

1 **Original Article**

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4 **Prevalence of disorders recorded in cats attending primary-care veterinary practices in**
5 **England**

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22 Abstract

23 Improved understanding of absolute and relative prevalence values for common feline
24 disorders would support clinicians when listing differential diagnoses and assist prioritisation
25 of breeding, research and health control strategies. This study aimed to analyse primary-care
26 veterinary clinical data within the VetCompass project to estimate the prevalence of the most
27 common disorders recorded in cats in England and to evaluate associations with purebred
28 status. It was hypothesised that common disorders are more prevalent in purebred cats than in
29 crossbred cats. From a study population of 142,576 cats attending 91 clinics across central
30 and South-Eastern England from September 1, 2009 to January 15, 2014, a random sample of
31 3,584 cats was selected for detailed clinical review to extract information on all disorders
32 recorded.

33

34 The most prevalent diagnosis-level disorders recorded were periodontal disease ($n =$
35 499; prevalence, 13.9%, 95% confidence intervals [CI], 12.5-15.4), flea infestation ($n = 285$;
36 prevalence, 8.0%; 95% CI, 7.0-8.9) and obesity ($n = 239$; prevalence, 6.7%; 95% CI, 5.7-
37 7.6). The most prevalent disorder groups recorded were dental disorders ($n = 540$; prevalence,
38 15.1%, 95% CI, 13.6-16.6), traumatic injury ($n = 463$; prevalence, 12.9%; 95% CI, 11.6-
39 14.3) and dermatologic disorders ($n = 373$; prevalence, 10.4%; 95% CI, 9.2-11.7). Crossbred
40 cats had higher prevalence for two disorders among the twenty most common disorders
41 recorded and purebreds had higher prevalence for one disorder. Veterinarians could use these
42 results to prioritise highly prevalent disorders as they focus their diagnostic and prophylactic
43 efforts.

44 The study did not show an increased prevalence of common disorders in purebred cats
45 compared with crossbred cats. Primary-care veterinary clinical data were shown to be
46 versatile and useful for demographic and clinical studies on cats.

47

48 *Keywords:* Electronic patient record; Epidemiology; Feline; Prevalence; Primary-care

49 veterinary

50

51 Introduction

52 The domestic cat (*Felis catus*) was domesticated more than 9,000 years ago (Driscoll
53 et al., 2007). It is estimated that 8.5 to 10.3 million cats are currently owned in the UK and
54 19.0-25.5% of households own at least one cat (Murray et al., 2010; PFMA, 2013) ¹. Despite
55 substantial medical and genetic advances at an individual cat level (Chandler et al., 2007;
56 Pontius et al., 2007; Drobatz and Costello, 2010; RCVS, 2014) ², there is an abiding shortage
57 of health information on cats at the population level (Bateson, 2010). Improved
58 understanding of absolute and relative prevalence values for common feline disorders would
59 support clinicians when listing differential diagnoses (Gough, 2007) and would facilitate
60 strategic prioritisation of breeding, research and health control efforts in cats (McGreevy,
61 2007; Bessant, 2009; Bateson, 2010).

62

63 The BBC documentary Pedigree Dogs Exposed ³ asserted that the health of purebred
64 dogs is deteriorating because of inbreeding and conformational extremes. Although just 8%
65 of cats are estimated to be purebred, compared with 75% of dogs ⁴, inherited and breed-
66 related disorders are also thought to contribute materially to the feline disease burden
67 (Bessant, 2009). More than 200 feline genetic diseases have been identified (Pontius et al.,
68 2007; ICC, 2013) ⁵, disorder predispositions have been reported in 31 cat breeds (Gough and
69 Thomas, 2010) and many cat breeds are phenotypically defined by genetic mutations that

¹ See: PFMA, 2013. Pet Population 2013. <http://www.pfma.org.uk/pet-population/> (accessed 22 March 2014).

² See: RCVS, 2014. Recognised Specialist List 2014. <http://www.rcvs.org.uk/document-library/recognised-specialist-list-2013/> (accessed 22 March 2014).

³ See: BBC, 2008. Pedigree Dogs Exposed. http://www.bbc.co.uk/pressoffice/pressreleases/stories/2008/08_august/19/dogs.shtml (accessed 22 March 2014).

⁴ See: PFMA, 2012. The Pet Food Manufacturers' Association 'Statistics'. <http://www.pfma.org.uk/statistics/> (accessed 22 March 2014).

