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20

21 Abstract

22 Dystocia can represent a major welfare issue for dogs of certain breeds and  
23 morphologies. First opinion emergency-care veterinary caseloads represent a useful  
24 data resource for epidemiological research because dystocia can often result in  
25 emergency veterinary care.

26 The study analysed a merged database of clinical records from 50 first opinion  
27 emergency-care veterinary practices participating in the VetCompass Programme.

28 Multivariable logistic regression modelling was used for risk factors analysis. There  
29 were 701 dystocia cases recorded among 18,758 entire female dogs, resulting in a  
30 dystocia prevalence of 3.7% (95% CI: 3.5-4.0%). Breeds with the highest odds of  
31 dystocia compared with crossbred bitches were French Bulldog (OR: 15.9, 95% CI 9.3-  
32 27.2,  $P < 0.001$ ), Boston Terrier (OR: 12.9, 95% CI 5.6-29.3,  $P < 0.001$ ), Chihuahua  
33 (OR: 10.4, 95% CI 7.0-15.7,  $P < 0.001$ ) and Pug (OR: 11.3, 95% CI 7.1-17.9,  $P <$   
34  $0.001$ ). Bitches aged between 3.0 and 5.9 years had 3.1 (95% CI 2.6-3.7,  $P < 0.001$ )  
35 times the odds of dystocia compared with bitches aged under 3.0 years.

36 Certain breeds, including some brachycephalic and toy breeds, appeared at high risk of  
37 dystocia. Opportunities to improve this situation are discussed.

38

39 Abbreviations

40 ABS - Assured Breeder Scheme

41 KC – Kennel Club

42 IQR - interquartile range

43 EPR – electronic patient records

44 OR – odds ratio

45 CI – confidence interval

46

47 Key Words

48 out-of-hours, whelp, canine, parturition, birth, VetCompass

49

50

51 Introduction

52

53 Dystocia is defined as a difficult birth or the inability to expel the foetus through the  
54 birth canal without assistance (Linde-Forsberg 2009). Dystocia requiring veterinary  
55 assistance has been estimated to occur in approximately 5% of all parturitions in  
56 domestic dogs (Linde-Forsberg 2009) and represents 2% of all female insurance claims  
57 in dogs in Sweden (Bergstrom and others 2006). Dystocia can represent a major welfare  
58 issue for certain subsets of the domestic dog population and carries an estimated  
59 mortality rate of over 20% for puppies and of 1% for dams (Gendler and others 2007).

60 The Kennel Club (KC) Assured Breeder Scheme (ABS) is designed to monitor  
61 breeding data on pedigree dogs in the UK with the aim of improving the welfare of  
62 puppies and breeding bitches. However, not all breeding bitches are included under this  
63 scheme and the completeness of breeding data returned to the scheme is severely  
64 limited (Anon. 2016; Llewellyn 2013). Improved understanding of the epidemiology  
65 of dystocia in the general population of bitches in the UK could highlight those breeds

66 and subgroups of dogs at highest risk and help veterinary surgeons to improve breed  
67 and breeding advice provided for this disorder (Adams and Frankel 2007).

68 Breed, body size and age have all been reported as risk factors for dystocia but often  
69 with conflicting results. Chihuahuas, Miniature Poodles, and Dachshunds were the  
70 most commonly presented breeds in a retrospective study of 128 dystocia cases from  
71 the US (Gaudet 1985b), whilst a review of insurance claim data for dystocia identified  
72 Scottish Terriers, Chihuahuas and Pomeranians as breeds with the highest risk for  
73 dystocia in Sweden (Bergstrom and others 2006). Several studies from countries such  
74 as Sweden, Germany and the USA, have reported a higher incidence of dystocia in  
75 miniature and toy breeds in patient populations derived from insurance, obstetric clinic  
76 and referral hospital databases (Bergstrom and others 2006; Gaudet 1985b; Münnich  
77 and Küchenmeister 2009). While age was not identified as a risk factor for dystocia in  
78 two studies based on referral data (Darvelid and Linde-Forsberg 1994; Gaudet 1985b),  
79 a survey of Boxer breeders reported increased risk of dystocia in bitches aged over four  
80 years (Linde Forsberg and Persson 2007). Improved clarity is required on risk factors  
81 for dystocia in the current general population of bitches in the UK.

82 Given that dystocia in dogs is often an emergency veterinary presentation (Smith 2007),  
83 first opinion emergency-care veterinary caseloads should offer a rich source of clinical  
84 case material for epidemiological research on canine dystocia but there are few  
85 published reports that have used data from this source. The current study aimed to  
86 analyse a merged VetCompass database of electronic patient records (EPRs) from 50  
87 Vets Now first opinion emergency-care veterinary practices that cover over 1,000  
88 primary-care practices to investigate the epidemiology of dystocia in dogs  
89 (VetCompass 2017; Vets Now 2015). Merging EPR data from multiple veterinary

90 practices supports clinical research that can be reliably generalized to the overall dog  
91 population (Bateson 2010; McGreevy and Nicholas 1999).

92 Specific objectives of the current study were to report the prevalence of dystocia in the  
93 emergency-care caseload of entire bitches and to evaluate purebred status, breed,  
94 bodyweight and age as risk factors for dystocia. It was hypothesised that dogs weighing  
95 less than 10kg have greater risk of dystocia than dogs weighing 10kg or higher.

