). In that model, DMBA-DHD resulted in reduced expression of primordial germ cell genes, and increased apoptosis, although the suitability of the ES cell 311 system as a model for human ovarian germ cell development in vivo remains to be 312 determined. Female mice exposed in utero to the AhR ligand benzo(a)pyrene have 313 reduced fertility (MacKenzie and Angevine, 1981), and exposure to dioxin (2,3,7,8-314 tetrachlorodibenzo-p-dioxin, TCDD), also an AhR ligand, has diverse adverse effects 315 on the developing reproductive tract (Wolf et al., 1999; Bruner-Tran and Osteen, 2011). In vitro studies suggest that PAH exposure resulted in increased germ cell 316 317 apoptosis in the mouse fetal ovary (Matikainen et al., 2002). This effect on apoptosis 318 therefore differs from the results presented here, possibly reflecting different stages of 319 development of the germ cells exposed to the PAH. Germ cell apoptosis is infrequent 320 in the first trimester human ovary, but is thought to be an important part of germ cell 321 selection at later stages before primordial follicle formation; a hypothesis consistent 322 the marked increase in the number of apoptotic germ cells observed in the late second 323 trimester human fetal ovary (Fulton et al., 2005). The fetal mouse germ cells exposed 324 to PAH by Matikainen et al were at embryonic day 13.5, coincident with the onset of 325 meiosis in the fetal mouse ovary. Exposure of meiotic germ cells in second trimester 326 human fetal ovary to an AhR ligand might induce germ cell apoptosis, in contrast to 327 the phenotype of reduced proliferation we see in response to DMBA-DHD treatment 328 of first trimester human fetal ovaries. Interestingly, female mice with targeted 329 disruptions of the Ahr gene display increased numbers of primordial follicles in the 330 early postnatal period (Benedict *et al.*, 2000; Robles *et al.*, 2000). This suggests that 331 activation of the AhR by as-yet-unidentified endogenous ligands in the fetal ovary 332 may contribute to the process of widespread germ cell death that occurs during fetal 333 oogenesis under normal physiological conditions.

334

335 The results presented here are consistent with a previous report of reduced numbers of 336 germ cells in the ovaries of fetuses of women who smoked (Mamsen et al., 2010), and 337 indicate that this effect may be mediated by direct effects of PAHs in cigarette smoke 338 on the fetal ovary. Smoking was also associated with a reduced number of somatic 339 cells in the ovary (Mamsen et al., 2010), and while we found no evidence in the present study that somatic cells expressed the AHR, the close inter-dependency of the 340 341 two cell types, and extensive bidirectional signalling between them (Robinson et al., 342 2001; Martins da Silva et al., 2004; Coutts et al., 2008; Childs and Anderson, 2009), makes a secondary, germ cell-mediated effect on the development of ovarian somatic 343 344 cells very plausible.

345

346 In summary, these data provide a functional basis for an adverse effect of in utero 347 exposure to AhR ligands including many that are found in cigarette smoke, providing a mechanism for observational studies that have examined the gonads of smoke 348 exposed fetuses (Lutterodt et al., 2009; Mamsen et al., 2010), and epidemiological 349 350 studies on the subsequent fertility of such individuals (Jensen et al., 1998; Jensen et al., 2006; Ye et al., 2010). Together with substantial experimental and 351 352 epidemiological evidence for an adverse effect of smoking exposure *in utero* on male 353 reproductive function (Jensen et al., 2004; Coutts et al., 2007; Ramlau-Hansen et al., 354 2007) these data highlight the vulnerability of fetal germ cells of both females and 355 males to adverse environmental influences in utero.

356

357 Acknowledgements

This work was funded by the Medical Research Council (G1100357). We are grateful to Anne Saunderson, Joan Creiger and the staff of the Bruntsfield Suite, Royal Infirmary of Edinburgh, for their considerable assistance in patient recruitment.

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512 Figure legends

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514 Figure 1. Expression of *AHR* (A) increases with gestation (P=0.008), but *ARNT* (B)
515 was unchanged (n=5-6 ovaries per group).

516

Figure 2. In the first trimester (A, 7 weeks gestation), AhR was expressed by all germ cells (white arrows) with no expression in somatic cells. At later gestations (B, 19 weeks and C, 18 weeks), AhR expression remained confined to germ cells in clusters, predominantly but not exclusively localized to the more peripheral regions of the ovary (arrows)). AhR expression was low/absent in primordial follicles (D, 19 weeks). All scale bars, 20 µm.

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Figure 3. In vitro exposure of human fetal ovaries (8-9 weeks of gestation) to an AhR 524 525 ligand reduces germ cell proliferation. Representative images of human fetal ovaries 526 cultured for 7 days and immunostained for phosphorylated histone H3 (A and B) and 527 cleaved caspase 3 (C and D) indicating mitotic proliferation and apoptosis 528 respectively (black arrows indicate immunostained cells in A and C). Exposure of 529 first trimester fetal ovaries to the AhR ligand DMBA-DHD (1µM) did not affect germ 530 cell number (E), but significantly reduced human fetal ovarian germ cell proliferation 531 relative to vehicle (DMSO) controls (F; quantified by detection of phospho-H3). 532 Germ cell apoptosis (assessed by caspase 3 immunostaining) was not affected by 533 DMBA-DHD treatment (G). Data are mean±sem of 4 independent experiments. 534



Figure 2



Figure 3