⁵ See: ICC, 2013. Inherited disorders in cats. <http://www.icatcare.org/advice/cat-breeds/inherited-disorders-cats> (accessed 22 March 2014).

70 adversely affect health (Gunn-Moore et al., 2008). Comparing the prevalence of common
71 disorders between purebred and crossbred cats would improve our understanding of the
72 impacts to overall feline health from purebred status, conformational extremes and low
73 genetic diversity.

74

75 Generation of reliable population statistics on disorder occurrence requires large-scale
76 systematised data collection (Bateson, 2010). Electronic patient record (EPR) data collected
77 from primary-care veterinary practices have been proposed for reliable epidemiological
78 analyses (McGreevy, 2007; Bateson, 2010). Clinical data recorded by veterinarians at the
79 time of the clinical events should reduce misclassification and recall biases, and data
80 collection covering every patient treated should minimise selection biases (Bateson, 2010).
81 The VetCompass primary-care veterinary database⁶ offers comprehensive demographic and
82 clinical information for epidemiological studies (Kearsley-Fleet et al., 2013; O'Neill et al.,
83 2013a; O'Neill et al., 2013b; Mattin et al., 2014; VetCompass, 2014).

84

85 This study aimed to estimate the prevalence of the most common disorders in cats
86 attending primary-care veterinary practices in England and to evaluate the influence, if any,
87 of purebred status on the occurrence of common disorders. It was hypothesised that purebred
88 cats have a higher prevalence of common disorders compared with crossbred cats.

89

90 Materials and methods

91 The VetCompass companion animal surveillance system⁶ collects de-identified
92 electronic patient record (EPR) data from primary-care veterinary practices for

⁶ See: VetCompass, 2013. VetCompass: Health surveillance for UK companion animals.
<http://www.rvc.ac.uk/VetCOMPASS/> (accessed 22 March 2014).

93 epidemiological research. Disorder terms were selected by veterinarians at episodes of
94 clinical care from an embedded standard nomenclature, the VeNom codes ⁷. Clinical data
95 were extracted electronically from practice management systems using integrated clinical
96 queries (Kearsley-Fleet et al., 2013) and automatically uploaded every week (from September
97 1, 2009 to January 15, 2014) to a secure structured query language database. Demographic
98 (animal identification number, species, breed, date of birth, sex, neuter status, insurance
99 status and weight) and clinical (free-form text clinical notes, VeNom disorder terms and
100 treatment, with relevant dates) data fields were collected. Ethics approval was granted by the
101 RVC Ethics and Welfare Committee (reference number 2010 1076).

102

103 The study sampling frame included all cats with at least one EPR recorded attending any
104 practice within the Medivet Veterinary Group, a large network of integrated veterinary
105 practices covering Central and South-Eastern England ⁸. Cats were selected randomly from
106 the overall sampling frame ⁹ for detailed review of their clinical notes and VeNom disorder
107 terms to identify all final disorder terms. Instead of full analysis of the entire dataset, a
108 sampling methodology was chosen because of the considerable time input required for
109 manual extraction and validation of disorder terms. VeNom disorder terms originally entered
110 at consultations might have been updated to more precise or even different terms after further
111 clinical investigation and thus were deemed insufficiently reliable for automated analytic
112 methods. Sample size calculations estimated that, from a study population of 140,000 cats, a
113 sample of 3,648 animals was required to represent a disorder that has a 2.5% expected

⁷ See: The VeNom Coding Group, 2013. VeNom Veterinary Nomenclature.
<http://www.venomcoding.org> (accessed 22 March 2014).

⁸ See: Medivet, 2014. Medivet: the veterinary partnership. <http://www.medivet.co.uk/>
(accessed 22 March 2014).

⁹ See: www.random.org (accessed 22 March 2014).

114 frequency with a precision of 0.5% at a 95% confidence level ¹⁰. During the data extraction
115 process, disorder terms were re-coded to their most appropriate VeNom term for further
116 analysis. Elective (e.g. neutering) or prophylactic (e.g. vaccination) clinical events were not
117 included. Multiple counting of open-ended disorders was avoided by including only the first
118 event for ongoing conditions. The final disorder term only was used if diagnoses were revised
119 over time, assuming that diagnostic accuracy increased over time (Willard and Tvedten,
120 2004). The parent term only was included for disorders with multiple child terms (Sleator and
121 Endre Tarjan, 1983); e.g. a parent term road traffic accident may have multiple child terms
122 such as laceration and fracture). Disorder events that were aetiologically independent, despite
123 sharing the same disorder term name (e.g. new occurrences of cat bite abscesses), were
124 included separately. Distinction was not made between pre-existing and incident disorder
125 presentations. Disorders described in the clinical notes by presenting sign terms (e.g.
126 'vomiting and diarrhoea') were included by using the first sign listed (e.g. vomiting).
127 Inclusion of dental disorders in the study required recommendation of surgical or medical
128 intervention by the veterinarian.