96

## 97 Materials and Methods

98 The VetCompass Programme at the Royal Veterinary College shares, analyses and  
99 disseminates veterinary clinical information from UK primary-care and emergency-  
100 care veterinary practices for epidemiological research that aims to develop an improved  
101 evidence base to support companion animal welfare initiatives (VetCompass 2017).

102 Vets Now provides out-of-hours emergency-care services from multiple sites across  
103 the UK, annually treating over 100,000 emergency patients that are registered at over  
104 1,000 primary-care practices (Vets Now 2015). Vets Now clinics use a bespoke  
105 standardised practice management system (Helix PMS) and Vets Now team members  
106 record presenting signs and diagnosis terms from VeNom standardised terminology  
107 during episodes of clinical care (The VeNom Coding Group 2017). A clinical query  
108 using structured query language was used to extract selected anonymized fields of EPR  
109 data from the Helix system before these fields were uploaded to the secure VetCompass  
110 relational database (O'Neill and others 2014b).

111 The sampling frame for the current study included all entire female dogs, with at least  
112 one EPR recorded within the VetCompass database, that attended Vets Now from  
113 September 1<sup>st</sup>, 2012 to February 28<sup>th</sup>, 2014 (Vets Now 2015). Data used in the current  
114 study included demographic (breed, date of birth, sex, neuter status and bodyweight)

115 and clinical (clinical notes, treatment, presenting signs and diagnosis terms with  
116 relevant dates) information. Ethics approval was granted by the RVC Ethics and  
117 Welfare Committee (reference number 2014/S338). A cross-sectional study design was  
118 used to estimate prevalence and evaluate associations between risk factors and dystocia  
119 presentation. Sample size calculations estimated that a cross-sectional study would  
120 require a sample size of 18,647 entire bitches to provide a prevalence estimate with a  
121 0.2% confidence limit for a disorder that occurs in 2.0% of overall population  
122 (assuming a UK population size 2,000,000 entire bitches and design effect 1.0) (Epi  
123 Info 7 CDC 2015).

124 Candidate dystocia cases were identified from the VetCompass database by  
125 searching across five data fields. The clinical notes free-text field was searched using  
126 the terms: *dyst*, *disto*, *labour*, *labor*, *cesa*, *caes*, *csec*, *c-sec*, *birth*, *partur*, *whelp*, *foet*,  
127 *fetal*, *contraction*, *litter*, *breach*, *breech*, *oxyto* (word stem for oxytocin), *neonat*. The  
128 client-reported presenting signs field was searched using the term for *trouble giving*  
129 *birth*. The clinic-reported presenting signs field was searched for *dystocia*. The VeNom  
130 diagnosis field was searched for any terms that included *dystocia* or *pregnancy* and the  
131 drug treatment fields were searched using the search terms; *oxyt* and *dopr* (word stem  
132 for Dopram-V [Zoetis]). The overall search results were aggregated and randomly  
133 ordered using the Rand function within Microsoft Excel (McCullough and Wilson  
134 2005) to avoid temporal bias during the case-reading phase. The full clinical notes of  
135 all candidate dystocia cases were reviewed in detail to decide on case inclusion and to  
136 extract additional information on confirmed cases. The case definition for dystocia  
137 required presentation for clinical care related to whelping and that the bitch had at least  
138 part of one puppy retained internally at initial presentation. All entire bitches not

139 meeting the dystocia case definition were included in the analysis as non-cases for  
140 dystocia.

141 Recognisable single breeds (Irion and others 2003) were grouped according to  
142 purebred/crossbred status, Kennel Club (KC) recognized-breed status (recognized/not  
143 recognized) and KC breed group (The Kennel Club 2017a). A *breed* variable included  
144 all individual breeds with eight or more dystocia cases, any remaining breeds among  
145 the 10 most common individual breeds overall, a grouping of all remaining pure breeds  
146 and a grouping of all crossbreds. *Age* (years) at dystocia diagnosis, for case animals,  
147 and at the mid-point between the first and final EPR, for the non-case animals, was  
148 categorised into five groups (< 3.0, 3.0-5.9, 6.0-8.9,  $\geq$  9.0 years, not recorded).  
149 *Bodyweight* described the maximum recorded value for each dog and was used to  
150 generate seven bodyweight categories: (0.0-9.9, 10.0-19.9, 20.0-29.9, 30.0-39.9, 40.0-  
151 49.9,  $\geq$  50.0 kg and no weight recorded).

152 Following data checking and cleaning in Excel (Microsoft Office Excel 2007, Microsoft  
153 Corp.), statistical analyses were conducted using Stata Version 13.0 (Stata  
154 Corporation). Prevalence values for dystocia with 95% confidence intervals (95% CI)  
155 were reported overall and for each of the common breeds. The 95% CI estimates were  
156 derived from standard errors, based on approximation to the normal distribution  
157 (Kirkwood and Sterne 2003). Descriptive statistics characterised purebred status,  
158 breeds, KC-recognized breed, KC breed group, age and bodyweight separately for  
159 dystocia cases and non-cases. Binary logistic regression modelling was used for  
160 univariable risk factor evaluation for association with dystocia occurrence. Purebred  
161 status, KC-recognized breed, KC breed group (highly correlated with breed) and  
162 bodyweight (defining characteristic of individual breeds) were excluded from  
163 multivariable modelling because breed was a factor of primary interest for the study.