129

130 Recognisable specified breeds ¹¹ were grouped as 'purebred' and all other cats were
131 grouped as 'crossbred'. Neuter status was defined by the final EPR status. Insurance status
132 described whether a cat was insured at any time. The maximum bodyweight (kg) for cats
133 aged 6 months or older over was categorised into five groups (< 3.0 kg, 3.0 - 3.9 kg, 4.0 - 4.9
134 kg, 5.0 – 5.9 kg and ≥ 6.0 kg). The age (years) at the final EPR was categorised into eight
135 groups (< 1.0, 1.0-2.9, 3.0-5.9, 6.0-8.9, 9.0-11.9, 12.0-14.9, 15.0-17.9 and ≥ 18.0). Time

¹⁰ See: Epi Info 7 CDC, 2012. Centers for Disease Control and Prevention (US): Introducing Epi Info 7. <http://www.cdc.gov/epiinfo/7> (accessed 22 March 2014).

¹¹ See: ICC, 2014. Cat breeds. <http://www.icatcare.org/advice/cat-breeds> (accessed 22 March 2014).

136 within the study was calculated using the earliest and latest EPR dates. The mechanism
137 (euthanasia or non-assisted; (McMillan, 2001) and age (years) at death was recorded. The
138 mean and standard deviation (SD) described normally distributed data while the median,
139 interquartile range (IQR) and range described non-normally distributed data (Kirkwood and
140 Sterne, 2003).

141

142 Extracted VeNom disorder terms were mapped to both diagnosis-level and mid-level
143 precision hierarchies for analysis. Diagnosis-level terms described extracted disorder terms at
144 the highest clinical precision that was recorded within the EPR (e.g. a record of 'cat bite
145 abscess' would remain as 'cat bite abscess' and a record of 'abscess' would remain as
146 'abscess'). Mid-level terms grouped extracted terms at general precision level (e.g. both 'cat
147 bite abscess' and 'abscess' would map to 'abscess'). Data cleaning used a spreadsheet
148 (Microsoft Office Excel 2007, Microsoft) before export to a commercially available statistical
149 software program (Stata Version 11.2, Stata) for analyses. Descriptive statistics were
150 generated for the overall study population and the sample group. Prevalence values with 95%
151 confidence intervals (CI) were tabulated for the twenty most prevalent diagnosis-level and
152 mid-level disorders and were reported across all sampled cats, purebred cats and crossbred
153 cats. The proportion of cats with at least one disorder was reported and compared between
154 purebred and crossbred cats using the chi-squared test. The median (IQR, range) number of
155 disorders recorded per cat was reported and compared between purebred and crossbred cats,
156 using the Wilcoxon rank-sum test. Prevalence values were compared between purebred and
157 crossbred cats for the twenty most common diagnosis-level and mid-level disorders using the
158 chi-squared test or Fisher's exact test as appropriate (Kirkwood and Sterne, 2003). Holm-
159 adjustment of *P*-values accounted for multiple testing effects (Aickin and Gensler, 1996).
160 Statistical significance was set at 5%. The CI estimates were derived from standard errors

161 based on approximation to the normal distribution for disorders with ≥ 10 events (Kirkwood
162 and Sterne, 2003), while the Wilson approximation method was used for disorders with < 10
163 events (Agresti and Coull, 1998).

164

165 Results

166 The study population comprised 142,576 cats attending 91 clinics. Demographic
167 examination of cats with information available indicated that 15,636 (11.0%) cats were
168 purebred; 72,875 (51.5%) cats were female; 78,080 (96.5%) cats were neutered, and 26,584
169 (29.6%) were insured. The mean (SD) weight was 4.4 (1.2) kg and the median age was 4.5
170 years (IQR, 1.2-10.7; range, 0.0-27.2). The most common pure breeds were British Shorthair
171 ($n = 3,380$; 2.4%), Persian ($n = 1,942$; 1.4%), Bengal ($n = 1,466$; 1.0%), Burmese ($n = 1,321$;
172 0.9%), Siamese ($n = 1,318$; 0.9%) and Ragdoll ($n = 1,215$; 0.9%; Table 1). Data
173 completeness varied between the variables: breed 100.0%, sex 99.2%, neutered 56.7%,
174 insured 63.1%, weight 65.2% and age 85.4%.

175 The study sample comprised 3,584 cats (2.5% of the overall population) attending 88
176 clinics. Of cats with information available, 377 (10.5%) cats were purebred; 1,800 (50.6%)
177 cats were female; 2,165 (96.7%) cats were neutered, and 722 (29.0%) were insured. The
178 mean (SD) weight was 4.4 (1.2) kg and the median age was 4.5 years (IQR, 1.2-10.2; range,
179 0.0-23.0). The most common pure breeds were British Shorthair ($n = 73$; 2.0%), Persian ($n =$
180 50; 1.4%), Burmese ($n = 41$; 1.2%), Bengal ($n = 38$; 1.1%), Ragdoll ($n = 33$; 0.9%), Birman
181 ($n = 23$; 0.6%) and Siamese ($n = 22$; 0.6%). Of the sampled cats, 457 (12.8%) cats died
182 during the study period. The median (IQR, range) age at death was 13.6 years (9.0-16.9, >
183 0.0-23.0) and 369 (84.4%) deaths were by euthanasia. The median (IQR, range) time within
184 the study per cat was 2.4 years (1.6-3.0, 0.1-4.3). The sample and study populations were
185 similar across all measures assessed (Table 1).

186

187 There were 350 unique diagnosis-level disorder terms and 45 unique mid-level
188 disorder categories recorded. Overall, 5,303 unique disorder events were recorded in the
189 sampled cats and 2,449 (68.3%) cats had at least one disorder recorded. There was no
190 significant difference in the proportion of purebred and crossbred cats that had at least one
191 disorder recorded (purebred cats, 70.3% compared with crossbred cats, 68.1%; $P = 0.390$).
192 The median (IQR, range) number of disorders recorded per cat was 1 (0-2, 0-11). Purebred
193 and crossbred cats did not differ in the number of disorders recorded per cat (median, IQR,
194 range: purebred 1, 0-2, 0-8 vs. crossbred 1, 0-2, 0-11; $P = 0.220$).

195

196 The most prevalent diagnosis-level disorders recorded were periodontal disease ($n =$
197 499; prevalence, 13.9%; 95% CI, 12.5-15.4), flea infestation ($n = 285$; prevalence, 8.0%;
198 95% CI, 7.0-8.9), obesity ($n = 239$; prevalence, 6.7%; 95% CI, 5.7-7.6), heart murmur ($n =$
199 179; prevalence, 5.0%; 95% CI, 4.1-5.8) and traumatic injury ($n = 164$; prevalence, 4.6%;
200 95% CI, 3.8-5.3). Comparing purebred and crossbred cats on the twenty most-prevalent
201 diagnosis-level disorders, crossbreds had higher prevalence for two disorders (abscess
202 [excluding cat bite abscess], $P = 0.009$; hyperthyroidism, $P = 0.002$) whereas purebreds had
203 higher prevalence for one disorder (coat disorder; $P < 0.001$; Table 2).

204

205 The most prevalent mid-level disorders recorded in cats were dental disorders ($n =$
206 540; prevalence, 15.1%; 95% CI, 13.6-16.6), traumatic injury ($n = 463$; prevalence, 12.9%;
207 95% CI, 11.6-14.3), dermatologic disorders ($n = 373$; prevalence, 10.4%; 95% CI, 9.2-11.7),
208 enteropathic ($n = 358$; prevalence, 10.0%; 95% CI, 8.9-11.1) and parasitic infestation ($n =$
209 351; prevalence, 9.8%; 95% CI, 8.7-10.9). Comparing purebred and crossbred cats on the
210 twenty most-prevalent mid-level disorders, crossbreds had higher prevalence for two

211 disorders (abscess, $P = 0.002$; endocrine disorder, $P = 0.030$) whereas purebreds had higher
212 prevalence for one disorder (upper respiratory tract disorder, $P < 0.001$; Table 3).

213

214 Discussion

215 This study identified the most prevalent disorders recorded in cats attending primary-
216 care veterinary practices in England as periodontal disease, flea infestation, obesity, heart
217 murmur and traumatic injury. At a disorder group level, the most common disorders of cats
218 were dental, traumatic, dermatologic, enteropathic and parasitic. There was no evidence
219 supporting higher prevalence of common disorders in purebred compared with crossbred cats.
220 Primary-care veterinary EPR data were shown to be versatile and useful for demographic and
221 clinical studies on cats.