164 Remaining factors with liberal associations in univariable modelling ( $P < 0.2$ ) were  
165 taken forward for multivariable logistic regression modelling evaluation. Model  
166 development used manual backwards stepwise elimination. Clinic attended was entered  
167 as a random effect and pair-wise interaction effects were evaluated for the final model  
168 variables (Dohoo and others 2009). The Hosmer-Lemeshow test statistic (Hosmer and  
169 others 2013) and the area under the receiver operator curve (ROC) were used to evaluate  
170 model fit (non-random effect model) (Dohoo and others 2009). Statistical significance  
171 was set at  $P < 0.05$ .

172

## 173 **Results**

### 174 Descriptive results

175 The study population comprised of 18,758 entire female dogs attending 50 Vets Now  
176 clinics across the UK. There were 701 dystocia cases identified, resulting in a dystocia  
177 prevalence of 3.7% (95% CI: 3.5-4.0%) among emergency-case entire bitches.

178 Breed data were available for 668/701 (95.3%) of the dystocia bitches. Of these with  
179 data available, 628/668 (94%) were purebred and 561/668 (84.0%) were recorded as  
180 breeds recognized by the KC. Of the KC breed groups, the Toy group had the most  
181 case dogs: 172/668 (25.8%). The most common breeds diagnosed with dystocia cases  
182 were Chihuahua ( $n = 75$ , 10.7%), Staffordshire Bull Terrier (59, 8.4%), Pug (43, 6.1%),  
183 Jack Russell Terrier (43, 6.1%) and crossbred (40, 5.7%) (Table 1). Bodyweight data  
184 were available on 237/701 (33.8%) of dystocia bitches and the median bodyweight of  
185 these was 10.0 kg (interquartile range (IQR) 6.2-21.4, range 1.5-66.6). Age data were  
186 available on 659/701 (94.0%) dystocia bitches and the median age at dystocia was 3.0  
187 years (IQR: 2.0 – 4.0, range: 0.7 – 14.0) (Figure 1).

188 Breed data were available for 16,757/18057 (92.8%) of the non-dystocia bitches. Of  
189 these with data available, 13,795/16,757 (82.3%) were purebred and 12,164/16,757  
190 (72.6%) were recorded as breeds recognized by the KC. The Gundog group was the  
191 most common KC breed group: 3,509/12,164 (20.9%). Of the 16,757 non-cases with  
192 breed recorded, the most common breed types were crossbred (n = 2,961, 16.4%),  
193 Labrador Retriever (1,509, 8.4%), Staffordshire Bull Terrier (1,014, 5.6%) and Jack  
194 Russell Terrier (908, 5.0%) (Table 1). Bodyweight data were available on 6,040/18,057  
195 (33.4%) of non-dystocic bitches and the median bodyweight of these was 12.1 kg (IQR  
196 6.3-22.5, range 0.2-85.0). Age data were available on 15,292/18,057 (84.7%) non-  
197 dystocia bitches and the median age was 4.0 years (IQR: 1.0-9.0, range: 0.0-22.0)  
198 (Figure 1).

199 The prevalence of dystocia varied widely across the breeds. Breeds with the highest  
200 prevalence among the entire bitches treated at emergency care practices included  
201 French Bulldog (20.6% prevalence, 95% CI 14.1-28.4), Boston Terrier (18.8%, 95%  
202 CI 8.9-32.6), Pug (14.5%, 95% CI 10.9-19.4) and Chihuahua (14.2%, 95% CI 11.3-  
203 17.5). The prevalence of dystocia among entire crossbred bitches was 1.3% (1.0-1.8)  
204 (Table 2).

205

#### 206 Risk Factor Analysis

207 Univariable logistic regression modelling identified six variables with liberally  
208 significant ( $P < 0.20$ ) association with dystocia: purebred status, KC-recognised breed,  
209 KC Breed Group, breed, bodyweight and age. Although not included in multivariable  
210 modelling as explained above, the univariable results indicated that purebred dogs had  
211 3.4 (95% CI 2.4-4.7,  $P < 0.001$ ) times the odds of dystocia compared with crossbred  
212 dogs and that KC-recognized breeds had 2.0 (95% CI 1.6-2.4,  $P < 0.001$ ) times the odds

213 of dystocia compared with bitches of non-KC-recognized breeds. The Toy group had  
214 the highest odds of dystocia among the KC breed groups when compared with bitches  
215 of non-KC-recognized breeds: OR: 3.3, 95% CI 2.6-4.3,  $P < 0.001$ . Dystocia risk  
216 increased towards the extremes of the bodyweight range: bitches weighing  $< 10\text{kg}$  had  
217 1.6 (95% CI 1.1-2.5,  $P = 0.016$ ) times the odds and bitches weighing 40.0-49.9 kg had  
218 3.5 (95% CI 1.8-6.8,  $P < 0.001$ ) times the odds of dystocia compared with bitches  
219 weighing 20-29.9kg (Table 1).