222

223 The current study identified dental disease as the most common disorder, with 15.1% of cats
224 affected by overall dental disorders including 13.9% recorded specifically with periodontal
225 disease. A US study of primary-care clinical data similarly identified dental disease as the
226 predominant disorder affecting cats, reporting dental calculus (24.2%) and gingivitis (13.1%)
227 as the two most common disorders (Lund et al., 1999) while a more recent US study reported
228 that 53.4% of feline in-patients aged 5 years and older at veterinary hospitals were affected
229 by dental disease (Lund, 2012). The higher prevalence reported in these US studies may
230 result from inclusion of all dental disease findings regardless of severity. The current study
231 included only dental cases with an associated veterinary recommendation for surgical (e.g.
232 periodontal treatment or dental extractions) or medical (e.g. antibiotics or analgesic) therapy
233 but did not include cases for which only diet change or tooth brushing were recommended.
234 This case definition was chosen to corral cases of periodontal disease sufficient to
235 compromise welfare significantly. An analysis of UK paper-based veterinary clinical records

236 identified dental calculus, gingivitis and periodontitis in 1.9%, 0.9% and 0.9% respectively of
237 consultations for cats, with the combined prevalence of 3.7% making dental disease the most
238 common disorder reported (Edney, 1997). Dental disease is not a new disorder of cats, with
239 25% of skulls ($n = 80$) of cats that died before 1960 showing evidence of moderate or severe
240 periodontal disease (Harvey and Alston, 1990), and it is clear that dental disorders remain a
241 common and important health problem in modern cats.

242

243 Flea infestation was the second most common specific disorder identified in the
244 current study, with 8.0% of cats affected during the study. Flea infestation was also the
245 second most common disorder at US veterinary practices, with 9.2% of cats affected (Lund et
246 al., 1999) and the third most common disorder recorded during consultations in UK practices
247 with 3.0% of consultations affected (Edney, 1997). Another UK study reported 2.1% of feline
248 consultations to show flea infestation (Hill et al., 2006). By contrast, a survey specifically of
249 flea infestation reported that 21.1% of cats at UK veterinary practices were infested,
250 suggesting that routine general clinical examination may substantially under-estimate the true
251 prevalence of flea infestation (Bond et al., 2007). Despite significant advances in the
252 parasiticide therapeutic armoury over recent years (Rust, 2005), it is clear from the current
253 study that flea infestation remains common in cats. As well as causing important
254 dermatological disease in cats (Carlotti and Jacobs, 2000), 50% of fleas in the UK have been
255 shown to carry at least one zoonotic pathogen (Shaw et al., 2004). However, almost half of
256 owners of cats with flea infestation were unaware of the problem (Bond et al., 2007),
257 highlighting the important role of the veterinarian to identify and control of this problem.

258

259 The current study categorised all cats that were overweight to any extent as *obese* and
260 reported obesity as the third most common specific disorder, with 6.7% affected. A study

261 specifically of obesity reported that 9.7% of cats attending UK practices were overweight and
262 1.8% were obese (Courcier et al., 2012) while 28.7% and 6.4% of US practice-attending cats
263 were reported as overweight and obese respectively (Lund et al., 2005). A study of French
264 cats presented for vaccination reported that 19.0% were overweight and 7.8% were obese
265 (Colliard et al., 2009). Precise classification of obesity in cats is problematic because human
266 adiposity classification methods, such as body mass index, are poorly defined for cats
267 (German, 2006). The current study was not designed to specifically examine obesity and the
268 results suggest that true obesity may be substantially under-reported in primary-care practice.
269 Given known associations with important diseases including diabetes mellitus (Prahl et al.,
270 2007), urolithiasis (Lekcharoensuk et al., 2001) and hepatic lipidosis (Center et al., 2000),
271 primary-care veterinarians should remain vigilant for obesity in their feline caseloads.