220 The final multivariable model comprised two risk factors: breeds and age. The  
221 final model was improved by inclusion of the clinic attended as a random effect ( $\rho$ :  
222 0.03 indicating that 3% of the variability was accounted for by the clinic attended,  $P <$   
223 0.001) and these results were reported. No biologically significant interactions were  
224 identified. The final unclustered model showed acceptable model-fit (Hosmer-  
225 Lemeshow test statistic:  $P = 0.997$ ) and good discrimination (area under the ROC curve:  
226 0.801). Breeds with the highest odds of dystocia compared with crossbred bitches were  
227 French Bulldog (OR: 15.9, 95% CI 9.3-27.2,  $P < 0.001$ ), Boston Terrier (OR: 12.9, 95%  
228 CI 5.6-29.3,  $P < 0.001$ ), Pug (OR: 11.3, 95% CI 7.1-17.9,  $P < 0.001$ ) and Chihuahua  
229 (OR: 10.4, 95% CI 7.0-15.7,  $P < 0.001$ ). Bitches aged between 3.0 and 5.9 years had  
230 the highest odds of dystocia, showing 3.1 (95% CI 2.6-3.7,  $P < 0.001$ ) times the odds  
231 compared with bitches aged under 3.0 years (Table 3).

232

## 233 **Discussion**

234 This study of over 18,000 entire bitches receiving first-opinion emergency veterinary  
235 care in the UK identified canine dystocia as a common emergency presentation (3.7%  
236 of all entire bitches presented). The study highlighted age and certain breeds as  
237 significant risk factors for dystocia. These results can enhance the overall evidence-

238 base to assist breeders and veterinary surgeons to predict the breeds and ages associated  
239 with dystocia and therefore to improve dystocia-avoidance strategies at an overall dog  
240 population level.

241 The 3.7% prevalence for canine dystocia reported here is apparently higher than the  
242 results from a study of insured bitches in Sweden which reported a dystocia prevalence  
243 of 2%. However, the study designs are not directly comparable because the Swedish  
244 study included all bitches regardless of neuter status even though it was not possible  
245 for the neutered bitches to develop dystocia and so may have substantially under-  
246 estimated the true prevalence. In contrast, the current study included only entire bitches  
247 (Bergstrom and others 2006).

248 Although purebred status was assessed only at a univariable level in the current study  
249 because of co-linearity with the breed variable, purebred bitches showed 3.4 times the  
250 odds of presentation for dystocia compared with crossbred bitches. Previous studies  
251 have also reported that purebreds, and particularly brachycephalic types, have been  
252 associated with a higher risk of dystocia (Jackson 2004; Linde-Forsberg 2009). An  
253 over-representation of purebred dogs among the dystocia caseload could also reflect  
254 the higher financial value of purebred compared with crossbred puppies or other human  
255 behavioral drivers that may make owners of purebred bitches more inclined to seek  
256 emergency veterinary treatment. However, it is worth noting that so-called designer  
257 crossbred types now comprise an increasing proportion of crossbred dogs (Beverland  
258 and others 2008) and these designer dogs can have quite significant monetary values  
259 such that the historic distinctions between purebred and crossbred dogs are becoming  
260 increasingly blurred (Oliver and Gould 2012).

261 After accounting for the other factors assessed, the breeds with the highest odds of  
262 dystocia in the current study were the Boston Terrier, French Bulldog, Chihuahua and

263 Pug. None of the ten most common breeds in the overall study population showed lower  
264 odds of dystocia compared with crossbreeds. Analysis of Swedish insurance data  
265 identified the Scottish Terrier, Chihuahua, Pomeranian and Pug as the breeds with the  
266 highest incidence rates for claims for dystocia (Bergstrom and others 2006). However,  
267 this insurance study was limited by the exclusion of three breeds (Boston Terrier,  
268 Bulldog and French Bulldog) that were not covered for caesarean section by the  
269 insurers in question (Agria insurance). So, owners of bitches of these breeds may have  
270 been less likely to take out insurance cover with that company. In addition, this  
271 insurance study included all bitches, regardless of neuter status, whose data may have  
272 confounded the results. A study of 128 bitches with dystocia identified Chihuahuas,  
273 Dachshunds, Pekingeses, Yorkshire Terriers, Miniature Poodles and Pomeranians as  
274 having significantly higher risk than a hospital population (Gaudet 1985b). In the  
275 current study, three of the four breeds with the highest odds of dystocia were breeds  
276 with extreme brachycephaly: Boston Terrier, French Bulldog and Pug. Such breeds  
277 have been previously reported to have dystocia rates approaching 100% (Gill 2002;  
278 Jackson 2004; Linde-Forsberg 2009). Recent increases in breed popularity of small-  
279 sized brachycephalic breeds such as the French Bulldog (KC registrations rose almost  
280 thirty-fold between 2005 and 2014) and the Pug (KC registrations rose four-fold  
281 between 2005 and 2014 (The Kennel Club 2017b) may also underlie the high frequency  
282 of these breeds among veterinary presentations for dystocia. The boom in demand for  
283 puppies of these popular breeds may encourage acceptance of breeding pairs without  
284 sufficient regard for self-whelping attributes. Furthermore, the high commercial value  
285 of the puppies means that veterinary costs can be easily passed on to the puppy  
286 purchasers (McGreevy and Nicholas 1999) and whelping bitches may be more likely  
287 to be presented for early emergency veterinary care if problems arise during the birthing

288 process. Conversely, awareness among breeders of this high breed-related prevalence  
289 of dystocia combined with the high monetary value of their puppies means that these  
290 predisposed brachycephalic breeds may be more likely to present to routine day-care  
291 veterinary practices for planned elective caesarean than to present as out-of-hours  
292 emergency-care dystocia cases. So, despite the high odds ratios identified in the current  
293 study for brachycephalic breeds, it is possible that these results may still have  
294 substantially under-reported the true risk of dystocia in these brachycephalic breeds  
295 because an unknown but suspectedly high proportion of bitches from these breeds in  
296 the wider population undergo elective caesarean and therefore would be less likely to  
297 present for emergency-care whelping management (Evans and Adams 2010;  
298 Wydooghe and others 2013).