272

273 Traumatic injuries and abscesses are important disorders in cats and their prevalence
274 may relate to varying levels of outdoor access. In the UK, over 90% of pet cats have daily
275 outdoor access (Murray and Gruffydd-Jones, 2012) compared with 80% in Australia (Toribio
276 et al., 2009) and 50-60% in the US (Rochlitz, 2005). Traumatic injury was the second most
277 common disorder group in the current study, with 12.9% of cats having at least one trauma-
278 related event while 6.5% of cats were reported to have at least one abscess-related event. The
279 prevalence of abscesses and cat bite injuries were reported as 6.5% and 4.7% of US practice-
280 attending cats, respectively (Lund et al., 1999). Abscesses, animal bites and road traffic
281 accidents were recorded among 3.3%, 2.2% and 1.4% of UK feline consultations,
282 respectively (Edney, 1997). Trauma was the most common claim recorded for insured cats in
283 Sweden, with an incidence rate of 1.7 per 100 cat years at risk (Egenvall et al., 2010). The
284 current study did not collect information on cats' indoor versus outdoor time budgets but
285 outdoor access is known to increase the risk of fighting or accidental injuries in cats

286 (Buffington, 2002). However, there is no consensus that restriction to an indoor lifestyle
287 improves feline welfare overall because it may lack enriching environmental features (Ellis,
288 2009).

289

290 This study tested the hypothesis that purebred cats have greater predisposition to common
291 disorders than crossbred cats. This hypothesis was based on the hybrid vigour phenomenon
292 that is widely accepted in production species and that describes superior viability, production
293 and fecundity of crossbred progeny compared with their purebred parents (Dechow et al.,
294 2007; Nicholas, 2010). Hybrid status has been reported to be positively associated with
295 longevity in dogs (O'Neill et al., 2013a) but limited evidence was shown to support an
296 association with the prevalence of common disorders in dogs (O'Neill et al., 2014). In the
297 current study, purebred and crossbred cats differed neither in the proportions with at least one
298 disorder recorded nor the disorder count per cat. Among the twenty most-prevalent recorded
299 disorders, crossbreds showed a higher prevalence for two disorders and purebreds had a
300 higher prevalence for one disorder. Similarly, among the twenty most-prevalent mid-level
301 disorders, crossbreds had higher prevalence for two disorders while purebreds had higher
302 prevalence for one disorder. These results fail to support the hypothesis of overall higher
303 prevalence of common disorders in purebred compared with crossbred cats. However, there
304 were some notable exceptions identified that call for future exploration. Purebred cats
305 showed a substantially lower prevalence of hyperthyroidism compared with crossbred cats
306 (0.5% (95% CI: 0.1-1.9) versus 3.2 (2.7-3.9)), concurring with a previous report in UK cats
307 (Wakeling et al., 2009). Purebred cats also had a lower prevalence of abscesses compared
308 with crossbred cats (2.4% (95% CI: 1.3-4.5) versus 7.0 (6.2-8.0)) which could reflect
309 differing lifestyles, with crossbred cats having more outdoors access that increases
310 opportunity for misadventure (Rochlitz, 2003). Conversely, the higher prevalence of coat

311 disorders in purebred compared with crossbred cats (5.6% (95% CI: 2.9-8.2) versus 2.2%
312 (1.7-2.7)) may stem from the tendency for many pure cat breeds to have a long haircoat with
313 a consequent increased predisposition to coat disorders (Scott and Paradis, 1990). These
314 findings offer opportunities to explore the aetiology of these disorders by comparing genetic
315 and environmental risk factors between purebred and crossbred cats. Characterising the
316 predispositions of individual breeds to disorders may additionally reveal the role of purebred
317 status in feline health and warrants future breed-based studies (Buffington, 2002; Bessant,
318 2009).

319

320 The current study had some limitations. The participating practices formed a single
321 veterinary group and may sub-optimally represent all veterinary practices in England.
322 VetCompass⁶ continues to recruit practices and future studies will increasingly represent
323 overall UK veterinary practices. The quality and validity of EPR recording relied on the
324 clinical acumen and note-making of the individual practitioners. Many of the disorder terms
325 extracted during this study were presenting signs (e.g. lameness) that were being used *in lieu*
326 of full clinical diagnoses and may reflect clinical acceptability of initial empirical treatment
327 protocols in common presentations without the temporal and financial costs of reaching a full
328 clinical diagnosis. The inclusion of the first sign listed for disorders characterised with
329 multiple presenting sign terms (e.g. 'vomiting and diarrhoea') may have skewed the reported
330 prevalence values of these disorders at the diagnosis-level but should not have misrepresented
331 the values reported in grouped mid-level reporting. Some purebred and crossbred cats may
332 have been misclassified in the EPR data. The count of cats from specific pure breeds was
333 insufficient for statistically reliable breed-based analyses.