299 The current study provides strong evidence for pronounced breed predispositions,  
300 especially in brachycephalic breeds to dystocia, and highlights some opportunities for  
301 veterinary surgeons to become more involved. It has been suggested that there may be  
302 financial disincentives for veterinary surgeons to reduce the incidence of inherited  
303 diseases because they are paid to diagnose and treat them (McGreevy 2007). However,  
304 amid the broader debate about the ethics of breeding morphologically compromised  
305 dogs (McGreevy 2009; McGreevy and Bennett 2010), there is increasing evidence of  
306 multiple disorders affecting brachycephalic breeds (O'Neill and others 2015) and  
307 current veterinary interest in calling for changes to breed standards (Wedderburn 2016).  
308 So, it is timely to consider what general veterinary practitioners can do to reduce the  
309 welfare impacts of dystocia in high-risk breeds. One possibility for veterinary surgeon  
310 action is provided by the British Veterinary Association which has made it clear that it  
311 is 'important for vets and breeders to report caesareans and any procedures that alter  
312 the natural conformation of a dog to the Kennel Club' (British Veterinary Association

313 2016). However, although this recommendation for voluntary reporting by veterinary  
314 surgeons has been present for several years, the current veterinary reporting levels  
315 remain chronically low; just 2.7% of all caesareans reported to the KC during the first  
316 half of 2012 were submitted by veterinary surgeons (Llewellyn 2013). This suggests  
317 either poor awareness or simple non-compliance by the veterinary profession and it  
318 may be worth debating whether reporting of clinical dystocia and/or caesarean  
319 surgeries should become mandatory for the veterinary profession. Attending veterinary  
320 surgeons also have an ethical opportunity to counsel owners of dystocic bitches about  
321 the probability that further breeding may endanger the individual dams and their  
322 descendants. Veterinary practices could design their pricing policy to encourage  
323 owners of dystocic bitches to commit to neutering at the time of any caesarean surgery.  
324 In addition, breed clubs could encourage responsible breeding by requiring highly  
325 placed show dogs to be from self-whelping lines. Data from studies such as the current  
326 one could be used as evidence to promote the introduction of such initiatives.

327 The study hypothesised that dogs weighing under 10kg have greater risk of dystocia  
328 than dogs weighing 10kg or above. The univariable analysis did support an increased  
329 dystocia risk in smaller bitches but also revealed that a more complicated picture  
330 existed whereby bodyweights towards both extremes showed increased odds of  
331 dystocia. Bitches dogs weighing under 10 kg had 1.6 the odds of dystocia compared  
332 with dogs weighting 20.0-29.9 kg, whereas dogs weighing 40-49.9 kg had 3.5 times  
333 the odds. These findings are supported by previous reports that also reported higher  
334 incidence of dystocia in miniature and toy dogs (Bergström and others 2010; Gaudet  
335 1985b; Münnich and Küchenmeister 2009) and in larger breeds (Münnich and  
336 Küchenmeister 2009). Small and miniature breeds often have single-pup pregnancies

337 that can result in an oversized foetus and consequent dystocia (Darvelid and Linde-  
338 Forsberg 1994; Gaudet 1985a; Münnich and Küchenmeister 2009).

339 The current study reported that bitches aged 3.0-5.9 years old had over three times the  
340 odds of dystocia compared with bitches aged under three years. Previous studies have  
341 variously either reported no association with age (Darvelid and Linde-Forsberg 1994;  
342 Gaudet 1985b) or that older bitches were predisposed to dystocia (Bergström and others  
343 2010; Linde Forsberg and Persson 2007). In a study of Boxer dogs, the incidence of  
344 uterine inertia was significantly higher in bitches that were four years or older  
345 compared with younger bitches and whelping complications other than uterine inertia  
346 were also higher in the older bitches (Linde Forsberg and Persson 2007). Older bitches  
347 are reported to have a higher incidence for single foetus pregnancies, uterine disorders  
348 and prolonged parturition which may contribute to their increased risk of dystocia  
349 (Münnich and Küchenmeister 2009).

350 There were some limitations to the current study. Some variables within the dataset had  
351 a high proportion of missing data (notably bodyweight) which limited the possible  
352 interpretations from the results. The study caseload represented emergency cases  
353 presented during out-of-hours periods (evenings, overnight and weekends) and  
354 therefore may vary from the routine caseloads recorded regular hours at primary-care  
355 practices. Conversely, this study also had several novel strengths. Although the optimal  
356 source of data would be the entire breeding bitch population in the UK, the current  
357 analysis of the overall population of entire bitches under veterinary care at a major UK  
358 first-opinion emergency-care provider benefits from a large sample size that enabled  
359 precise values to be reported for prevalence and high statistical power to detect  
360 important risk factors (O'Neill and others 2014a). The inclusion of clinical data from  
361 50 Vets Now clinics covering over 1,000 primary-care practices spread across the UK



362 should reduce geographical biases based on breed types or client expectations and  
363 promote good generalizability of the results.