334

335 Conclusions

336 This study reported the most prevalent disorders in cats as periodontal disease, flea
337 infestation, obesity, heart murmur and traumatic injury, and will assist veterinarians to focus
338 on the common disorders of cats. Purebred cats did not show higher prevalence of common
339 disorders than crossbred cats. Primary-care veterinary clinical data were useful for
340 epidemiologic studies on cats.

341

342 Conflict of interest statement

343 None of the authors has any financial or personal relationships that could
344 inappropriately influence or bias the content of the paper.

345

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479 **Table 1.**
 480 Demographic summary of sampled cats ($n = 3,584$) and VetCompass⁶ study cats ($n =$
 481 $142,576$) with available information that attended primary veterinary practices in England

Variable	Category	Sample: No. (%)	Population, n (%)
Sex/neuter	Female entire	38 (1.7)	1,387 (1.7)
	Female neutered	1,065 (47.6)	40,170 (49.7)
	Male entire	34 (1.5)	1,363 (1.7)
	Male neutered	1,100 (49.2)	37,910 (46.9)
Purebred status	Crossbred	3,202 (89.5)	126,723 (89.0)
	Purebred	377 (10.5)	15,636 (11.0)
Popular breeds	British Shorthair	73 (2.0)	3,380 (2.4)
	Persian	50 (1.4)	1,942 (1.4)
	Bengal	38 (1.1)	1,466 (1.0)
	Burmese	41 (1.2)	1,321 (0.9)
	Siamese	22 (0.6)	1,318 (0.9)
	Ragdoll	33 (0.9)	1,215 (0.9)
	Birman	23 (0.6)	834 (0.6)
Insurance	Non-insured	1,766 (71.0)	63,383 (70.5)
	Insured	722 (29.0)	26,585 (29.5)
Weight (kg)	< 3.0 kg	255 (9.9)	9,245 (10.0)
	3.0 - 3.9 kg	751 (29.3)	26,537 (28.6)
	4.0 - 4.9 kg	814 (31.7)	29,788 (32.1)
	5.0 - 5.9 kg	492 (19.2)	17,876 (19.2)
	≥ 6.0 kg	254 (9.9)	9,474 (10.2)
Age (years)	< 1.0	703 (20.7)	24,652 (20.3)
	1.0-2.9	652 (19.2)	23,376 (19.2)
	3.0-5.9	560 (16.5)	20,508 (16.9)
	6.0-8.9	448 (13.2)	14,731 (12.1)
	9.0-11.9	353 (10.4)	12,690 (10.4)
	12.0-14.9	346 (10.2)	12,567 (10.3)
	15.0-17.9	234 (6.9)	9,329 (7.7)
≥ 18.0	98 (2.9)	3,888 (3.2)	

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484 **Table 2.**
 485 Prevalence values for the most frequent disorders recorded in cats overall (purebreds only and crossbreds only) that attended primary veterinary
 486 practices in England. *P* values (Holm-adjusted) represent comparison between purebreds and crossbreds.

Disorder term ^a	No.	Overall		Purebred		Crossbred		<i>P</i>
		Prevalence (%)	95% CI	Prevalence (%)	95% CI	Prevalence (%)	95% CI	
Periodontal disease	499	13.9	12.5-15.4	15.6	11.7-19.6	13.7	12.2-15.2	1.000
Flea infestation	285	8.0	7.0-8.9	5.0	3.0-7.1	8.3	7.3-9.4	0.108
Obesity	239	6.7	5.7-7.6	5.0	2.7-7.4	6.9	5.9-7.9	1.000
Heart murmur	179	5.0	4.1-5.8	4.2	2.2-6.3	5.1	4.2-5.9	1.000
Traumatic injury	164	4.6	3.8-5.3	4.0	2.0-5.9	4.7	3.9-5.4	1.000
Nail clip	132	3.7	3.0-4.4	5.3	3.4-7.2	3.5	2.7-4.2	0.504
Chronic kidney failure	130	3.6	3.0-4.2	4.2	2.2-6.2	3.6	2.9-4.2	1.000
Cat bite injury	129	3.6	3.0-4.2	2.7	0.9-4.4	3.7	3.0-4.4	1.000
Abscess (excluding cat bite abscess)	115	3.2	2.7-3.7	0.8	0.3-2.3	3.5	2.9-4.2	0.009
Cat bite abscess	113	3.2	2.5-3.8	1.3	0.6-3.1	3.4	2.8-4.1	0.145
Conjunctivitis	108	3.0	2.5-3.5	2.9	1.2-4.6	3.0	2.5-3.6	1.000
Hyperthyroidism	106	3.0	2.3-3.6	0.5	0.1-1.9	3.2	2.7-3.9	0.002
Vomiting	104	2.9	2.4-3.4	3.2	1.4-5.0	2.9	2.3-3.4	1.000
Urinary tract infection	95	2.7	2.2-3.2	2.9	1.2-4.7	2.6	2.1-3.1	1.000
Diarrhoea	94	2.6	2.1-3.1	3.4	1.6-5.3	2.5	2.0-3.0	1.000
Coat disorder	91	2.5	2.0-3.1	5.6	2.9-8.2	2.2	1.7-2.7	< 0.001
Wound	82	2.3	1.7-2.8	1.9	0.9-3.8	2.3	1.9-2.9	1.000
Degenerative joint disease	73	2.0	1.5-2.6	2.7	1.4-4.8	2.0	1.5-2.5	1.000
Flea bite hypersensitivity	68	1.9	1.5-2.3	0.5	0.1-1.9	2.1	1.6-2.6	0.258
Tooth structure disorder	61	1.7	1.3-2.1	2.7	1.4-4.8	1.6	1.2-2.1	1.000