364

365 In conclusion, this study revealed increased odds of dystocia among 3-6 year old  
366 bitches compared with those aged under three years and for brachycephalic breeds that  
367 included three of the four breeds with the highest odds of dystocia: Boston Terrier,  
368 French Bulldog and Pug. Application of this knowledge may help to inform veterinary  
369 surgeons when offering advice on breed choice for new owners or compiling breeding  
370 recommendations for breeder clients. Kennel clubs may use these results to focus their  
371 resources on strategies to reduce dystocia in high-risk breeds.

372

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379

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385 **Competing Interests**

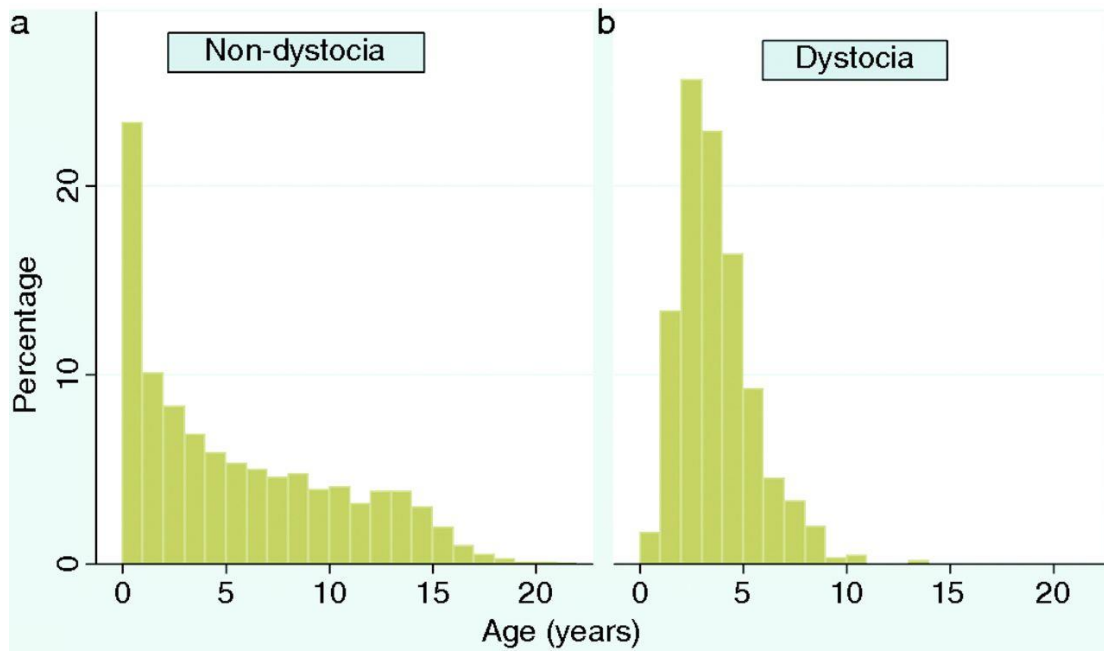
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388 Now Ltd.

389

390 **Figures**

391

392 Figure 1. Ages of A. non-dystocia (n = 18,057) and B. dystocia (n = 701) entire bitches  
393 treated at 50 first-opinion emergency-care veterinary practices in the UK



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395

396 **Tables**

397 Table 1: Descriptive and univariable logistic regression results (95% confidence  
 398 intervals (CI)) for risk factors associated with dystocia in entire bitches attending first  
 399 opinion emergency-care veterinary practices in the UK. The results shown are based  
 400 on animals with data available.

| Variable                      | Category                   | Case No. (%) | Non-case No. (%) | Odds ratio | 95% CI    | P-Value |
|-------------------------------|----------------------------|--------------|------------------|------------|-----------|---------|
| Purebred status               | Crossbred                  | 40 (6.0)     | 2,962 (17.7)     | Base       |           | < 0.001 |
|                               | Purebred                   | 628 (94.0)   | 13,795 (82.3)    | 3.4        | 2.4-4.7   |         |
| KC-recognised breed           | Not KC-recognised breed    | 107 (16.0)   | 4,593 (27.4)     | Base       |           |         |
|                               | KC-recognised breed        | 561 (84.0)   | 12,164 (72.6)    | 2.0        | 1.6-2.4   | < 0.001 |
| KC Breed Group                | Not_KC_Recognised          | 107 (16.0)   | 7,854 (28.3)     | Base       |           |         |
|                               | Gundog                     | 77 (11.5)    | 3,509 (20.9)     | 0.9        | 0.7-1.3   | 0.691   |
|                               | Hound                      | 45 (6.7)     | 793 (4.7)        | 2.4        | 1.7-3.5   | < 0.001 |
|                               | Pastoral                   | 23 (3.4)     | 786 (4.7)        | 1.3        | 0.8-2.0   | 0.328   |
|                               | Terrier                    | 103 (15.4)   | 1,967 (11.7)     | 2.2        | 1.7-3.0   | < 0.001 |
|                               | Toy                        | 172 (25.8)   | 2,213 (13.2)     | 3.3        | 2.6-4.3   | < 0.001 |
|                               | Utility                    | 99 (14.8)    | 1,666 (9.9)      | 2.6        | 1.9-3.4   | < 0.001 |
|                               | Working                    | 42 (6.3)     | 1,231 (7.4)      | 1.5        | 1.0-2.1   | 0.039   |
| Breeds                        | Crossbred                  | 40 (5.7)     | 2,961 (16.4)     | Base       |           |         |
|                               | Boston Terrier             | 9 (1.3)      | 39 (0.2)         | 17.1       | 7.8-37.6  | < 0.001 |
|                               | French Bulldog             | 28 (4.0)     | 108 (0.6)        | 19.2       | 11.4-32.3 | < 0.001 |
|                               | Chihuahua                  | 75 (10.7)    | 453 (2.5)        | 12.3       | 8.2-18.2  | < 0.001 |
|                               | Pug                        | 43 (6.1)     | 248 (1.4)        | 12.8       | 8.2-20.1  | < 0.001 |
|                               | Miniature Dachshund        | 12 (1.7)     | 113 (0.6)        | 7.9        | 4.0-15.4  | < 0.001 |
|                               | Bulldog                    | 15 (2.1)     | 194 (1.1)        | 5.7        | 3.1-10.5  | < 0.001 |
|                               | Staffordshire Bull Terrier | 59 (8.4)     | 1,014 (5.6)      | 4.3        | 2.9-6.5   | < 0.001 |
|                               | Golden Retriever           | 13 (1.9)     | 251(1.4)         | 3.8        | 2.0-7.3   | < 0.001 |
|                               | Jack Russell Terrier       | 43 (6.1)     | 908 (5.0)        | 3.5        | 2.3-5.4   | < 0.001 |
|                               | Border Terrier             | 10 (1.4)     | 178 (1.0)        | 4.2        | 2.0-8.5   | < 0.001 |
|                               | Yorkshire Terrier          | 22 (3.1)     | 621 (3.4)        | 2.6        | 1.5-4.4   | < 0.001 |
|                               | Springer Spaniel           | 14 (2.0)     | 524 (2.9)        | 2.0        | 1.1-3.7   | 0.030   |
|                               | Boxer                      | 12 (1.7)     | 355 (2.0)        | 2.5        | 1.3-4.8   | 0.006   |
| West Highland White Terrier   | 12 (1.7)                   | 433 (2.5)    | 2.0              | 1.0-3.9    | 0.037     |         |
| Shih-tzu                      | 15 (2.1)                   | 469 (2.6)    | 2.4              | 1.3-4.3    | 0.005     |         |
| Cavalier King Charles Spaniel | 12 (1.7)                   | 437 (2.4)    | 2.0              | 1.1-3.9    | 0.033     |         |

|                         |                        |            |               |      |         |         |
|-------------------------|------------------------|------------|---------------|------|---------|---------|
|                         | Cocker Spaniel         | 17 (2.4)   | 667 (3.7)     | 1.9  | 1.1-3.3 | 0.030   |
|                         | Border Collie          | 8 (1.1)    | 427 (2.4)     | 1.4  | 0.6-3.0 | 0.403   |
|                         | German Shepherd Dog    | 8 (1.1)    | 438 (2.4)     | 1.4  | 0.6-2.9 | 0.440   |
|                         | Labrador Retriever     | 20 (2.9)   | 1,509 (8.4)   | 1.0  | 0.6-1.7 | 0.945   |
|                         | Other purebred dogs    | 181 (25.8) | 4,400 (24.4)  | 3.0  | 2.2-4.3 | < 0.001 |
| Bodyweight overall (kg) | < 10.0                 | 115 (16.4) | 2,624 (14.5)  | 1.6  | 1.1-2.5 | 0.016   |
|                         | 10.0-19.9              | 56 (8.0)   | 1,522 (8.4)   | 1.4  | 0.9-2.1 | 0.161   |
|                         | 20.0-20.9              | 31 (4.4)   | 1,159 (6.4)   | Base |         |         |
|                         | 30.0-30.9              | 19 (2.7)   | 523 (2.9)     | 1.4  | 0.8-2.4 | 0.301   |
|                         | 40.0-49.9              | 13 (1.9)   | 140 (0.8)     | 3.5  | 1.8-6.8 | < 0.001 |
|                         | ≥ 50.0                 | 3 (0.4)    | 72 (0.4)      | 1.6  | 0.5-5.2 | 0.472   |
|                         | No recorded bodyweight | 464 (66.2) | 12,017 (66.6) | 1.4  | 1.0-2.1 | 0.051   |
| Age category (years)    | < 3.0                  | 268 (38.2) | 6,397 (35.4)  | Base |         |         |
|                         | 3.0 - 5.9              | 320 (45.7) | 2,771 (15.4)  | 2.8  | 2.3-3.3 | < 0.001 |
|                         | 6.0 - 8.9              | 65 (9.3)   | 2,198 (12.2)  | 0.7  | 0.5-0.9 | 0.013   |
|                         | ≥ 9.0                  | 6 (0.9)    | 3,926 (21.7)  | 0.0  | 0.0-0.1 | < 0.001 |
|                         | No age data available  | 42 (6.0)   | 2,765 (15.3)  | 0.4  | 0.4-0.5 | < 0.001 |