487 CI, confidence interval

488 ^a Describes the most precise disorder term recorded in the electronic patient record for this event

490 **Table 3.**
 491 Prevalence results for the most frequent disorder groups recorded in cats overall (purebreds only and crossbreds only) that attended primary
 492 veterinary practices in England. *P* values (Holm-adjusted) represent comparison between purebreds and crossbreds.

Grouped disorder term	No.	Overall		Purebred		Crossbred		<i>P</i>
		Prevalence (%)	95% CI	Prevalence (%)	95% CI	Prevalence (%)	95% CI	
Dental disorder	540	15.1	13.6-16.6	17.5	13.5-21.5	14.8	13.2-16.4	1.000
Traumatic injury	463	12.9	11.6-14.3	10.1	6.9-13.3	13.2	11.8-14.7	0.664
Dermatologic	373	10.4	9.2-11.7	13.3	9.5-17.0	10.1	8.8-11.4	0.392
Enteropathic	358	10.0	8.9-11.1	13.0	9.4-16.6	9.7	8.6-10.7	0.240
Parasite infestation	351	9.8	8.7-10.9	8.0	5.3-10.6	10.0	8.9-11.2	1.000
Heart disease	244	6.8	5.9-7.8	6.6	4.1-9.2	6.8	5.8-7.8	1.000
Ocular disorder	241	6.7	6.0-7.5	9.3	6.4-12.1	6.4	5.6-7.2	0.185
Obesity	239	6.7	5.7-7.6	5.0	2.7-7.4	6.9	5.9-7.9	1.000
Abscess	234	6.5	5.7-7.3	2.4	1.3-4.5	7.0	6.2-8.0	0.002
Nail disorder	177	4.9	4.2-5.7	7.2	4.7-9.6	4.7	3.8-5.5	1.000
Upper respiratory tract disorder	169	4.7	4.0-5.4	10.6	7.5-13.7	4.0	3.3- 4.7	< 0.001
Lower urinary tract disorder	159	4.4	3.7-5.1	4.5	2.5-6.5	4.4	3.7-5.2	1.000
Renal disease	149	4.2	3.5-4.8	5.0	2.9-7.2	4.1	3.3-4.8	1.000
Endocrine disorder	145	4.0	3.4-4.7	1.6	0.7-3.4	4.3	3.7-5.1	0.030
Neoplasia	121	3.4	2.8-4.0	1.3	0.6-3.1	3.6	3.0-4.3	0.060
Musculoskeletal disorder	115	3.2	2.6-3.8	3.7	2.0-5.5	3.2	2.6-3.7	1.000
Non-specific illness	114	3.2	2.6-3.8	2.4	1.3-4.5	3.3	2.7-4.0	1.000
Undesirable behaviour	95	2.7	2.1-3.2	3.4	1.7-5.2	2.6	2.0-3.1	1.000
Mass lesion disorder	79	2.2	1.8-2.6	1.3	0.6-3.1	2.3	1.8-2.9	1.000
Death - Unknown cause	73	2.0	1.5-2.5	2.1	1.1-4.1	2.0	1.6-2.6	1.000

493 CI, confidence interval

494