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403 Table 2: Breed prevalence (%) (95% confidence intervals (CI)) of dystocia in entire  
 404 bitches treated at first opinion emergency-care veterinary practices in the UK

| Breed type                    | Total no. dogs | No. dystocia cases | % dystocia | 95% CI    |
|-------------------------------|----------------|--------------------|------------|-----------|
| Crossbreed                    | 3,001          | 40                 | 1.3        | 1.0-1.8   |
| Boston Terrier                | 48             | 9                  | 18.8       | 8.9-32.6  |
| French Bulldog                | 136            | 28                 | 20.6       | 14.1-28.4 |
| Chihuahua                     | 528            | 75                 | 14.2       | 11.3-17.5 |
| Pug                           | 291            | 43                 | 14.5       | 10.9-19.4 |
| Miniature Dachshund           | 125            | 12                 | 9.6        | 5.1-16.2  |
| Bulldog                       | 209            | 15                 | 7.2        | 4.1-11.6  |
| Staffordshire Bull Terrier    | 1,073          | 59                 | 5.5        | 4.2-7.0   |
| Golden Retriever              | 264            | 13                 | 4.9        | 2.6-8.3   |
| Jack Russell Terrier          | 951            | 43                 | 4.5        | 3.3-6.0   |
| Border Terrier                | 188            | 10                 | 5.3        | 2.6-9.6   |
| Yorkshire Terrier             | 643            | 22                 | 3.4        | 2.2-5.1   |
| Springer Spaniel              | 538            | 14                 | 2.6        | 1.4-4.3   |
| Boxer                         | 367            | 12                 | 3.3        | 1.7-5.6   |
| West Highland White Terrier   | 455            | 12                 | 2.6        | 1.4-4.6   |
| Shih-tzu                      | 484            | 15                 | 3.1        | 1.7-5.1   |
| Cavalier King Charles Spaniel | 449            | 12                 | 2.7        | 1.4-4.6   |
| Cocker Spaniel                | 684            | 17                 | 2.5        | 1.6-3.9   |
| Border Collie                 | 435            | 8                  | 1.8        | 0.8-3.6   |
| German Shepherd Dog           | 446            | 8                  | 1.8        | 0.8-3.5   |
| Labrador Retriever            | 1,529          | 20                 | 1.3        | 0.8-2.0   |
| Breed not recorded            | 1,333          | 33                 | 2.5        | 1.7-3.5   |
| Other pure breeds             | 4,581          | 181                | 4.0        | 3.4-4.6   |

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407 Table 3: Final random-effects multivariable logistic regression model (95% confidence  
 408 intervals (CI)) for risk factors associated with dystocia in entire bitches attending first  
 409 opinion emergency-care veterinary practices in the UK (n = 18,758).

| Variable             | Category                      | Odds ratio | 95% CI   | P-Value |
|----------------------|-------------------------------|------------|----------|---------|
| Breeds               | Crossbreed                    | Base       |          |         |
|                      | Boston Terrier                | 12.9       | 5.6-29.3 | < 0.001 |
|                      | French Bulldog                | 15.9       | 9.3-27.2 | < 0.001 |
|                      | Chihuahua                     | 10.4       | 7.0-15.7 | < 0.001 |
|                      | Pug                           | 11.3       | 7.1-17.9 | < 0.001 |
|                      | Miniature Dachshund           | 6.0        | 3.0-12.0 | < 0.001 |
|                      | Bulldog                       | 4.5        | 2.4-8.4  | < 0.001 |
|                      | Staffordshire Bull Terrier    | 4.1        | 2.7-6.2  | < 0.001 |
|                      | Golden Retriever              | 3.6        | 1.9-7.0  | < 0.001 |
|                      | Jack Russell Terrier          | 3.4        | 2.2-5.4  | < 0.001 |
|                      | Border Terrier                | 3.6        | 1.7-7.4  | 0.001   |
|                      | Yorkshire Terrier             | 2.7        | 1.6-4.6  | < 0.001 |
|                      | Springer Spaniel              | 1.7        | 0.9-3.2  | 0.093   |
|                      | Boxer                         | 2.4        | 1.2-4.6  | 0.011   |
|                      | West Highland White Terrier   | 2.5        | 1.3-4.9  | 0.007   |
|                      | Shih-tzu                      | 2.1        | 1.1-3.8  | 0.020   |
|                      | Cavalier King Charles Spaniel | 1.8        | 0.9-3.5  | 0.083   |
|                      | Cocker Spaniel                | 1.5        | 0.9-2.7  | 0.146   |
|                      | Border Collie                 | 1.7        | 0.8-3.7  | 0.182   |
|                      | German Shepherd Dog           | 1.4        | 0.7-3.1  | 0.370   |
| Labrador Retriever   | 0.8                           | 0.5-1.4    | 0.523    |         |
| Other purebred dogs  | 2.6                           | 1.8-3.7    | < 0.001  |         |
| Age category (years) | < 3.0                         | Base       |          |         |
|                      | 3.0 - 5.9                     | 3.1        | 2.6-3.7  | < 0.001 |
|                      | 6.0 - 8.9                     | 0.9        | 0.7-1.1  | 0.318   |
|                      | ≥ 9.0                         | 0.0        | 0.0-0.1  | < 0.001 |
|                      | No age data available         | 0.4        | 0.3-0.5  | < 0.001 |

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